

AUGUST 2023

The Daily Iowan

HAWKEYE VIEW

THE NEW STUDENT'S SURVIVAL GUIDE TO CAMPUS AND IOWA CITY





STAFF

Publisher | 319.335.5788
Jason Brummond

Executive Editor | 319.335.6030
Sabine Martin

Managing Editor | Parker Jones

Managing Editor, Digital | Jami Martin-Trainor

Managing Editor, Enterprise and Design | Marandah Mangra-Dutcher

Managing Editor, Visuals | Ayrton Breckenridge

News Editor | Alejandro Rojas

Senior News and Politics Editor | Liam Halawith

Visuals Editors | Emily NyBerg and Cody Blissett

Arts Editors | Stella Shipman and Avi Lapchick

Opinions Editor | Evan Weidl

Amplify Editor | Archie Wagner

Sports Editor | Kenna Roering

Assistant Sports Editor | Colin Votzmeyer

Pregame Editor | Matt McGowan

Assistant Design Editor | Bri Brown

Assistant Digital Editor | Natalie Dunlap

DEI Director | Christie Cellman

DITV News Director | Ashley Weil

DITV Asst. News Director | John Valtman

DITV Sports Director | Michael Merrick

DITV Tech Director | Carson Ramirez

Business Manager | 319.335.5786
Debbie Plath

Advertising Director/Circ. Manager | 319.335.5784
Julie Krause

Production Manager | Heidi Owen

CONTENTS

3

NAVIGATING CAMPUS

- 4 | Looking back on the year**
- 7 | UI's ten year master plan**
Fun facts
- 8 | Study spots**
Course materials
- 9 | Diversity at Iowa**
Student Disability Services
- 10 | First-generation Hawkeyes**
- 11 | Health resources**
- 12 | Sexual misconduct**
Safe spaces on campus
- 14 | President Barbara Wilson**
- 17 | Board of Regents**
University of Iowa leaders

19

IOWA CITY LIFE

- 23 | Iowa City's Pedestrian Mall**
Shopping spots
- 25 | Music venues and theatres**
- 26 | Dining hotspots**
Historic museums
- 27 | Finding a job**
- 28 | When the parents are in town**
Old Capitol Mall
- 29 | Managing funds**
Financial independence
- 31 | Coffee shops**
- 33 | Transportation**
- 35 | Campus map**

39

GETTING INVOLVED

- 43 | UI Dance Marathon**
- 44 | Multicultural support**
- 45 | Journalism at the UI**
- 46 | Student government**
- 47 | Political groups**
- 48 | Greek life**
ROTC
- 50 | International students**

51

HOUSING

- 54 | Residence halls**
- 55 | Off-campus apartments**

59

SPORTS & FITNESS

- 61 | Kinnick, football**
- 62 | Women's basketball**
- 63 | Men's basketball**
Workout spots, intramural sports
- 64 | Men's wrestling**
Women's wrestling
- 65 | Field hockey**
Volleyball
Women's soccer
Gymnastics
- 66 | Swimming, diving**
Women's tennis
Finkbine golf course

BREAKING NEWS

Phone: 319.335.6030 | Email: daily-iowan@uiowa.edu

CORRECTIONS

Phone: 319.335.6030

Policy: *The Daily Iowan* strives for accuracy and fairness in the reporting of news. If a report is wrong or misleading, a request for a correction or a clarification may be made.

SUBSCRIPTION CONTACT

Phone: Juli Krause, 319.335.5784 | Email: daily-iowan-circ@uiowa.edu
Rates: Iowa City area - \$40/year | Out of town - \$60/year

PUBLISHING INFORMATION

The Daily Iowan (USPS 143.360) is published by Student Publications Inc., E131 Adler Journalism Building, Iowa City, Iowa, 52242-2204. Printed Wednesdays during the fall and spring semesters, plus Fridays during football season. Continuous news updates on dailyiowan.com



NAVIGATING CAMPUS

Getting around campus can be difficult, but we've got your back.



Looking back on the 2022-23 school year

The University of Iowa recognized and celebrated a variety of milestones during the last year.

FIRST FINAL FOUR IN 30 YEARS

In a year that celebrated the 50th anniversary of Title IX, University of Iowa junior Caitlin Clark led the Hawkeyes to their first Final Four appearance in 30 years. In addition to that historic achievement, the Hawkeyes defeated the South Carolina Gamecocks in the Final Four, a team that went undefeated in the 2022-23 season. This advancement made the Iowa Hawkeyes the first Iowa basketball team in 57 years to advance to a national title game. Although the Hawkeyes would ultimately lose the national title, the season will be remembered for the historic achievements spurring optimism for next season.



Daniel McGregor-Huyer/The Daily Iowan

Iowa guard Caitlin Clark dribbles between South Carolina's Aliyah Boston and Brea Beal during a 2023 NCAA women's Final Four game between No. 1 South Carolina and No. 2 Iowa at American Airlines Arena in Dallas, Texas, on March 31, 2023. Clark completed eight assists. The Hawkeyes defeated the Gamecocks, 77-73, to advance to the National Championship Game.

STANLEY MUSEUM OF ART OPENING

The Stanley Museum of Art opened its doors for the first time in 14 years for its inaugural exhibit Homecoming on Aug. 26, 2022. The Stanley Museum of Art previously closed due to the building's decimation from the 2008 flood.

CAMBUS TURNS 50

The UI celebrated the 50th anniversary of the CAMBUS, a fully student-serviced bus system. CAMBUS was founded in 1971 and started service in 1972. CAMBUS serves the student population at the UI in addition to the greater Iowa City community.

UI BEGINS ITS 10-YEAR PLAN

The 2022-23 school year also saw the release of the university's 10 year master plan. Some goals include renovations of the Iowa Memorial Union and razing of Halsey Hall and Westlawn. One goal behind renovating the IMU is to better arrange it for students' mental health needs.



Katie Goodale/The Daily Iowan

Former President of the University of Iowa Sandy Boyd reads from his memoir at the Iowa City Public Library on July 28, 2019. Boyd memoir is titled A Life on the Middle West's Never-Ending Frontier.

LOSS OF SANDY BOYD

The legend former UI President Willard Sandy Boyd died on Dec. 13, 2022. Boyd started as a professor of law before later serving as the university's president, serving from 1969-81 and then as interim president in 2002-03. Over 500 colleagues, friends, family, and community members gathered for his memorial on April 7.

No. 2 WRITING SCHOOL IN THE NATION

In a list published by the U.S. News and World Report in September 2022, the UI was ranked second overall in writing among all U.S. universities. The UI was tied with Yale University and was the only public university in the top ten.



Emily Nyberg/The Daily Iowan

The University of Iowa Stanley Museum of Art is seen in Iowa city on April 9.

See yourself at The Stanley

Always free
and open to all



IOWA

Stanley Museum of Art

stanleymuseum.uiowa.edu



READY WHEN YOU ARE.

JUST SAY GO.

FLYCID.COM



IOWA HOUSE HOTEL

Iowa Memorial Union



Centrally located in downtown Iowa City, the Iowa House Hotel is owned and operated by the University of Iowa.

Guests Enjoy

- Free covered parking
- Free Wi-Fi
- Continental breakfast
- Free access to the university Campus Recreation and Wellness Center with two pools, sauna, steam room, and hot tubs

Room Amenities

- Keurig coffee maker
- Microwave
- Refrigerator

125 N. Madison St., Iowa City, IA 52242

319-335-3513 | iowahousehotel.com | [@iowahousehotel](https://www.facebook.com/iowahousehotel)

IOWA

UI's 10-year master plan underway

The plan includes modernization efforts toward campus, including to the Iowa Memorial Union, and health care buildings.

The University of Iowa is planning to upgrade its campus facilities over the next 10 years, including building a new residence hall and modernizing the delivery of education and patient care to Iowans.

Some of the major capital improvements include modernizing the buildings MacLean, Jessup, and Macbride Halls, which sit at the center of campus on the Pentacrest. The buildings house facilities like the Museum of Natural History and some of the largest classrooms on campus.

The UI plans to renovate the former Museum of Art building for use by the Department of Dance. The Museum of Art was damaged in the 2008 flood, however, the UI opened a new Stanley Museum of Art in 2022.

As a hub for student services, the Iowa Memorial, will undergo a makeover to address more student needs. The renovations are scheduled to begin in the summer of 2024 and cost an estimated \$63.7 million. The UI is creating a new mental health center in place of the Iowa House Hotel in the IMU mental health counseling, wellness programs, and student care resources.

Near the IMU, the UI plans to replace the IMU Parking Ramp and modernize the UI's Main Library in the next 10 years. The university aims to also update facilities at the Hardin Library for the Health Science for improved research support.

Centralizing the UI's cultural centers is another major capital improvement plan the UI is aiming to tackle in the next decade. The UI has four cultural centers, the Afro-American Cultural Center, the Asian Pacific American Cultural Center, the Latino Native American Cultural Center, and the Pride Alliance Center.

The centers, which are currently housed on the west side of campus on UI-owned properties, will be located at the west end of Hubbard Park.

For updated student housing, the UI will build a new residence hall on the east side of campus after

announcing the plan to sell Mayflower Residence Hall.

Once Hillcrest Hall's remodeling is complete during the 2023-24 academic year, Mayflower Hall is projected to be sold at the end of the spring semester. The UI has 11 residence halls, nine of which are over 50 years old. The oldest residence hall, Currier Hall, was built in 1914 and the most recent hall, Catlett Hall, opened in 2017.

As one of the major institutions at the UI, UI Hospitals and Clinics is frequently updating facilities and planning expansions.

The UI will construct a new inpatient tower at UIHC, adding more than 200 beds single-bed-per-room environment. The university will also make renovations to the Department of Pediatrics' medical laboratories at UIHC. To accommodate access to emergency care, the UI will build a new ambulatory care center connected to the main hospital at the current location of the Field House.

The state Board of Regents approved \$56.2 million for the UIHC renovations that are projected to be completed before 2025.

The athletic camps will also gain two private gift-funded buildings. A new Iowa Wrestling Training Facility will be located adjacent to Carver-Hawkeye Arena, and a new Women's Gymnastics and Spirit Squad Training Center will be located on the Hawkeye Campus on Hawkeye Park Road.

Along with the construction of these new buildings, the Duane Banks Field and the Iowa baseball complex will be renovated.

These revitalizations will significantly reduce the deferred maintenance backlog on campus.

It will also require the removal or demolition of several buildings that have served an important purpose on campus and in the lives of students, faculty, and staff. These include Field House, Halsey Hall, Wendell Johnson Speech and Hearing Center, Westlawn, Hospital Parking Ramp 1, and the IMU Parking Ramp.

University of Iowa Fun Facts

1 With 21,608 students, the University of Iowa was founded in 1847. It is the oldest and second-largest college in Iowa.

2 In 2008, Iowa City was designated a UNESCO City of Literature and it remains the only U.S. city with that title.

3 The Old Capitol building on the Pentacrest used to be the Iowa State Capitol building when Iowa City the capital. Des Moines became the Iowa capital in 1857.

4 Famous University of Iowa alumni include "Avengers" movie director Joe Russo, Willy Wonka actor Gene Wilder, and "That '70s Show" actor Ashton Kutcher, among others.

5 The original University Main Library building was constructed in 1952 with additions being made in 1961 and 1965 to expand storage for the university's growing collection.

6 *The Daily Iowan* was the first daily college newspaper founded west of the Mississippi River. The paper was founded in 1868, making it 155 years old.

7 Named after the 13th president of the University of Iowa, Virgil Hancher, the Hancher Auditorium building was first constructed in 1972. After a 2008 flood, it was closed for reconstruction until 2016. Hancher celebrated its 50th anniversary in 2022.



Old Capitol



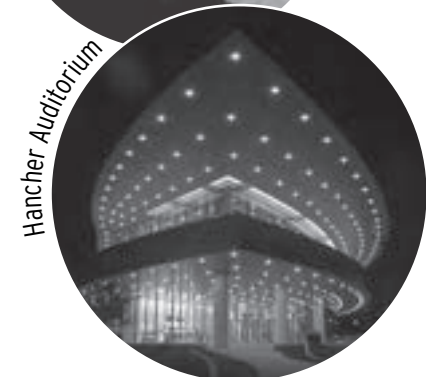
Gene Wilder



Ashton Kutcher



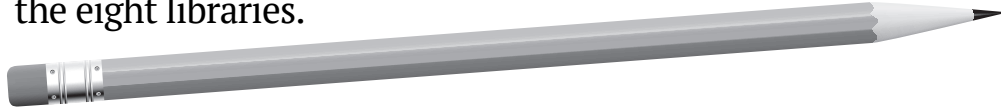
Joe Russo



Hancher Auditorium

Student guide to the best on-campus study spots

Students can study in any campus building and adventure to the eight libraries.



