

Briefs

Veld makes Drake field

AGWSR sophomore Abby Veld, a State qualifier last spring, has qualified for the Drake Relays in the shot put. She enters with the 22nd-best throw in all classes with a school-record toss of 38'10.25" set earlier this season. She will be part of the 24-thrower field that will begin at 4:30 p.m. in Des Moines on Thursday.

Schedule

BOYS GOLF

THURSDAY, APRIL 28
Wellsburg/4:15 p.m.
AGWSR vs. Gladbrook-Reinbeck
MONDAY, MAY 2
Conrad/4:15 p.m.
BCLUW Invite
THURSDAY, MAY 5
Cedar Falls/10 a.m.
NICL Meet
WEDNESDAY/ MAY 11
TBA/TBA
Class 1A Sectional
MONDAY, MAY 16
TBA/TBA
Class 1A District

GIRLS GOLF

THURSDAY, APRIL 28
Ackley/4:15 p.m.
AGWSR vs. Gladbrook-Reinbeck
MONDAY, MAY 2
Union/4:15 p.m.
BCLUW Invite
MONDAY, MAY 9
Waterloo/ 10 a.m.
NICL Meet
FRIDAY, MAY 13
TBA/TBA
Class 1A Regional
WEDNESDAY, MAY 18
TBA/TBA
Class 1A Regional Final

BOYS TRACK

FRIDAY, APRIL 29
Eldora/4:30 p.m.
South Hardin Relays
THURSDAY, MAY 5
Hudson/3 p.m.
NICL Meet
MONDAY, MAY 9
Parkersburg/4:45 p.m.
A-P Invite
THURSDAY, MAY 12
TBA/TBA
Class 1A State Qualifier

GIRLS TRACK

THURSDAY, MAY 5
Hudson/3 p.m.
NICL Meet
MONDAY, MAY 9
Denver/4:30 p.m.
Cyclone Invite
THURSDAY, MAY 12
TBA/TBA
Class 1A State Qualifier

TRAPSHOOTING

SATURDAY, APRIL 30
Ackley/9 a.m.
SCTP Regional
SUNDAY, MAY 1
Ackley/9 a.m.
SCTP Regional
SATURDAY, MAY 7
Ackley/9 a.m.
H-D/CAL Shoot
MONDAY/MAY 16
Marshalltown/4:30 p.m.
South Hardin Shoot

GC ends AGWSR run

Stahl medals in first Cougar loss

BY COREY MEINTS
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The AGWSR Cougar boys golf team fell for the first time since winning last season's Class 1A State title. Daniel Stahl took the top medal in their loss to perennial power Grundy Center.

Between the two North Iowa Cedar League rivals they have four State team championships and five runners-up. They met in Wellsburg Thursday a Meadowbrook. The Cougars (Class 1A), who won their first title last season, fell for the first time this season 155-174.

AGWSR head coach Ryley Schipper felt the loss was needed. And, after all, falling to a perennial power like GC is nothing to be concerned about. The Spartans put three scoring cards in the 30s, with the fourth shooting a 42. All six of their varsity golfers were in the 40s.

"Obviously we didn't play as well tonight as we have throughout the year up to this point," Schipper said. "But tonight was good for us, though. It gave us an opportunity to play a great team and put some pressure on the guys while playing. You aren't always going to hit great shots, but can you overcome that adversity and not let it affect the rest of the round? I think we found out that we have to be able to let shots go. Again, not the out-



COREY MEINTS/ACKLEY WORLD JOURNAL

Eli Brandt reacts to leaving this putt short at the home Meadowbrook Course in Wellsburg as teammate Gabe Nederhoff watches his line. AGWSR fell for the first time this season.

NICL GOLF

April 22 at Wellsburg Grundy Center (155): Ashton Martens 36***, Dexter Whitehill 38; Preston Martens 39; Collin Gordon 42.

AGWSR (174): Daniel Stahl 34*; Bo Gerbracht 43; Gabe Nederhoff 47; Eli Brandt 50; Easton Kerns 50; Eli Kuper 54.

come we wanted, but sometimes these nights can help you more in the long run than hurt you."

Stahl won his third meet in four tries with a one-under 34 after finishing with a pair of bogies. That was two strokes better than last spring's State runner-up in 2A Ashton Martens.

The Cougars, who had been 5-0 on the season, struggled with the tight course and

put just three golfers in the 40s. Bo Gerbracht, the medalist in his last meet, also in Wellsburg, shot a 43, while Gabe Nederhoff carded a 47. Eli Brandt rounded out the AGWSR board with a 50. Easton Kerns added a non-scoring 50 and Eli Kuper a 54.