The UI offers many different study locations, both on and off campus. When looking for a good place to study on campus, there are a few things to take into consideration.

Each residence hall comes equipped with different study rooms and multipurpose rooms, lounges, etc., but it is fun to explore campus and find other locations just outside your dorm to complete schoolwork.

Best outdoor study locations

- **The Pentacrest:** Many students like hanging hammocks, lounging, and reading on a nice day.
- **Art Building West:** The outdoor and indoor seating has a great view and is surrounded by art.
- **North and South River Terraces and The River Room Cafe:** The cafe offers pasta, stir fry, breakfast burritos, and other food items depending on the day. Once you get your meal, head outside for a scenic view of the Iowa River.

Quiet study locations

- **The Main Library, floors two and above**
- **Learning commons in the Iowa Memorial Union**
- **Private study rooms in the Main Library**

The UI isn't limited to just the Main Library. There's also the Law and the Science Library and seven others that are located on the east and west sides of campus.

Looking for a snack or lunch break in the middle of your studies? The UI campus has locations where you can grab a bite to eat while you continue your studies such as:

- **The River Room Cafe**
- **The Iowa Memorial Union Commons**
- **The Hawkeye Room in the Iowa Memorial Union**
- **Food for Thought Cafe in the UI Main Library**
- **Pat's Diner in the Pappajohn Business Building**

The best part about the UI is that it isn't just closed off to campus alone. Downtown Iowa City is full of many different cafes and locations that are open for students to do their work.

Unique study spots

- **The Rotunda in the Adler Journalism and Mass Communications Building**
- **The Business Hub in the Tippie College of Business**
- **The Pomerantz Center**
- **The Voxman Music Building**
- **The Chemistry Building**
- **The Biology Building**
- **The Becker Communication Studies Building**
- **The English and Philosophy Building**
- **The Seamans Center**

It is important to try many different locations and decide what is best fitted and the best environment for each student. Students will study across campus no matter when and where. You name it, you can study there. But at the end of the day, find what location is best suitable for you.



Matt Sindt/The Daily Iowan

The inside of the Voxman Music Building is seen in Iowa city on Sunday, April 7.

Buying, renting UI course materials in Iowa City

The University of Iowa Hawk Shop, Iowa Book, and Prairie Lights are where students can locally buy or rent textbooks for their classes.

Ordering course materials is one of the main tasks for all students to complete before the first day of classes at the University of Iowa in August.

While all textbooks are ordered to buy or rent through the Iowa Hawkshop and University Bookstore, students have several Iowa City retailers to choose from. It is recommended that students have materials before the official first day of the fall semester.

The Iowa Hawk Shop, located on the ground floor of the Iowa Memorial Union on campus, is the university's official place to buy textbooks. The Follet Higher Education Group operates the store, and UI student employees work to help run the store. Students can order their textbooks and pick them up at the IMU before classes begin. To get a list of required materials for a course, students can enter their HawkID number through a search on the Hawk Shop's website. A complete list will appear for students' enrolled courses. The UI Hawk Shop also has UI apparel for Hawkeye fans to buy.

Iowa Book, located on 8 S. Clinton St. in Iowa City's Downtown District, is another resource where some students can buy or rent their course materials. Like the Hawk Shop, students can enter

UI course numbers to find the correct textbook for a class. Barnes and Noble College entered a new partnership with Iowa Book on Aug. 9. Students can also sell back textbooks at the end of a semester and get 50 percent cashback, according to Iowa Book's website.

Prairie Lights, located on 15 S. Dubuque St. in downtown Iowa City, was opened in 1978 and provides some select textbooks for students. Some professors prefer supporting locally owned businesses and list their course materials at Prairie Lights. The store offers new and used textbooks and provides delivery or in-store pick-up.

The UI Office of the Registrar also has a page of resources where students can buy textbooks and course materials on campus. UI instructors also list their course materials on a course syllabus or ICON portal site. On your ICON account, access courses by clicking "Courses" on the left side of the screen. The course materials list is commonly listed in the "Modules" or "Files" section of the site. If course materials are not in a class, the course ICON site should list "No Textbook Required," according to the Registrar's website.



Diversity at Iowa: resources for underrepresented students

The Division of Diversity, Equity, and Inclusion and other programs offer services to underrepresented Hawkeyes to enhance their college experience.

Division of Diversity, Equity, and Inclusion

The University of Iowa's Division of Diversity, Equity, and Inclusion brings central leadership and resources on campus to provide an inclusive environment for all identities.

The division consists of the Center for Diversity and Enrichment, the Office of Equal Opportunity and Diversity, and Diversity Resources. Every year, the division provides services from student programs to scholarship opportunities.

The division recently welcomed Liz Tovar, who was appointed from an interim role to the executive officer for diversity, equity, and inclusion.

UI Diversity Councils are part of the representation of communities that the division serves across campus. Seven councils are open to students and faculty who identify as a member of each specific group. The diversity councils include the African American Council, the Council on Disability Awareness, the Council of the Status of Women, the LGBTQ+ Council, the Native American Council, the Pan Asian Council, and the Latinx Council.

TRIO Student Support Services and Upward Bound

TRIO Student Support Services works with students at the University of Iowa and currently serves 350 undergraduate students. Supporting UI students through graduation, TRIO Student Support Services helps those involved maintain strong partnerships with campus and Iowa City resources. This program has been funded through federal grants by the U.S. Department of Education since 1977. TRIO Student Support Services provides students

who are first-generation who demonstrate academic need or low-income and have a verified disability.

The Upward Bound Project, which is also federally funded, guides first-generation and low-income high school students from schools around the UI in their preparation for postsecondary education opportunities.

According to the UI, the Upward Bound Project began in 1964, and has been present at the university since 1966. Like TRIO, the Upward Bound Project provides opportunities for future Hawkeyes. Some free of cost benefits of the program are individual and small-group tutoring, academic counseling, two ACT exam fee waivers and four SAT test fee waivers, FAFSA assistance, and summer enrichment opportunities.

Iowa Edge

Iowa Edge is also housed in the division, which is a week-long introductory course leading up to the first day of UI classes. The selected group of incoming students will meet supporting campus leaders and work to develop leadership skills to utilize in and outside of the UI.

Iowa Edge allows participants to build a community with a group of peers before the semester begins. The program serves a select group of African American, Alaskan Native, American Indian, Asian American, Pacific Islander, Latino/a, first-generation, and LGBTQ+ students transitioning to college.

Advantage Iowa Scholars

The Advantage Iowa is a merit-based scholarship awarded to incoming first-year students who come from diverse backgrounds. UI students can apply on the Admissions Profile on the MyUI portal. Because funds are limited, the UI urges

students to start their applications as soon as October. As part of the scholarship application, the Advantage Iowa Awards funds can increase if the Free Application for Federal Student Aid (FAFSA) is filed by Dec. 1.

LGBTQ+ Resources

The UI offers resources for LGBTQ+ students to feel at home at Iowa.

Students can find a map of all single-user and gender-inclusive restrooms on the university's website. University Housing and Dining also offers gender-inclusive on-campus living options for students.

In MyUI, students can change their preferred names, pronouns, sex, and gender. To make the modification, select the "Student Information" tab on MyUI and click on the "Name/Pronouns" square.

The Pride Alliance Center has said its spot on campus is a "home away from home" for students. The Pride House, located on Grand Avenue Court, is a place for students to gather and share in community events.



Resources and organizations for students with disabilities

Student Disability Services, alongside various UI student services, provides resources and community for students with disabilities.

The University of Iowa Student Disability Services is located at 141 University Capitol Centre.

Student Disability Services provides students with community and campus resources, including advocacy and awareness, tutoring, accessibility tools, etc.

SDS' mission is to welcome, encourage, and empower students and serve the UI's community for Diversity, Equity, and Inclusion.

Its vision includes welcoming students as valuable contributors to the diversity of the UI community.

Some UI student organizations also foster a community for students with disabilities and their allies.

The student organization UI Students for Advocacy and Awareness is for individuals on campus who have disabilities and their allies. The organization provides opportunities to gather knowledge about disabilities and develop leadership and advocacy skills. The organization creates tangible changes surrounding disability-related issues.

UI Students for Advocacy and Awareness aims to provide a community for students with all kinds of health conditions: Chronic illnesses, mental health disorders, neuropsychiatric conditions such as autism, conditions such as blindness/deafness, or anything else.

Best Buddies is also a student organiza-

tion supporting students with disabilities.

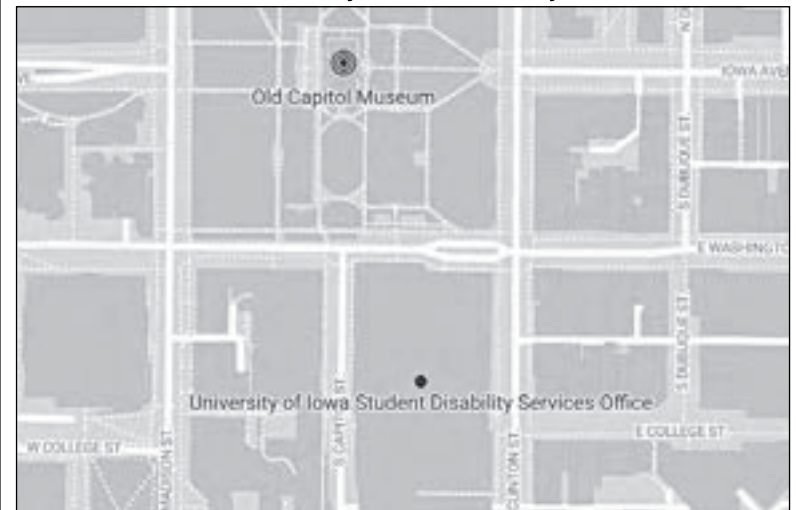
The UI's chapter of Best Buddies works to eliminate discrimination toward people who experience intellectual and developmental disabilities by connecting them with UI students to create friendships.

Events are scheduled regularly throughout the year and provide the opportunity to meet and spend time with buddies regularly.

UI's commitment to diversity, equity, and inclusion provides many organizations and resources to students with disabilities and their peers for a welcoming and inclusive environment and community.



Location of the University of Iowa Disability Services Office



Infographic by Marandah Mangra-Dutcher

Resources for first-generation Hawkeyes



Individuals attending the University of Iowa as first-generation student — who make up about one in five students at the UI — can use campus resources to navigate the college experience.

The 1stGen@Iowa Mentor Network provides a space for first-gen students to ask questions and make connections with faculty, staff, and student leaders. Faculty and staff volunteer to be part of the network and first-gen students who want to connect with someone in a specific department can find their information on the first-gen website.

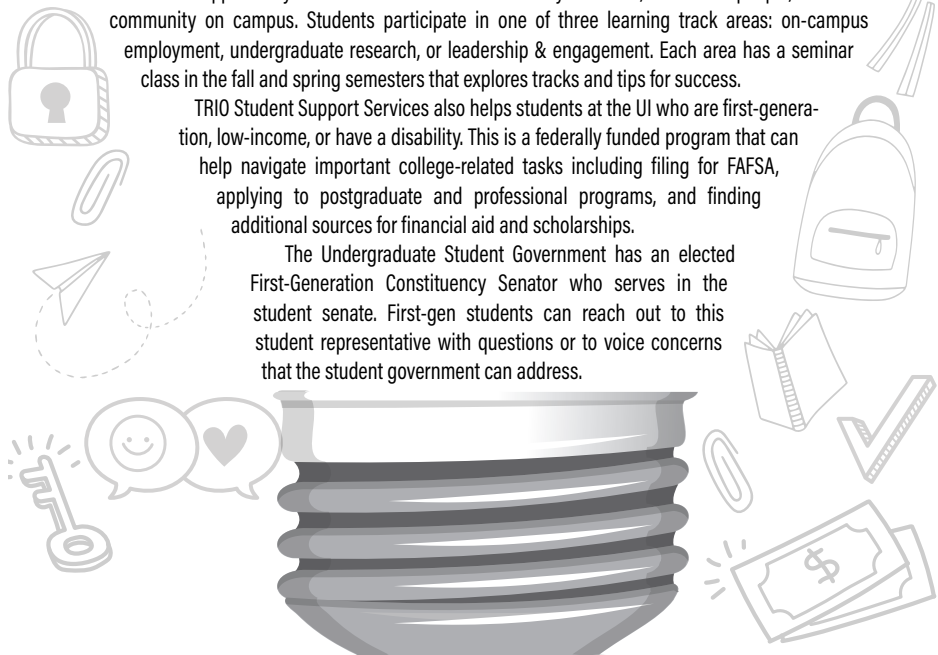
University Housing offers a first-generation Living Learning Community for students who don't have parents or guardians who completed a four-year degree. The LLC puts students on a residence floor with other first-generation students. This community can be a great way for students to make connections with peers, faculty, and staff.

The 1stGen@Iowa Iowa Student Advisory Board provides student input to the UI First-Generation Task Force and works to inform and educate the campus community by developing strategies to better support first-generation students at the UI.

The First Gen Hawks program is designed to equip first-gen students with the tools, resources, and support that will help students reach their goals at the UI and post-graduation. The program provides 200 new students the opportunity to make connections with faculty and staff, meet new people, and find a community on campus. Students participate in one of three learning track areas: on-campus employment, undergraduate research, or leadership & engagement. Each area has a seminar class in the fall and spring semesters that explores tracks and tips for success.

TRIO Student Support Services also helps students at the UI who are first-generation, low-income, or have a disability. This is a federally funded program that can help navigate important college-related tasks including filing for FAFSA, applying to postgraduate and professional programs, and finding additional sources for financial aid and scholarships.

The Undergraduate Student Government has an elected First-Generation Constituency Senator who serves in the student senate. First-gen students can reach out to this student representative with questions or to voice concerns that the student government can address.



Local service on your Apple devices



Authorized Service Provider

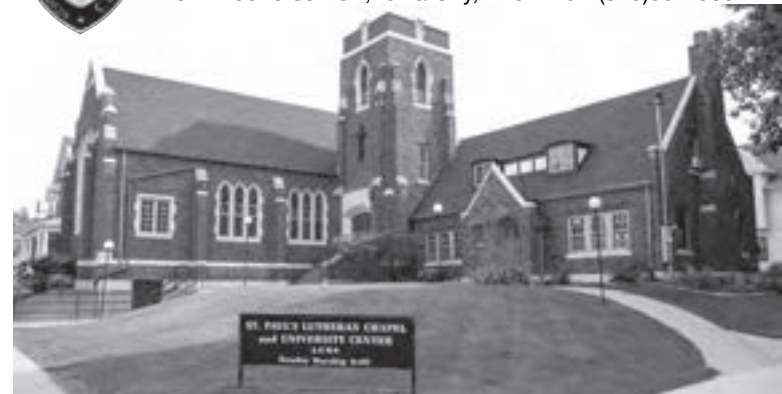
319-338-3735
www.tech-assoc.com

356 S Clinton Street
(across from Voxman Music bldg.)



St. Paul's Lutheran Chapel and University Center

404 E. Jefferson St., Iowa City, IA 52245 • (319)337-3652



CHAPEL SERVICE TIMES

Sunday Service Schedule:

9:00 AM Divine Service
(Livestream on YouTube)

Happy Hour

10:15 AM Sunday School and Bible Study



YouTube: <https://bit.ly/YouTubeLiveStreamIC>

Website: stpaulic.com - check out our website for a calendar of upcoming events

Facebook: St Pauls Lutheran Chapel and University Center • Twitter: @StPaulsIowaCity

Keeping Hawkeyes healthy

Student Health and University Counseling Services give students access to physical and mental health services.

ON CAMPUS HEALTH SERVICES

The University of Iowa offers students physical and mental health services. Students can make an appointment with Student Health, which is on the west side of campus if they want to see a licensed doctor or nurse.

If students need assistance with their mental health the UI has an on-campus mental health counseling service. Student Health and University Counseling Services are covered by tuition, so there are no additional costs for making an appointment.

How to make an appointment

Student Health

The Westlawn office is open Monday through Thursday 8 a.m. to 5 p.m. and Friday 9:30 a.m. to 5 p.m. Students can call the Student Health appointment line and schedule a time to come in.

University Counseling Services

UCS has several locations across campus. Students can see counselors at the University Capitol Center, Westlawn, Catlett Hall, the Dental Sciences Building, the Boyd Law Building, the Pappajohn Business Building, and the Jacobson Football Operations Building. Counselors are available Monday through Friday from 8 a.m. to 4:30 p.m. Students can call the office to schedule an initial consultation. After the consultation appointment, students can

make a plan with a UCS counselor on which of the university's mental health services is right for them.

THE UNIVERSITY OF IOWA HOSPITALS AND CLINICS

UIHC is separate from Student Health, so visits are not covered by tuition. UIHC clinics associated with the UI provide excellent educational resources, and students work or volunteer at the hospital during their college careers.



Locations of health care facilities near the University of Iowa campus



Infographic by Marandah Mangra-Dutcher

Seeking mental health resources at the UI

Stressed with the transition into college?
Experiencing a crisis?

UCS is a great resource to help you address these issues and more.



What types of services are available through University Counseling Services?

Services include group counseling, individual therapy, relationship counseling, and more. UCS also offers consultation appointments to discuss your concerns and the best course of action. Most services that UCS provides are free for students.



Where is University Counseling Services?

UCS has two main campus locations and multiple smaller offices.

- Westside: Westlawn on Newton Road
- Eastside: University Capitol Centre, Suite 1950
- Embedded locations: Catlett Hall, Jacobson Football Operations Building, Dental Sciences Building, Boyd Law Building, John Pappajohn Business Building



How do I make an appointment if I want to start attending therapy or talk to a professional?

Students should call UCS at (319) 335-7294 to schedule an appointment. When scheduling an appointment, UCS can offer guidance on what type of appointment or other resources may best fit your needs. UCS business hours are from 8 a.m. to 4:30 p.m. Monday through Friday.



What should I do if I have an urgent issue and can't wait until a scheduled appointment to speak with someone?

Call UCS to check availability for a 30-minute same-day appointment. These are scheduled on a first-call, first-served basis on weekdays at 8 a.m. Quick Access Appointments can also be used to get support from a counselor about an immediate crisis and create a plan to help manage it.

**For an emergency, call 911.
Call or text 844-461-5420 to access the
UI's 24-hour support and crisis line.**

Sexual Misconduct

resources and advocacy available in Iowa City, Johnson County

- **WRAC** —————
Bowman House,
230 N. Clinton St.
Iowa City, IA 52242
319-335-1486
wrac.uiowa.edu
- **RVAP** —————
108 River St.
Iowa City, IA 52246
319-335-6001
rvap.uiowa.edu
- **DVIP** —————
1105 S. Gilbert Court
Iowa City, IA 52240
(319) 351-1043
dviuiowa.org

Three organizations in the Johnson County are available for individuals seeking support or immediate help including the Women’s Resource and Action Center, the Rape Victim Advocacy Program, and the Domestic Violence Intervention Program.

Sexual misconduct can include instances such as sexual assault, sexual harassment, and domestic violence. University of Iowa students can also volunteer and participate in events at the following organizations.

Women’s Resource and Action Center

The Women’s Resource and Action Center, known as WRAC, is a feminist organization at the UI that works to create more equity for individuals of all identities. WRAC is located across from the major Eastside dorms at the Bowman House on 230 N. Clinton St. WRAC also hosts a take Back the Night Rally every year, which is a nationwide movement that stands against sexual violence, according to WRAC.

Domestic Violence Intervention Program

The Domestic Violence Intervention Program, known as DVIP, provides confidential services and advocacy for survivors of domestic violence, dating violence, stalking, and human trafficking. DVIP serves several surrounding counties to Johnson County, where the UI is located. The program was opened first as a shelter that offered counseling and a 24-hour crisis line in 1980. It is located at 1105 S. Gilbert Court in Iowa City.

Rape Victim Advocacy Program

The Rape Victim Advocacy Program, known as RVAP, is a resource for students affected by sexual violence to receive free and confidential support. The organization provides support groups and workshops, such as a free dance workshop for survivors of sexual violence. RVAP offers direct service, crisis line, and prevention advocacy volunteer positions for individuals who are interested. The program is located at 108 River St.

Finding a safe space on campus

The University of Iowa has dozens of LGBTQ+ student orgs, resources to support students.

Finding a community to fit into can be difficult, but at the University of Iowa, there are resources for all students. With a robust LGBTQ+ community and culture at the UI come dozens of LGBTQ+ student orgs and resources to help support LGBTQ+ students.

LGBTQ+ Student Organizations

The UI has almost a dozen LGBTQ+ student organizations including some of the first LGBTQ+ sororities.

For LGBTQ+ Students interested in Greek life the University of Iowa has a LGBTQ+ fraternity and sorority on campus.

The Gamma Gamma chapter of Delta Lambda Phi Fraternity, the only progressive and LGBTQ+ inclusive fraternity at the UI, was founded in 2015 and is located at 125 N. Madison Street. Gamma Rho Lambda is an all-inclusive social sorority at the UI.

Other student organizations include the Queer Liberation Front, which aims to advocate for queer students; The OutLaws, which promotes the interests of LGBTQ+ law students; and Double Rainbow, which aims to prompt discussion about intersectionality and advocate for intersectional students.

Home away from home: UI Pride Alliance Center

The UI’s Pride House, which will move to its new location at 601 Melrose Ave. this fall, is a “home away from home” for LGBTQ+ students to be supported by other LGBTQ+ students and provide a safe space for LGBTQ+ students.

The pride house has become a staple in the UI community with its famous red door. The center was started in 2005 after members of the the Executive Board of the UI Gay, Lesbian, Transgender & Allied Union (GLBTAU) met with UI administrators to secure the cultural house and it opened its doors in the fall of 2006.

The Pride House is equipped with a comfortable living room dining area, kitchen, study rooms, printer, board games, a Nintendo Switch, and streaming services.

The center is open to students and community members from noon to 9 p.m. Monday — Thursday and noon to 5 p.m. on Fridays.

Campus/ Iowa City Resources for LGBTQ+ Students

LGBTQ+ students can find a plethora of resources aimed at helping make their campus life more manageable.

UI students can visit Student Legal Services for assistance in modifying their birth certificates, changing their names, or helping students who feel discriminated against.

Iowa City residents can also ask for some support when visiting the doctor, the Division of Student Life offers Queer Health Advocates — who are trained volunteers that help advocate for LGBTQ+ patients and their medical needs — to accompany residents to their doctor’s appointments.

Additionally, In MyUI, students can change their preferred pronouns, name, sex, and gender. To change these visit the “Student Information” tab on MyUI and select “Name/Pronouns.”



Ayrton Breckenridge/ The Daily Iowan
Protesters shout while blocking traffic on North Madison Street after a lecture organized by the University of Iowa Chapter of the Young Americans for Freedom for anti-trans conservative commentator Matt Walsh’s “What Is a Woman?” documentary at the Iowa Memorial Union on April 19. Prior to the lecture, progressive students called for the lecture to be suspended because of Walsh’s transphobic remarks.



HAVE YOU THOUGHT ABOUT TEACHING?

IOWA
EDUCATION

BE A TEACHER
Join Iowa's top-ranked*
COLLEGE OF EDUCATION

*U.S. News & World Report

education.uiowa.edu/BEaTEACHER2



OUR COMMUNITY CARES

Promoting Prevention as a Parent...
All healthy relationships require ongoing, clear communication. **Discuss. Ask. Support.**

Access the full online parent handbook:

endingviolence.uiowa.edu/initiatives

Discuss

respect and communication with your student about dating and boundaries with partners.

Ask

your student about how they would look out for their friends in an unsafe situation.

Support

your student without judgment if they have a friend in an unsafe situation and know the resources available to help them.

IOWA

Division of Diversity, Equity,
and Inclusion
Office of Institutional Equity

President Wilson gears up for year three

President Barbara Wilson, the 22nd president and the third woman president at the University of Iowa, will begin her third year in the summer of 2023.

President Barbara Wilson will begin her third year as the University of Iowa President during the summer of 2023.

Wilson was appointed the 22nd president of the UI by the state Board of Regents and began her 5-year term on July 15th, 2021. Wilson's annual salary was raised from \$600,000 to \$650,000 in June 2022.

Originally from Appleton, Wisconsin, Wilson is an alumni of the University of Wisconsin-Madison, graduating with a bachelor's degree in journalism and a master's and Ph.D. in communication arts.

She worked her way up, holding important roles at various U.S. institutions. First, Wilson worked at the University of California, Santa Barbara, and the University of Louisville as a communications professor. She then spent 21 years at the University of Illinois Urbana-Champaign where she served as head of the Department of Communication, vice provost for academic affairs, and executive vice provost for faculty and academic affairs, among others.

Wilson's second year at the UI was met with one of the largest first-year classes to ever enter the university, along with being one of the most diverse and academically accomplished.

Now, Wilson continues to focus her efforts on bringing in diverse students with the First Gen Hawks program, which is built around students that are the first from their families to attend college.