"Daniel was really good tonight and, despite going bogey-bogey to finish, he still finished at one-under par," Schipper said. "He is somebody who doesn't ever let things fluster him, and it shows in how well he is able to control his game. Daniel is our leader, and he showed that again tonight. Bo also played well tonight and has quietly become a very good golfer because of how much time he puts in." ●

Silver throws for AGWSR

Veld and Heitland silver at Madrid

BY COREY MEINTS | CMEINTS@IAFALLS.COM

The AGWSR Cougar boys finished seventh at Tuesday's Tiger Invite at Madrid. Darren Veld finished second in the discus and Aiden Heitland second in the shot put for their lone top-three finishes.

"This was a really good meet with top-quality teams from different classes," said AGWSR head coach Bill Heubner. "We aren't quite ready to compete in the team race with some of those teams, but it was good to compete against teams we don't normally see."

Veld booked a throw of 136-1 inch to take the discus silver. Heitland cleared 44' for second in the shot put. Both were season bests.

"I was really excited about our performances in the throws," Heubner said. "Both had personal bests by several feet. Overall, we had 14 personal or season bests. We are making progress and good things are on the horizon." ●



Heitland

Tiger Invite

April 20 at Madrid Team Standings: 1. Madrid 146; 2. Earlham 137; 3. Winterset 121; 4. Manson NW Webster 80.5; 5. Carroll Kuemper 77; 6. Central Decatur 73.5; 7. AGWSR 47; 8. Nevada 44.

AGWSR Results

Shot Put: 2. Aiden Heitland 44' Heitland 115'
100: 7. Veld 12.53
1600: 4. Jeffrey Pfaltzgraff 5:01.23
3200: 6. Pfaltzgraff 11:12.0
110 HH: 6. Kaden Abbas 19.55
400 LH: 6. Kendall Jeffries 1:08.98
4x100: 6. AGWSR (Dillon Barnes, Abbas, Simon Andersson, Veld) 48.53
4x200: 6. AGWSR (Jeffries, Barnes, Heitland, Veld) 1:46.87
4x400: 6. AGWSR (Talan Mutschler, Ben Puente, Heitland, Carter Roder) 4:28.58
Sprint Med.: 7. AGWSR (Steven During, Cam Shogren, Barnes, Mutschler) 2:01.46
Dist. Med.: 7. AGWSR (Abbas, Noah Clikeman, Mutschler, Puente) 4:32.84
Shuttle H: 6. AGWSR (Abbas, Clikeman, Jeffries, Roder) 1:20.33



MARISSA VANWINGEN/ACKLEY WORLD JOURNAL

While the AGWSR Cougar girls have yet to win a meet outright, they have been in medal contention. Avery Lafrenz tied for the runner-up against South Hardin in Ackley last week.

Fifth card decides winner

AGWSR edged in loop lynx battle

BY MARISSA VANWINGEN
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The South Hardin Tigers and AGWSR Cougars were as evenly matched as two golf teams could be Tuesday night in Ackley. So evenly in fact, the top four from both teams came into the clubhouse with the exact same combined score - 225.

To decide a winner, the two North Iowa Cedar League squads had to go to the fifth golfer on both rosters. Emma Topp's 66 for the Tigers was three strokes better than Cougar Giana Flores for the victory.

AGWSR took both medal honors. Brianna Kruger was overall medalist with a 48. Runner-up was Avery

NICL Golf

April 19 at Ackley South Hardin (225): Bella Keaveny 52***, Avrie Warburton 55; Macy Roskens 57; Addison Roll 61; Emma Topp 66; Ava Goodell 69.

AGWSR (225): Brianna Kruger 48*; Avery Lafrenz 52***, Taryn Day 60; Gabby Kruger 65; Giana Flores 69; Jaelyn Graham 76.

*Medalist
**Runner-up

Lafrenz with a 52. She knotted with Tiger Bella Keaveny, with both taking home some hardware. The Cougar board also included Taryn Day (60) and Gabby Kruger (65).

"We were just lucky to finally get another meet in," AGWSR coach Stacy Drake said. "The weather was not our friend. Hopefully soon we will have better weather for practice and meets." ●

Four winners pace Cougars

AGWSR finishes third at GC Invite

BY COREY MEINTS
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Running on the first nearly perfect day of the spring, the AGWSR Cougars turned in their highest finish and point total of the season. They did it with four wins among nine top-three performances.