In 2023, the UI was chosen to be a part of the Small-Town & Rural Students College Network. This program assists students in rural areas of the United States in applying, getting into, and achieving in a college setting.

During Wilson's second year, UI Health Care opened a new catheterization lab that will use minimally invasive procedures when diagnosing and treating cardiovascular disease. This is yet another opportunity for people to see the great things happening at the UI.

Cody Blissett/The Daily Iowan

University of Iowa president Barbara J. Wilson speaks during an interview on May 2.



HOW TO *excel* as a Hawkeye

Engage at the University Libraries!

Welcome to the University of Iowa! You're a Hawkeye, so we know you're going to be great, and the University Libraries are here to help you every step of the way. Expert staff, great study spaces, research resources, and tips for student success are at your fingertips through our seven campus libraries, both in person and online at: lib.uiowa.edu



Get personalized, one-on-one help from librarians specializing in your field of study.

Access tons of resources for your research.

Find places to collaborate, study, and concentrate.



IOWA LIBRARIES



Watch this video at bit.ly/uiowa-libraries

Scan the code or type in the bitly to get the highlights on how the seven libraries at IOWA can give you a leg up in all your academic work.

CONNECT WITH US



UofIowaLibraries



@UILibraries



University of Iowa Libraries



UofIowaLibraries

Lower-Priced Student Loans

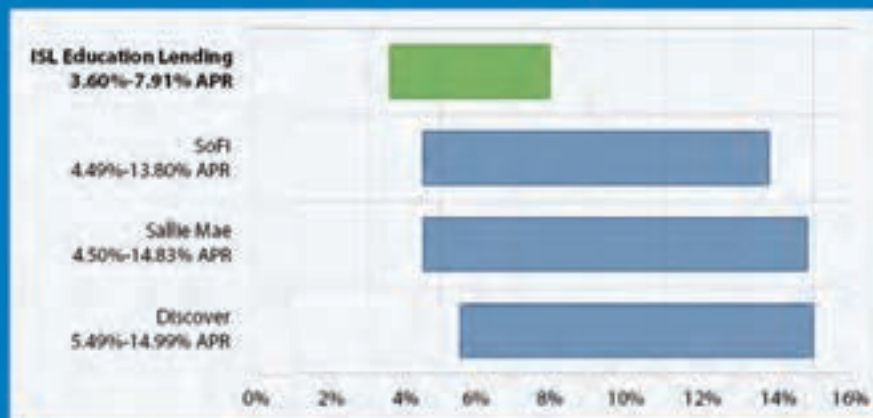
Helping you plan smart and pay less for college.

ISL Education Lending offers:

- ▶ Private loans for students and parents.
- ▶ The ability for students and cosigners to pre-qualify so specific rates are known before applying.

See How Our Rates Compare!

Compare our Partnership Advanced Education Loan fixed APRs to undergraduate loan fixed APRs offered by other lenders. The ranges cover a variety of repayment options and include potential discounts.¹



www.iowaStudentLoan.org/Compare



¹Many lenders only offer limited information about their actual rates upfront. They do not provide all the rate details within the range of rates depicted on this graph. The specific rate an applicant is offered will be determined by the loan type selected and the applicant's or, if applicable, the cosigner's credit history and credit score. Annual percentage rates (APRs) were retrieved from the lenders' websites on April 25, 2023, for fixed-rate loans for student borrowers while the student is enrolled at least half time. The ranges contain rates offered to applicants with a wide range of credit scores and for a variety of repayment options and terms.

Because each lender offers different in-school repayment options and different repayment terms, an identical loan comparison between lenders is not possible. However, the APRs in the chart are listed as the highest and lowest rates for each lender and include potential rate reductions that may not apply to every borrower. For example, a 0.25% automatic payment interest rate reduction (repayment benefit) has been included for the lowest rate displayed for all lenders as well as the highest rate for SoFi. For complete details on how APRs were calculated, visit the lenders' websites.

Before applying for a student loan from any lender, you should consider additional characteristics, including: credit requirements, monthly payment amount, origination fees, capitalization frequency, borrower benefits and protections, repayment term, when repayment begins, and the total amount to be repaid over the life of the loan. Subject to credit approval, loans are made by Iowa Student Loan Liquidity Corporation or Bank of Lake Mills. Bank of Lake Mills does not have an ownership interest in Iowa Student Loan Liquidity Corporation. Bank of Lake Mills is not affiliated with the school you attended or are attending. Bank of Lake Mills is Member FDIC. Loan servicing, including billing and other customer service, will be provided by Aspire Servicing Center.

©2023 Iowa Student Loan Liquidity CorporationSM

IOWA

FINANCIAL LITERACY SERVICES

Empowering students to make informed decisions that promote lifelong financial success.

We can meet with you to discuss:

- Creating a budget
- Student loan repayment options
- Completing the FAFSA
- Credit and credit cards
- Private loan counseling
- Your general financial aid plan

Schedule your appointment today!

→ MYUI → ADVISING APPOINTMENT
→ OFFICE OF STUDENT FINANCIAL AID

→ CONTACT US: FINANCIAL-LITERACY@UIOWA.EDU

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact Office of Student Financial Aid in advance at 319-335-1450.

Meet the state Board of Regents

The regents govern Iowa's three public universities and Iowa's two special schools. The regents' decisions impact students, faculty, and staff at the UI.

FACTS

The Board of Regents is typically made up of nine members and is appointed by Gov. Kim Reynolds. Regents must be approved by two-thirds of the Iowa Senate before they take their positions. The board is currently in the process of filling the vacant ninth spot.

Regents' terms last six years, but the student regent that is elected to the board serves until their time at their university concludes.

The board oversees public Iowa institutions, including the University of Iowa, Iowa State University, the University of Northern Iowa, Iowa School for the Deaf, and Iowa Educational Services for the Blind and Visually Impaired.

The regents set university tuition and housing rates, approve construction and projects on university properties, hire university presidents, and declare states of emergency, such as when they moved all classes to be virtual at the beginning of the pandemic.

The current student regent is Abigail Crow, who is a student at the University of Iowa. The regents have had a student on the board since 1973 when former UI law student Steve Zumbach was appointed. Crow was appointed on April 16, 2021, and her term expires on April 20, 2027.

Michael Richards, President



Sherry Bates, President Pro Team



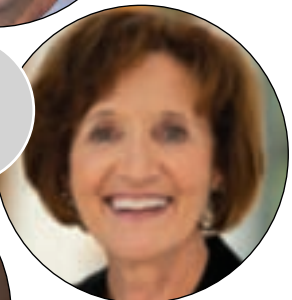
David Barker



Robert Cramer



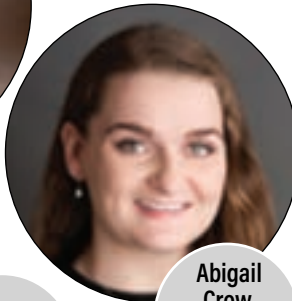
Nancy Dunkel



Jim Lindenmayer



Abigail Crow, UI student regent



JC Risewick



Greta Rouse



Who leads the University of Iowa?

Hawkeyes have various leaders ensuring the university's operations run smoothly.



Executive Vice President and Provost
Kevin Kregel

Kregel has been the university's vice president and provost since 2021. Kregel has served on several committees for the University of Iowa including the presidential search and strategic planning committees. He attended the UI and received both his bachelor's and doctorate degrees in physiology and biophysics.



Senior Vice President for Finance and Operations and University Architect
Rod Lehnertz

Lehnertz has served as the Vice President for Finance and Operations since 2014. His duties entail looking over the university's finances and improvement projects. Before his current role, Lehnertz was the director of planning, design and construction in Facilities Management. Lehnertz is an Iowa native and has been with the UI since 1994.



Vice President for Student Life
Sarah Hansen

Sarah Hansen has been the vice president of Division of Student Life since 2020. She oversees student employment, involvement, and every aspect of students' life on campus.



Executive Officer & Associate Vice President, Division of Diversity, Equity, and Inclusion
Liz Tovar

Tovar has represented the Division of Diversity, Equity, and Inclusion since 2021 when she was named the executive officer and associate vice president. Before 2021, she served internally in the position. Tovar oversees the Office of Equal Opportunity and Diversity, Center for Diversity & Enrichment and Diversity Resources. Tovar has been with the UI since 2013 after working for various institutions like the University of Kansas.



President and CEO for Center for Advancement
Lynette Marshall

Marshall oversees the UI's efforts to get ahead through philanthropy and engagement. The Center for Advancement brings together the UI Foundation and the UI Alumni Association. Marshall has been with the UI since 2006.



Interim UIHC CEO
Kimberly Hunter

Following the departure of Suresh Gunasekaran in 2022, Kimberly Hunter is currently serving as the interim University of Iowa Hospital and Clinics CEO. Hunter has been with the UIHC for a year and was the chief nurse executive prior to being named the interim CEO in January 2022.



IOWA



During speed networking students interact with professionals working across media industries.



Students get to know peers and faculty members at School events throughout the year.



Students meet with SJMC alumni and professionals in our Student Center and classes.



SJMC students create audio stories in our podcast studio.

School of Journalism and Mass Communication

The School of Journalism and Mass Communication prepares students for careers across a range of communication and media professions.

We are the only unit at Iowa that specializes in teaching reporting, strategic communication, and multimedia storytelling. At the UI-SJMC, we prepare students to take the first steps in their communication and media careers. This preparation includes robust academic advising, opportunities to participate in student groups including the award-winning *Daily Iowan* and *Daily Iowan TV*, and an extensive internship and career advising program.

The SJMC also connects students with a network of alumni who work at most every major media outlet in the country. Through generous donations from alumni and supporters, the SJMC provides its students with over \$200,000 in scholarships annually.

Graduates go on to careers that span communication and media professions. Recent graduates work as reporters, digital content producers, news producers, communication specialists, marketing directors and digital and social media storytellers for companies like:

Tampa Bay Times
PBS Newshour
Voice of San Diego
ESPN
Nike
The NFL
The Big Ten Network
Walt Disney Company

100 Adler Journalism Bldg.
Iowa City, IA 52242
journalism.uiowa.edu

August Jackson
USA Today
The Washington Post
The New York Times
The Associated Press
Iowa Public Radio
Google
Fox Sports

319-335-3486
SJMC@uiowa.edu



IOWA CITY LIFE

Students are at the center of Iowa City on the University of Iowa's campus.
How are you going to spend your free time?



IOWA CITY
PUBLIC LIBRARY

Visit the new and improved
ICPL catalog to search for
your next new read!

search.icpl.org



Use your library anywhere!
All you need is an internet
connection, your ICPL library
card, and your password.

Access ebooks, audiobooks,
videos, magazines, and more
online resources at:

icpl.org/digital

Sign up for a
library card
icpl.org/cards



Support the Library at
icpl.org/donate



**OLD CAPITOL
TOWN CENTER**

Corner of Clinton & Washington (319) 338-7858

*Welcome to
the Heart
of the City*



33 exciting stores, restaurants, health services
fashion, technology, gifts, souvenirs, books
sports apparel, art supplies, games, lots more!

www.OldCapitolTownCtr.com

3 STEPS TO REDUCE WASTE

1 Recycle cardboard

Via recycling where you live or at drop-off locations
listed at icgov.org/recycle. Cardboard is not allowed in
the trash in Johnson County & must be recycled.

2 Don't place batteries in the trash.

Batteries in the trash cause landfill
fires. Prevent this by properly
disposing of them at drop-off
locations listed at icgov.org/hhm.



3 Recycle glass

Via purple bins at drop-off locations
listed at icgov.org/recycle.



Recycling
Information



Batteries
Information



IOWA CITY
A UNESCO CITY OF LITERATURE

Are you a **STUDENT**
who needs help with
CHILD CARE EXPENSES?



UI Family Services can HELP!

For more information on the child care subsidy program, visit
hr.uiowa.edu/well-being/family-services

or call 319-335-3558

Deb Schaffer • Vice President • Branch Manager • 319-688-6707

HILLS BANK

Your Bank on Campus.

Open a UI Student Checking account at **Hills Bank**, and we'll credit **\$50** towards your opening deposit.

Offer expires 12/31/2023. Limit one per customer and not valid with any other offer. Offer valid for new UI Student Checking accounts. Must be a UI Student. Bonus may be reported as interest. No minimum balance required to obtain bonus. Fees may reduce earnings. Student Checking: no monthly fee. Subject to credit approval. Bonus paid when coupon is presented at account opening or within 12 hours for online accounts. Coupon Code: 202302

Member FDIC

WELCOME HAWKEYES!



Specializing in
Tires, Auto Repair
and Safety Inspections.

NATIONWIDE WARRANTY

GOODYEAR

TOYO TIRES

**PLUS MANY OTHER
MAJOR BRANDS**

Your home away
from home,
trusted
neighborhood
auto service repair.

**DODGE ST.
TIRE**

605 North Dodge St.

337-3031

dst-ic.com

ORCHESTRA IOWA

EXPLORE A
WORLD OF NEW
ENTERTAINMENT



TIX
START
\$10!

EXTRA
STUDENT
DISCOUNTS



SHOWS IN
**GORALVILLE &
CEDAR RAPIDS**

Like! Follow! Share!



orchestraiowa.org • (319) 366-8203 • tickets@orchestraiowa.org

WHEREVER YOUR
JOURNEY TAKES YOU
**WE'LL HELP
GET YOU THERE**



380Express, bicycling, bus passes,
CAMBUS, parking, UI RideShare Network

→ transportation.uiowa.edu/students

IOWA
Business Services
Parking and Transportation

IOWA CITY'S FINEST FOOD CARTS, AND NOW ALSO A RESTAURANT



Marco's Grilled Cheese started as a food cart in the Iowa City "Ped Mall". Over the last 20 years, Marco's has expanded into three different food carts and a restaurant. We specialize in quick, delicious food at an affordable price.



Our food carts are a great catering option for any size gathering!

TOP SELLERS: Gyros, Street Tacos, Italian Beef, French Dip, Philly Cheese Steak

• 117 N Linn St • Iowa City • marcosgrilledcheese.com •

Pedestrian Mall creates intersection of campus, city

The Iowa City Pedestrian Mall is the center of nightlife, food, and entertainment for students and residents.

In the center of the Iowa City Downtown District, the Pedestrian Mall provides a space for the community to shop at small businesses, experience local music and entertainment, and eat at unique restaurants and cafes.

Located across the street from the Old Capitol Mall and not far from the Pentacrest, the Ped Mall is a central hub for students. The Ped Mall was constructed in the 1970s, and the outdoor, traffic-free commercial center features a myriad of shopping, dining, and entertainment options, and a playground was recently rebuilt.

Hosting over two dozen dining options, the Ped Mall is home to restaurant and dessert spots including Aspen Leaf Frozen Yogurt, Burger Hall, Dandy Lion, and Formosa. The mall is also the site of Bread Garden

Market, which is a locally owned grocery store and eatery.

The Ped Mall acts as the site of favorite nightlife spots like Roxy Bar, Donnelly's Pub, ReUnion, Joe's Place, and Brothers Bar and Grill.

Stores like White Rabbit, Textiles, Ragstock, and Revival all make for great shopping options for students looking for fashionable clothing at a low price.

Live music can be heard both inside and out as street musicians fill the air with their riffs and melodies, making for a vibrant city experience. In 2019, the city renovated the mall adding more trees and benches that provide plenty of seating and space to enjoy the open air of the Ped Mall.



Avi Lapchick/The Daily Iowan

The Pedestrian Mall is seen in Iowa City on May 1.

Iowa City's Downtown District has nearly everything from trendy fashion boutiques to airy plant shops, cozy bookstores, and favorite chain stores. Hawkeyes are sure to find what they need, and more, right on campus.

Pitaya, located in the Ped Mall, is a women's boutique that prides itself on keeping a consistently updated collection of trendy and affordable clothing for college students on a budget.

Similar is White Rabbit on South Linn Street — it carries new clothing, jewelry, witty cards, paintings, and stickers. With its creaky floorboards, the artsy boutique has a vintage section in the back, adding to its uniqueness.

Blick Art Materials is a staple for student artists in the Old Capital Town Center. The store offers the most extensive selection of art materials in one shop in the whole state of Iowa. Artists can find

paints, brushes, canvases, and more on the shelves.

Right down the street is Beadology, a colorful jewelry store that sells a multitude of beads from around the world. The shop also offers instructional classes on beadwork including, wirework, stringing, and glasswork.

Going back down the road, kitty-corner to the Pentacrest is Target. The convenient two-level grocery and retail chain offer students all kinds of dorm-room essentials.



Raygun, across the street from Target, is a Midwest-owned shop selling clever Hawkeye merchandise, along with other humorous t-shirts, stickers, and posters.

Down the street from Raygun, the store Heim sells ceramic art, and a collection of crystals, tarot cards, jewelry, and stickers, is a great place to buy gifts for friends or spiritual goods. Heim is owned by ceramic artist and Iowa City Resident Allison Fretheim, who personally curates the items sold in the store.

Over on Iowa Avenue is Beno's Flowers and Gifts. The whimsical plant shop sells only fresh flowers and natural plant products with a mission to have handmade and sustainable gifts.

Around the corner on Dubuque Street is the welcoming local bookstore Prairie Lights. Prairie Lights has multiple levels full of books for every type of reader. The store also holds in-store readings by popular authors and is home to a cozy cafe.

Isabella Cervantes/The Daily Iowan
White Rabbit is seen on May 2, 2022.

IOWA

ALUMNI



WELCOME
to the
UNIVERSITY
OF IOWA!

ENJOY THE

Journey

Your Hawkeye Alumni Family
will be there for you
every step of the way.

foriowa.org

ONCE A HAWKEYE, ALWAYS A HAWKEYE.

How to support a friend who tells you about non-consensual sex, dating violence, or stalking

It can be difficult to know how to support a friend who shares that they have been harmed by a non-consensual sexual advance, dating violence, or stalking. We have a team of dedicated staff who are here to help you help your friends.

Confidential Resources

We have advocacy groups like the Rape Victim Advocacy Program (RVAP) and the Domestic Violence Intervention Program (DVIP) providing safe spaces for emotional support, safety planning, or just to talk.

Non-Confidential Resources

You can reach out to a trained university staff member who is here to help you and your friend. They are called AAO's (academic or administrative officers) and can be found at our website listed below.

What happens when something gets reported?

You will be contacted by a member of Title IX and Gender Equity to talk through:

- No-contact directives between the people involved.
- Non-disciplinary options to address the behavior.
- Possibilities for flexible scheduling with university-related commitments.
- Confidential support, like advocacy and counseling resources.
- Complaint resolution options, including the formal grievance and adaptable resolution processes.

OUR COMMUNITY CARES

More information can be found here:

diversity.uiowa.edu/resources/tixge-resources

IOWA

Division of Diversity, Equity,
and Inclusion
Office of Institutional Equity

MUSIC & THEATERS

VENUES

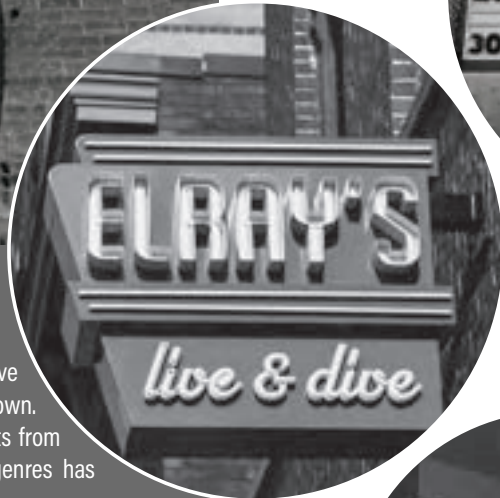
Iowa City is a hotspot for theater and live music from Riverside Theatre's newest location to the Englert Theatre's classic performances. The city is also home to several live festivals during the spring and summer seasons.



Elray's Live and Dive

211 Iowa Ave.

Located on Iowa Avenue, Elray's Live and Dive is a well-known music hotspot downtown. Known primarily for its live country concerts from local and national talent, music from all genres has been played there.



Gabe's

332 E. Washington St.

Gabe's has been a staple in the Iowa City area for decades. Previously hosting Nirvana and Weird Al Yankovic, among other accomplished artists, Gabe's has a reputation for hosting local and famous artists. As of late, there has also been an abundance of themed nights, such as Emo Nite and Taylor Swift Night, all of which draw in a great crowd and a lot of fun.



Englert Theatre

221 E. Washington St.

The Englert Theatre has presented a great deal of fantastic music in the last year. With performances from artists including Snail Mail, Cat Power, and Sudan Archives, stunning talent makes its way through the theatre. Every spring, the Englert Theatre also invites musicians from across the country to perform and speak its Mission Creek Festival. Featuring unique entertainment, The Englert Theatre is not a venue to miss.



Riverside Theatre

119 E. College St.

Along the Pedestrian Mall in Iowa City, Riverside Theatre opened its new location near the epicenter of arts in the city. Since opening in the new location, the company has produced plenty of shows that ask important questions. Executed with care and skill, Riverside Theatre, located at 119 E. College St., has made a mark on the community by creating quality work.



Hancher

141 Park Road

Hancher Auditorium, the largest performance venue on campus, features professional touring dance, music and theater performances. Hancher has been the cultural hub of the University of Iowa campus. Tickets for UI students are often discounted.



Film Scene

404 E. College St.

FilmScene is a non-profit venue that often shows independent and indie films. The organization partners with the University of Iowa's Bijou Film Board to plan screenings that are of interest to UI students.

IOWA CITY'S Dining HOTSPOTS

Iowa City has more than 50 restaurants for everyone to enjoy a meal that they may be craving.

• *Date Nights and Family Gatherings* •

Looking for an upscale place to take your friends or family? Iowa City has many options available. Joseph's Steakhouse, Baroncini Ristorante Italiano and Pizza, and Vue Rooftop provide an upscale ambiance as well as food and drinks. For a more casual restaurant, Short's Burger and Shine serve burgers and sandwiches.

———— NIGHTLY DEALS ————

If you're on a budget, Micky's Irish Pub and Grill on 11 S. Dubuque St. offers a \$5 burger basket night every Monday. The restaurant and bar is a great place to watch a sports game, hang out with friends, and sit outside on the patio on Dubuque Street.

..... *Late Night Eats*

Residents and visitors won't have to worry about being unable to settle their late-night cravings. Located in the ped mall is Marco's Grilled Cheese food cart. Quesadillas are available in addition to grilled cheese. Falbo Bros Pizzeria is open until 3 a.m. on Thursday through Saturday. It has stuffed, thin crust, and deep-dish pizzas by the pie or by the slice.

___ SWEETS AND TREATS ___

For those with a sweet tooth, downtown Iowa City has many choices. Not only does Aspen Leaf have frozen yogurt with a variety of flavors and toppings, but it also has unique flavors of caramel apples and fudge. Molly's Cupcakes, named one of the top cupcake bakeries in the U.S., is another sweet spot to visit in Iowa City.

..... *Takeout and Delivery*

Iowa City doesn't just have many dine-in options, but also numerous spots if people are looking for takeout or delivery to their homes. Uncle Sun provides Chinese dishes for delivery until 2 a.m. Gumby's Pizza delivers until 3 a.m. on Monday through Friday, and Sundays and 4 a.m. Friday through Saturday.



Historical opportunities on campus

The University of Iowa invites you to explore the campus for what it is now, and what it used to be.

The University of Iowa Museum of Natural History

The Museum of Natural History invites curiosity and learning through exhibits and collections of Iowa's natural beauty and long-standing culture. The museum is in Macbride Hall, a cornerstone building that is home to the UI's anthropological department.

The exhibits on display showcase many kinds of species and artifacts that have been seen throughout history. In fact, many of the fossils that are found on Iowa land, even today, are from the Ice Age period. Walk-in tours are always welcome if you find yourself with time in between classes, or if you're looking to kill some time on campus. The museum employees will guide you on your journey to learn more about the best-kept secrets in the state.

The Old Capitol Museum

When visiting the Old Capitol Museum, you're greeted at the front of the notorious golden dome at the heart of the Pentacrest. The dome is one of the most recognizable symbols of Iowa and has always been a staple for proud Iowans.

This spot is the only natural history museum in

the state. As the tour begins, the past of Iowa City floods each room. Considering that Iowa City used to be the state capital, the Old Capitol Museum was designed to show you what it would be like to live in Iowa City back when it all started. Its mission is to educate the people of Iowa City, and its visitors, about the significance Iowa has state-wide and nationally.

The Museum of Natural History is home to
500 million years
of Iowa's cultural and natural heritage

The Old Capitol served as
Iowa's first state capitol from
1846 -1857



Emily Nyberg/The Daily Iowan

The University of Iowa Museum of Natural History is seen in Macbride Hall in Iowa City on May 3.

Students find on and off-campus jobs

Many students work on and off-campus as they pursue their degrees at the University of Iowa.

Being employed on campus has financial and academic benefits for Hawkeyes. Students at the University of Iowa who are employed statistically have higher GPAs and are more likely not to drop out and graduate on time, according to University Human Resources.

Student jobs provide chances to connect with faculty, staff, and other students, some who may be

outside their field of study. Students practice good time management balancing a work life with school, along with other valuable skills that aid in finding employment after graduation.