Trinity Rotgers was one of those winners. She set a personal best of 13.45 seconds in winning the 100 meter dash. Abby Veld won the discus, while Brynn Smith won the 400 meter dash.

Smith was also a winner in the sprint medley with Trevyn Smith, Karis Lippert and Ava Olson. That same foursome took

third in the 4x400 meter relay.

Lippert grabbed one of AGWSR's two silver medals, taking second in the

800 meter run. Veld did likewise in the shot put.

The Cougars earned a pair of thirds as well, Olson in the high jump and T. Smith - with a personal best - in the long jump.

"It was a night overall for our girls," head coach Eric Olson said. "They competed very well again, and they are gaining confidence in themselves and their conditioning. All four field events performed well again. We picked up some considerable points but also had some PRs in the long jump for both of the varsity jumpers." ●



Rotgers

One winner for Cougar girls

Veld takes discus, AGWSR fourth

BY COREY MEINTS
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The AGWSR Cougar girls finished fourth in the 19-team Hudson Relays Tuesday night. Abby Veld won the discus and finished third in shot put. Ava Olson and Karis Lippert finished second in the high jump and 800 meter run, respectively. Brynn Smith rounded out AGWSR's top-three finishes with a third in the 200.

"It was a good showing for us," said AGWSR head coach Eric Olson. "The girls competed very well overall. We had a number of girls run different events that were out of their comfort zone, and they performed and competed well." ●



Veld

Hudson Relays

April 19 at Hudson Team Standings: 1. Dike-New Hartford 109; 2. Denver 92; 3. Independence 71; 4. AGWSR 58; 5. Union 56; 6. Grundy Center 51; 7. T. Aplington-Parkersburg and Belle Plaine 42; 9. Hudson 38; 10. South Tama 35; 11. Sumner-Fredericksburg 25; 12. Don Bosco 23; 13. South Winneshiek 19; 14. BCLUW 15; 15. North Butler and Clarksville 8; 17. Waterloo Columbus and Janesville 4; 19. Tripoli 2.

AGWSR Results

Shot Put: 3. Abby Veld 36'9.75
Discus: 1. Veld 107'11"
High Jump: 2. Ava Olson 5'
Long Jump: 6. Trevyn Smith 14'4.5"
200: 3. Brynn Smith 28.42
400: 8. Kierra Dodd 1:11.95
800: 2. Karis Lippert 2:29.25
1500: 8. Dodd 5:52.91
3000: 6. Elizabeth Kielty 13:11.12
400 H: 7. Catelynn Koop 1:18.88
4x100: 7. AGWSR (Olson, T. Smith, Lippert, Trinity Rotgers) 56.31
Sprint Med.: 5. AGWSR (Olson, T. Smith, Rotgers, Lippert) 2:01.34

Spartan Girls Invite

April 21 at Grundy center Team Standings: 1. Aplington-Parkersburg 138; 2. Grundy Center 134; 3. AGWSR 109; 4. BCLUW 106; 5. East Marshall 89; 6. North Tama 62.5; 7. Hudson 62; 8. Green Mountain-Garwin 23.

AGWSR Results

Shot Put: 2. Abby Veld 38'5.25"
Discus: 1. Veld 104'1"
High Jump: 3. Ava Olson 4'10"; 5. Lila Vaughn 4'6"
Long Jump: 3. Trevyn Smith 14'6.5"; 6. Tori Metzgar 14'5"
100: 1. Trinity Rotgers 13.45
400: 1. Brynn Smith 1:02.25; 6. Metzgar 1:11.51
800: 2. Karis Lippert 2:31.15
3000: 5. Kierra Dodd 13:24.55; 7. Elizabeth Kielty 14:00.31
400 H: 5. Catelynn Koop 1:18.91; 7. Metzgar 1:20.87
4x100: 5. AGWSR (Ella Diemer, Hanna Mullins, Chloe Bittner, Rotgers) 58.29
4x200: 4. AGWSR (Olson, T. Smith, Rotgers, B. Smith) 2:01.59
4x400: 3. AGWSR (Olson, T. Smith, Lippert, B. Smith) 4:38.58
Sprint Med.: 1. AGWSR (Olson, T. Smith, B. Smith, Lippert) 1:58.3
Shuttle H: 4. AGWSR (Vaughn, Jenna Rotgers, Coop, Metzgar) 1:23.42