Students can work at a variety of locations and programs on campus including in Student Health, the Iowa Memorial Union, University Housing and Dining, Recreational Services, the UI Main Library, and Cambus.

Visit the "Student Life Jobs" page on the UI's website to find the perfect fit.

Handshake

Handshake is the UI's free, primary online job-searching platform for students seeking employment.

The website allows students to:

- Upload resumes
- Sign up for mock interviews
- Apply for internships and full-time jobs

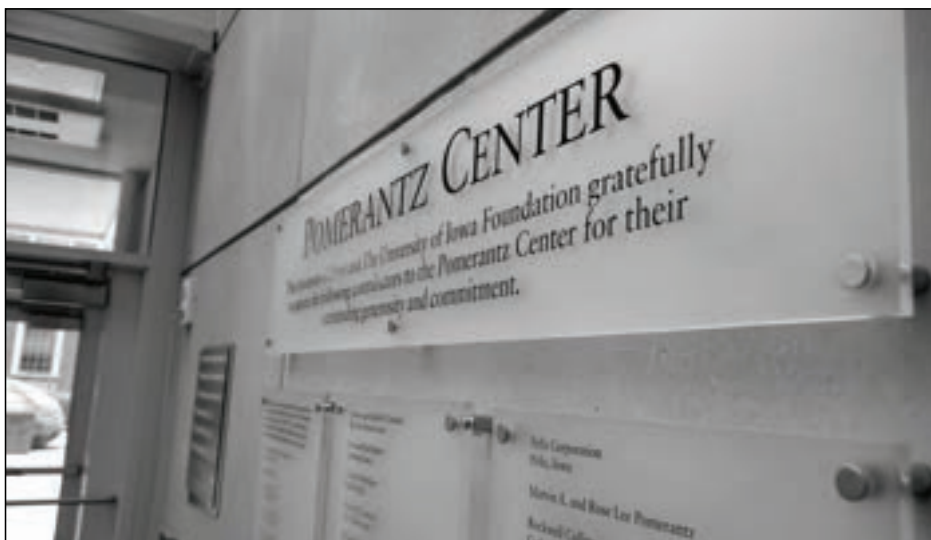
Handshake is the UI's version of websites like LinkedIn or Indeed. Every student has an account automatically created for them. The website is a great way to explore employment opportunities while in school. Students log in with their HawkID to activate their account.

careers.uiowa.edu/handshake

Pomerantz Career Center

The Pomerantz Career Center career coaches and peer advisors work with students to prepare resumes, interviews, and more for student employment, internships, post-grad jobs, or grad school.

The center is located at 213 N. Clinton St.



Daniel McGregor-Huyer/The Daily Iowan

The Pomerantz Career Center is seen in Iowa City on Friday, April 29, 2022.

My cup is not my consent

Using alcohol to get sex is sexual assault

RVAP
ADVOCACY. SUPPORT. PREVENTION.
800-228-1625

MEDICAL EXAMS

EMERGENCY CONTRACEPTION

STI PREVENTION

FORENSIC EVIDENCE COLLECTION

SEXUAL ASSAULT NURSE EXAMINERS
are available 24 hours a day 7 days a week
to provide free medical forensic exams.
Go to the ER at UIHC or Mercy
or call 319-335-6000

JC SART Johnson County Sexual Assault Response Team JC SART

When the parents are in TOWN



Here's how to make the most of a visit in Iowa City if family is coming from out of town.

There are great options when it comes to welcoming parents to Iowa City from eating out at any of the many restaurants, bars, or grills downtown, to making a visit to the Hawk Shop for some Hawkeye gear, or even taking a scenic stroll along the Iowa River.

Restaurants like Masala Indian Cuisine and Nodo on Dubuque Street, or Pop's BBQ on the corner of Market Street and Dubuque Street are wonderful family-friendly options. For a higher-end dining experience, steakhouses like Iowa Chophouse on Washington Street and Joseph's Steakhouse on Clinton Street are also excellent choices that will surely impress any parent.

After dinner, students and parents can take a stroll through the outdoor Pedestrian Mall, located in the heart of downtown Iowa City. A walkabout of the Pentacrest and the iconic Old Capitol would also make for a great outing, before heading down to the Iowa Memorial Union to browse the Hawk Shop.

For families hoping to explore more, a tour of the Pentacrest Museums is always a unique option. Visitors can see the infamous Rusty the Giant Sloth at the UI's Museum of Natural History in Macbride Hall on Clinton Street or schedule a tour of the historic Old Capitol.

Old Capitol Mall offers resources for all student needs

The Old Capitol Mall, now owned by the university, is another space on campus that students can use to study and purchase essential items.

The Old Capitol Mall, located just across the street from the Pentacrest, has been a hotspot for students since it opened in the '80s. The mall provides a number of local Asian cuisine options such as China Plus and Bollywood Grill, along with popular chains like Chipotle, Buffalo Wild Wings, and Noodles and Co.

The Old Cap Mall additionally has stores for those looking to cure their sweet tooth like Sweets and Treats, Cookies, and More. The mall also has improved ramen options at Asia Plus.

On top of its food options, the Old Cap Mall has a plethora of stores that are well-equipped to serve students' needs. Blick Art Materials serves as a great stop for artists of all levels, while Hawkeye Fan Shop serves as a great destination for fans to stock up on their gameday gear.

The mall also caters to beauty and wellness needs of all students with businesses like CVS, Candy Nails, Advanced EyeCare, and the recently opened La Hair salon.

The second floor of the mall mostly consists of UI offices, including Information Technology Services, International Programs, the UI Office of Sustainability, the Pentacrest Room, and the Center for Diversity and Enrichment.

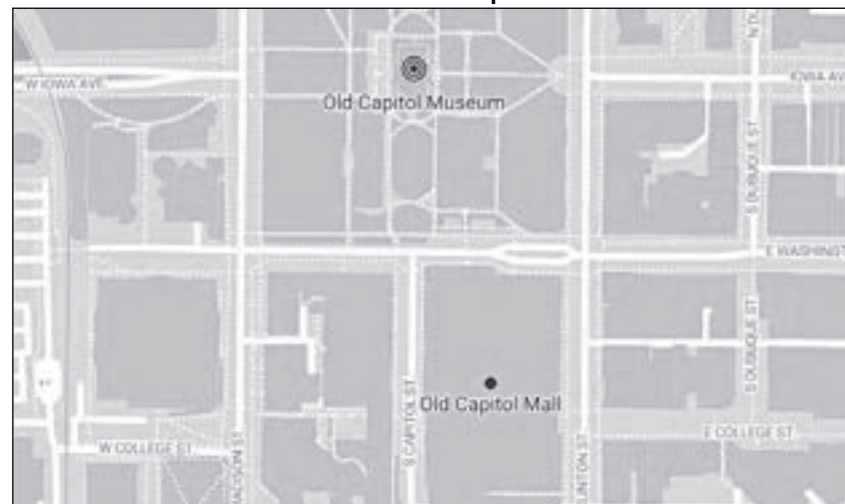
DIRECTORY

- Blick Art Materials
- All About Phones
- Glassando
- Hills Bank & Trust
- Sunkissed
- Iowa City Transit
- Advanced EyeCare
- CVS Pharmacy
- Noodles & Co.
- Buffalo Wild Wings
- China Star
- Chipotle Mexican Grill
- Candy Nails
- Le Gourmet
- TSpoons
- Cookies and More
- Sweets and Treats
- Seoul Grill
- Ichiban
- Hawkeye Fan Shop
- Asia Plus
- Freddy's Frozen Custard and Steak Burgers
- Massage Oriental
- Hoja
- Bollywood Grill
- La Hair
- La Tea

Old Capitol Town Center
201 S. Clinton St., Iowa City, IA
(319) 338-7858



Location of the Old Capitol Mall



Infographic by Marandah Manqra-Dutcher

Managing Funds: Accessible Banks and Financial Institutions for Hawkeyes

There are plenty of financial hubs to choose from on or near campus to support students.

Hills Bank and Trust

Hills Bank and Trust has an office on the ground floor of the IMU and in the Old Capitol Town Center. Students enrolled with this bank who also work on campus can connect their account with their IowaOne Care through advantage checking. It also offers UI students a free checking account, free online and mobile banking, and free Xpress transfer.

GreenState Credit Union

Located at 500 Iowa Ave., a bit further than the

other financial institutions, GreenState is the largest credit union in Iowa. The institution is known to offer good rates and low fees in returning profits to its members. All UI students, staff, alumni, Iowa residents, and select Wisconsin and Minnesota residents are eligible to join.

National Banks

For students wanting a national bank that spans a larger geographic area, options in downtown Iowa City are MidwestOne, U.S. Bank, and Wells Fargo, are all easily accessible from campus.

Locations of banks around the University of Iowa



Infographic by Marandah Mangra-Dutcher

Tips and tricks for student financial independence

Becoming a UI student means taking on new financial responsibilities.

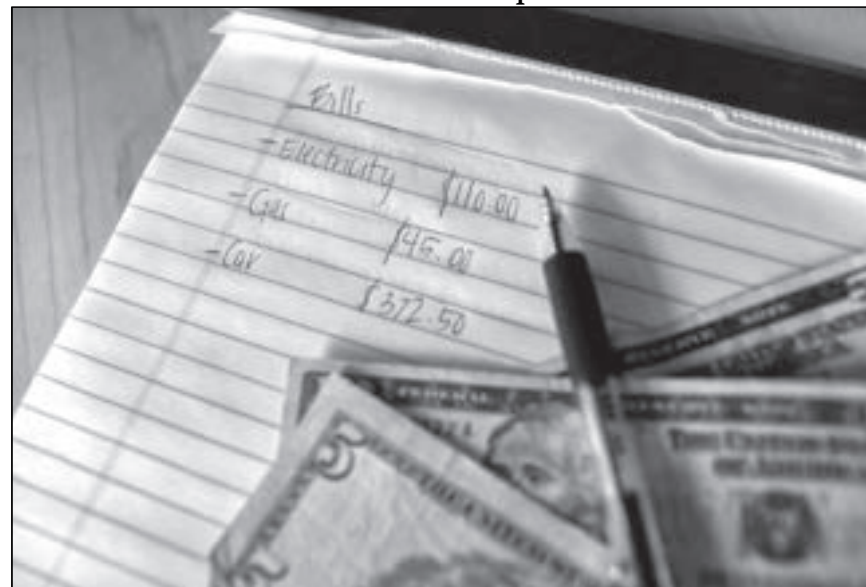


Photo Illustration.

Emily Nyberg/The Daily Iowan

Setting a Budget

Financial independence can be difficult at first if you don't set a budget. Budgeting allows you to keep track of your expenses while avoiding overspending. Everyone will have a different budget, but budgeting is the first step to good financial decision-making.

Getting a Job

Becoming a student employee might seem overwhelming, but it provides additional sources of income and additional spending flexibility. Students who work 1-20 hours per week have a higher average GPA than students who do not have a student job, according to the UI Pomerantz Career Center.

There are over 7,000 students who are employed with on-campus part-time positions, according to UI Human Resources. On-campus employment opportunities within the Division of Student Life that provide flexible hours. Downtown Iowa City businesses are also an alternative employment opportunity.

Utilize Your Meal Plan

Your meal plan provides access to the dining hall locations across campus, and you should aim to use that as much as possible. Meal plans also provide flex meals that are available for use at multiple locations across the University of Iowa campus. Your meal plan can help save you from spending a lot of money at downtown restaurants.

Maximize your flex meals by getting an entree, two sides, and a drink. You can save the sides for snacks later on.

Take advantage of free & low-cost activities

There are many low-cost and free entertainment opportunities available across Iowa City for students. Recreation Services regularly hosts different intramural activities throughout the year, including sand volleyball, basketball, and e-sports. The CAMBUS system is free and Iowa City transit is a low-cost method for students to travel around the Iowa City area.

Banking literacy

Be prepared to actively track your spending and banking statements with mobile banking apps. Hills Bank in the Old Capitol Mall is also a great local banking option that offers certain benefits for UI students.

Utilizing public transportation

Avoid using costly food delivery services. Walking or taking the bus to pick up food with a friend can be fun and will save you money.

Familiarize yourself with local public transportation, namely CAMBUS and Iowa City transit, and the routes that they take to figure out how to get where you want to go.

The TRANSIT app provides real-time updates and comprehensive information on bus routes as well as integrated ridesharing services like Uber and Lyft.

NITE RIDE provides late-night, direct transportation around campus for all students from 10 p.m. until 5 a.m. every single day. It is a great way to get home from a friend's dorm late at night.



ATM Locations

Burge Hall

Hillcrest Hall

102 S. Clinton St., entrance to MidwestOne Bank

103 E College St., located on the Pedestrian Mall

25 W. Burlington St., Kum and Go

323 E. Burlington St., Kum and Go

IMU Ground Floor

201 S. Clinton St., located in Old Capitol Mall Town Center

119 E. College St., located on the Ped Mall

204 E. Washington St., U.S. Bank

Who makes up the Iowa City City Council?

Seven elected community members meet on the first and third Tuesday of each month to make local governmental decisions.

Contact City Council:
410 E. Washington St.,
Iowa City, IA 52240
Phone: (319) 356-5010
council@iowa-city.org

The Iowa City City Council is comprised of seven members from various districts across the city. Members are elected to serve four-year terms. The mayor and mayor pro tem are elected at the beginning of each new session by the other six members of the council.



MAYOR BRUCE TEAGUE . . .

Teague was first elected to the council as an At-Large representative in 2018 and was later elected as mayor in 2020 and 2022. His term as mayor will expire in 2024, and his second term as a councilor will expire in 2026. Teague has been an Iowa City resident since 1993 and studied at Kirkwood Community College and the University of Iowa.



MAYOR PRO TEM MEGAN ALTER

Alter is in her first term as an At-Large Councilor, which started in 2022 and will expire in 2026. She was elected as mayor pro tem in 2022, with that term ending in 2024. Alter has lived in Iowa City since 1995 and works as a Senior Resource Manager at ACT.



ANDREW DUNN

Dunn was elected by the council as an At-Large representative in 2023 to fulfill the remainder of previous Iowa City City Councilor Janice Weiner's term, who left the council in the middle of her term following her election to the Iowa Senate in 2023.

Dunn's term will end in 2024, and he has announced he plans to run for reelection. He attended the UI and works at the Center for Worker Justice of Eastern Iowa and as a legislative aide for Iowa Sen. Claire Celsi (D-16).



JOHN THOMAS

Thomas is one of the longest-serving members of the city council alongside Councilor Pauline Taylor. He represents District C and has served on the council since 2016. Before his time as a councilor, Thomas served on the city's Planning and Zoning Commission for over three years. His current term will end in 2024, and he has

announced he does not plan to run for reelection.



LAURA BERGUS

Bergus has served as an At-Large member of the council since 2020 and plans to run for reelection in 2023. She has lived in Iowa City since 1981 and acts as an attorney for Hayek, Moreland, Smith & Bergus LLP outside of her time on the council. After graduating high school at the age of 16, Bergus received her bachelor's in anthropology from the UI in 2002 and later returned in 2011 to receive a Juris Doctor degree from the College of Law.



PAULINE TAYLOR

Taylor has been a member of the Iowa City City Council for the past seven years. She represents District A and was previously elected by the council to be mayor pro tem from 2018 to 2020. Taylor has not indicated whether she will run for reelection in the fall of 2023 once her second term

expires. She has lived in Iowa City for 44 years and works as a registered nurse at the UI Hospitals and Clinics.



SHAWN HARMSSEN

Harmsen was elected for his first term to the council in 2022 alongside Alter and represents District B. He attended Wartburg College and the University of Northern Iowa for degrees in the field of communications. Most recently, Harmsen graduated from the UI with a doctorate in journalism and mass communication. He currently works as a visiting assistant professor of communication studies at Coe College in Cedar Rapids.



Nichole Harris/The Daily Iowan

Iowa City Mayor Bruce Teague addresses the crowd at an Iowa City City Council meeting on Feb. 18, 2020.



Prairie Lights | 15 S. Dubuque St.

A bookstore that holds immense cultural value to the literary scene in Iowa City, Prairie Lights also houses a cafe tucked away on its second floor. This cafe receives fresh pastries from Deluxe Cakes & Pastries every morning and makes its drinks in-house. Beyond their high-quality drinks and pastries, it also has a great view looking overlooking Dubuque Street.

Coffee Emporium | 301 E. Market St.

The Coffee Emporium recently opened in Iowa City's Northside neighborhood. The Coffee Emporium has locations in Coralville and Cedar Rapids and is planning to open another location in Tiffin on May 7. The cafe offers unique coffee drinks and bakery and lunch options.

Fix! Coffee | 404 E. College St.

Located on the second floor of the Chauncey building, Fix! offers affordable coffee drinks with homemade syrups and bakery items. The cafe is also a great place for students to study and is open later than other cafes in the area.

Java House | 211 E. Washington St.

Java House Coffee Roasters is a local chain with a small-business environment that many coffee houses prize. There is a Java House in the basement of the Iowa Memorial Union and on Washington Street, which is right by the Pentacrest. Although they might occasionally give out a lemon poppy-seed muffin for free, they usually charge around \$10 for a pastry and coffee.

Cortado Mediterranean Cafe | 26 S. Clinton St.

If you're looking for European and Mediterranean-style cuisine, Cortado is the place for you. With a European-style espresso bar and Mediterranean-inspired sandwiches, salads, and soups. The cafe also offers freshly baked pastries and a metropolitan-themed sit-down area.

Department of Religious Studies
Teaching Religious and Cultural Diversity for nearly 100 Years

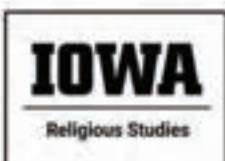
Assist
you in navigating
our increasingly
diverse society

Position
you for the
job market



Empower
you to travel
the world

Align
you for
departmental
awards



We offer many courses that fulfill Gen Ed Requirements
Look for RELS courses in MyUI

clas.uiowa.edu/religion



CAMPUS
PROGRAM
OFFER

DELLTechnologies

UNPACK DEALS ALL YEAR 'ROUND

Save on purchases with an education discount, plus get a Dell eGift Card up to \$150*.



PRECISION SERIES LAPTOPS



XPS 13 TOUCH 2-IN-1 NOTEBOOK

DELL ECOLOOP PRO BACKPACK

INSPIRON 15 3000 SERIES

Shop Now

www.Dell.com/Iowa

\$75 eGift Card with the purchase of select Dell PCs \$699+*

\$150 eGift Card with the purchase of select Dell PCs \$1,350+*

Offer valid 1/26/2023-1/26/2024 AT 11:59 PM CST or until 10,000 redemptions whichever occurs first. Dell Promo eGift Card Arrives in 10-20 days, carries a 90 Day Exp. Terms at Dell.com/igiftcard *TERMS AND CONDITIONS. Verification of student status is required by using a valid .edu email address. Offers subject to change, not combinable with all other offers. Taxes, shipping and other fees apply. Offers available only to qualified U.S. customers, and subject to restrictions in your applicable contract, if any. Offer not valid for Resellers. Dell reserves right to cancel orders arising from pricing or other errors. Dell Promo eGift card will arrive via email within 20 days from ship date. Expires in 90 days (except where prohibited by law). Not valid for resellers. See dell.com/igiftcard/promoterms. Dell only accepts returns of the entire bundle. Not valid for resellers and/or online auctions. Dell reserves the right to cancel orders arising from pricing or other errors. Hard Drive capacity varies with prepacked material and will be less. System memory may be used to support graphics, depending on system memory size and other factors. Copyright © 2023 Dell Inc. or its subsidiaries. All Rights Reserved. Dell, Technologies, Dell, EMC, Dell EMC and other trademarks are trademarks of Dell Inc. or its subsidiaries. Other trademarks may be trademarks of their respective owners.

Navigating Iowa City public transportation

University of Iowa students have access to three main systems for transportation including Cambus, Iowa City and Coralville Transit, and Nite Ride.



Cody Blissett/The Daily Iowan
A Cambus is seen on April 27.

Navigating public transportation across campus, Iowa City, and Coralville is an avenue for independence that new University of Iowa students can gain. Using cell phone apps and general city knowledge, students can get anywhere at almost any time with the use of public transportation. The UI Cambus system, Iowa City and Coralville Public Transit, and Nite Ride provide students with transportation at little-to-no cost.

UI Cambus System

The Cambus system is a UI student-led organization. It was founded in 1971. The bus system is accessible to all individuals and is free.

Cambus has 18 fixed routes for students to use and updates the lines for each semester. The bus system does not operate during most UI holidays and select holiday weekends on Thanksgiving, and winter and spring break, according to the Cambus website.

Iowa City and Coralville Transit

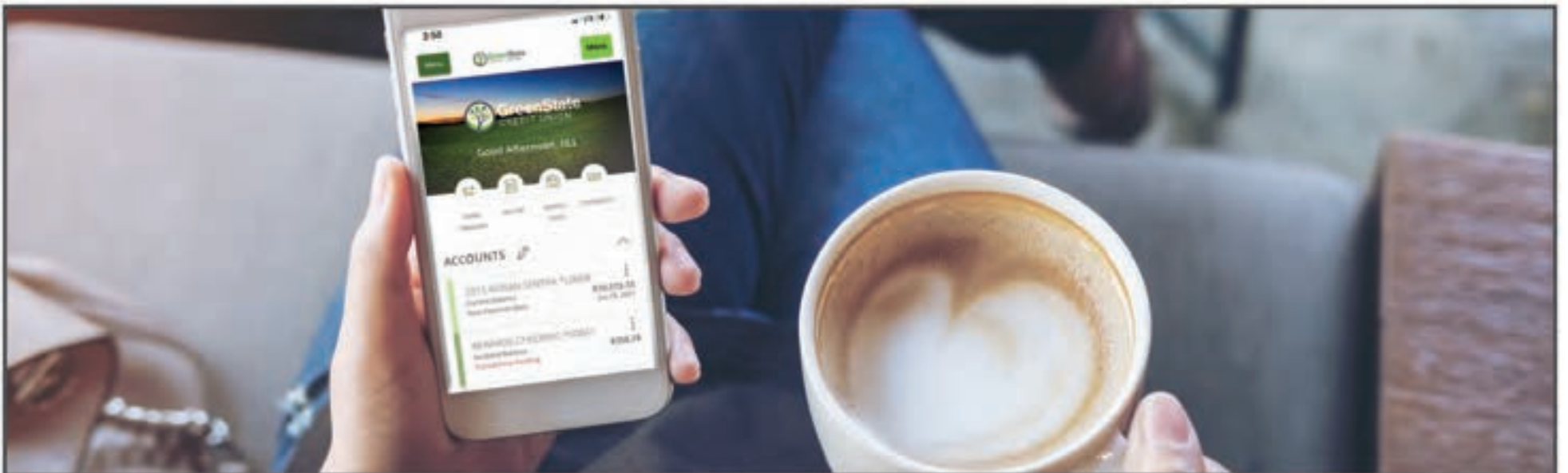
The UI recommends the use of the Transit app to access routes and plan trips in Iowa City and Coralville. The city's transit system is newly free for all riders. Iowa City also recently purchased four new electric buses to help lower citywide carbon emissions and use 5 percent of diesel that non-electric buses use in the future.

Nite Ride

Nite Ride is a free late-night transportation service for UI students, faculty, and staff. The service can pick you up any time from 10 p.m. to 5 a.m. daily. Individuals can request rides through its website and be picked up inside the "boundaries" of the service.

To request a ride, visit niteride.its.uiowa.edu and enter your cell phone number, pick up location, drop off location, and vehicle preference as prompted.

You can also arrange a ride by dialing 319-384-1111.



Free Debit Card Account

With a GreenState Free Debit Card account, you'll pay no monthly fees and there is no minimum balance.



Download GreenState's mobile app to

Check your balance
Transfer funds
View transactions
Monitor your Credit Score
and more!

NCUA

Open your account online in minutes at www.GreenState.org, call 800-475-6728 or stop by a local branch.



UNIVERSITY OF IOWA *Campus Map*

- | | | |
|---|---|--|
| 1 Adler Journalism and Mass Comm. Bldg. F-7 | 44 Gilmore Hall E-8 | 86 Nursing Building F-6 |
| 2 Afro-American Cultural Center H-5 | 45 Glenn Schaeffer Library B-8 | 87 Old Capitol F-8 |
| 3 Art Building D-6 | 46 Halsey Hall E-8 | 88 Old Museum of Art D-7 |
| 4 Art Building West D-6 | 47 Hancher Auditorium A-7 | 89 Pappajohn Biomedical Discovery Bldg. E-5 |
| 5 Asian Pacific American Cultural Ctr. I-4 | 48 Hansen Football Performance Ctr. G-2 | 90 Pappajohn Business Building E-8 |
| 6 Becker Communication Studies Bldg. F-7 | 49 Hardin Library for Health Sciences E-4 | 91 Pappajohn Pavillion H-4 |
| 7 Bedell Entrepreneurship Learning Lab C-9 | 50 Health Protection Office H-5 | 92 Parklawn Hall A-6 |
| 8 Biological Sciences Library E-9 | 51 Hillcrest Residence Hall G-6 | 93 Petersen Residence Hall G-5 |
| 9 Biology Building E-9 | 52 Hospital Parking Ramp 1 F-3 | 94 Pharmaceutical Sciences Research Bldg. G-4 |
| 10 Biology Building East E-9 | 53 Hospital Parking Ramp 2 G-3 | 95 Phillips Hall E-9 |
| 11 Blank Honors Center D-8 | 54 Hospital Parking Ramp 3 G-3 | 96 Plaza Centre One G-9 |
| 12 Bowen Science Building F-5 | 55 Hospital Parking Ramp 4 H-4 | 97 Pomerantz Center (Admissions Visitor Ctr.) D-8 |
| 13 Bowman House D-9 | 56 Hubbard Park E-7 | 98 Pomerantz Family Pavillion H-4 |
| 14 Boyd Law Building H-6 | 57 Hydraulics East Annex I-7 | 99 President's Residence B-9 |
| 15 Burge Residence Hall D-8 | 58 Hydraulics Model Annex I-7 | 100 Pride Alliance Center H-5 |
| 16 Calvin Hall E-8 | 59 Hydraulics Wind Tunnel Annex I-7 | 101 Psychological and Brain Sciences Bldg. F-10 |
| 17 Cambus Maintenance Facility I-7 | 60 Iowa Advanced Technology Labs D-7 | 102 Quadrangle Residence Hall G-5 |
| 18 Campus Recreation and Wellness Ctr. H-7 | 61 Iowa Memorial Union E-7 | 103 Recreation Building G-2 |
| 19 Carver Biomedical Research Bldg. E-5 | 62 Iowa Memorial Union Parking Ramp E-8 | 104 Rienow Residence Hall G-5 |
| 20 Carver Pavillion G-4 | 63 Jefferson Building G-9 | 105 Ronald McDonald House E-1 |
| 21 Carver-Hawkeye Arena D-1 | 64 Jessup Hall E-8 | 106 Schaeffer Hall F-8 |
| 22 Catlett Residence Hall D-8 | 65 Kinnick Stadium G-3 | 107 Seamans Center G-8 |
| 23 Center for Disabilities and Development F-3 | 66 Kuhl House A-6 | 108 Shambaugh House C-9 |
| 24 Chemistry Building D-8 | 67 Lagoon Shelter House B-7 | 109 Slater Residence Hall G-5 |
| 25 Children's Hospital G-3 | 68 Latino/Native American Cultural Ctr. H-5 | 110 South Quadrangle H-5 |
| 26 Clinton Street Building J-9 | 69 Law Faculty Research I-5 | 111 Spence Laboratories of Psychology F-10 |
| 27 College of Public Health D-6 | 70 Lesbian, Gay, Bisexual, and Transgender Resource Ctr. H-5 | 112 Stanley Art Museum G-7 |
| 28 Colloton Pavillion G-4 | 71 Levitt Center for U of I Advancement A-7 | 113 Stanley Hydraulics Laboratory H-6 |
| 29 Continuing Education Facility F-9 | 72 Lindquist Center G-8 | 114 Stanley Residence Hall C-8 |
| 30 Currier Residence Hall C-8 | 73 Linn Street Building H-10 | 115 State Historical Society Bldg. F-10 |
| 31 Danforth Chapel E-7 | 74 Macbride Hall E-8 | 116 Stuit Hall E-10 |
| 32 Daum Residence Hall D-8 | 75 MacLean Hall F-8 | 117 Theatre Building C-7 |
| 33 Dental Science Building E-3 | 76 Madison Street Services Building J-8 | 118 Trowbridge Hall E-8 |
| 34 Dey House B-8 | 77 Main Library G-7 | 119 University Capitol Centre G-8 |
| 35 Duane Banks Field (Baseball) F-1 | 78 Mayflower Residence Hall A-9 | 120 University Services Building J-8 |
| 36 Eckstein Medical Research Bldg. F-5 | 79 Medical Education Research Facility E-5 | 121 Van Allen Hall E-9 |
| 37 Engineering Research Facility H-8 | 80 Medical Education Building E-4 | 122 Visual Arts Building C-6 |
| 38 English-Philosophy Building F-7 | 81 Medical Laboratories F-5 | 123 Voxman Music Building H-8 |
| 39 Field House G-4 | 82 Medical Research Center F-4 | 124 Wendell Johnson Speech and Hearing Ctr. F-3 |
| 40 Fleet Services I-7 | 83 MERGE/Public Library Training G-9 | 125 West Campus Steam Plant F-2 |
| 41 Football Practice Facility Bldg. F-1 | 84 Newton Road Ramp E-5 | 126 West Campus Transportation Ctr. G-2 |
| 42 General Hospital F-4 | 85 North Hall C-8 | 127 Westlawn, Student Health E-6 |
| 43 Gerdin Athletic Learning Ctr. H-5 | | |

PERFORMING ARTS AT IOWA

MUSIC

THEATRE ARTS

DANCE

HANCHER

PRODUCTION

HANCHER AUDITORIUM

- Hancher Auditorium is the University of Iowa's premier performing arts venue, presenting all kinds of touring artists as well as performances by UI students, staff, and faculty
- 2023-2024 season highlights include four of Broadway's biggest hits, Jason Isbell and the 400 Unit, Herbie Hancock, and Rhiannon Giddens
- Watch for details about the annual Hancher is for Hawkeyes ticket sale—offering deep discounts for UI students in late August
- Each year, Hancher hires students from all majors to be ushers, box office cashiers, and stagehands

PRODUCTION UNIT

- The Performing Arts Production Unit employs 50+ students annually
- Students from any major can apply
- Work behind the scenes with experienced industry professionals in sound, lighting, costuming, design, digital media, props and scenery, stage management, and more



→ [HANCHER.UIOWA.EDU](https://hancher.uiowa.edu)



→ [UIOWA.EDU/PAPU](https://uiowa.edu/papu)

Immerse yourself in the Performing Arts at Iowa—whether you major, minor, pursue a double major, or take elective classes, the performing arts can be a central part of your experience at the University of Iowa.

Plus, as a student, you'll enjoy free and low-cost admission to superb art experiences of every kind, nearly every day!

→ [PERFORMINGARTS.UIOWA.EDU](https://performingarts.uiowa.edu)

SCHOOL OF MUSIC

- 350+ FREE performances in the state-of-the-art Voxman Music Building each year
- 20+ ensembles open to all majors, including the Hawkeye Marching Band
- Individual instrument and voice lessons
- Numerous non-major course offerings in music performance, culture, history, and technology



→ [MUSIC.UIOWA.EDU](https://music.uiowa.edu)

DEPARTMENT OF THEATRE ARTS

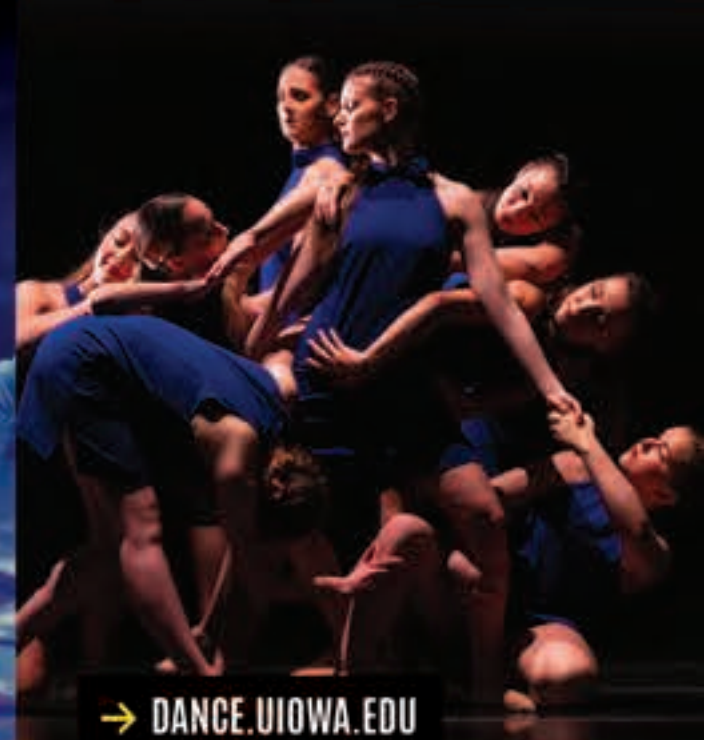
- Audition for fall 2023 productions (details coming in August)
- Attend 25+ performances each year (for free or \$5!)
- Pursue the Musical Theatre track
- Earn a certificate in Public Digital Arts or Social Justice and the Performing Arts



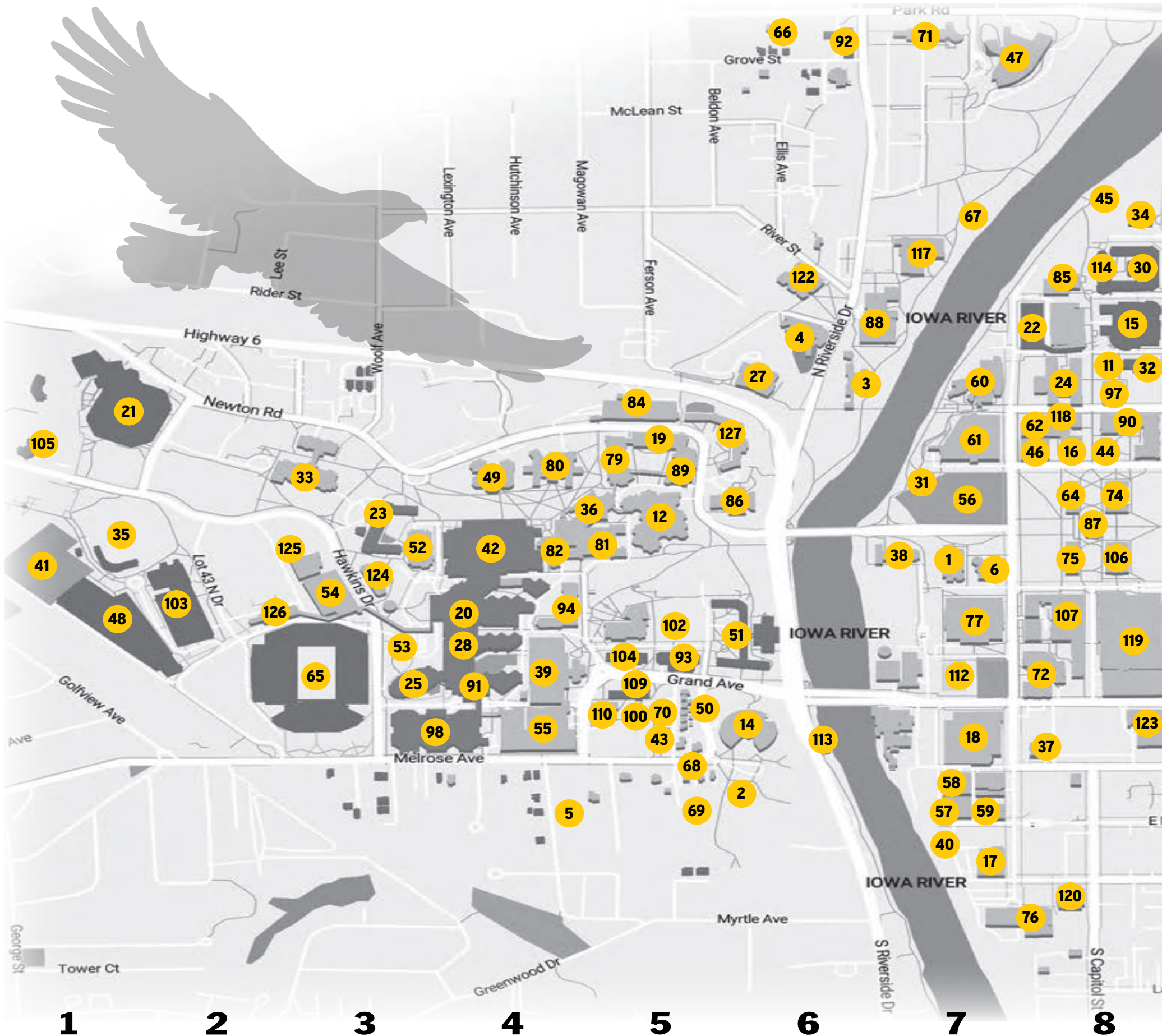
→ [THEATRE.UIOWA.EDU](https://theatre.uiowa.edu)

DEPARTMENT OF DANCE

- GE classes in Ballet, contemporary, jazz, hip-hop, yoga, African Caribbean, and dance studies
- 12+ concerts choreographed and performed by students and faculty
- Dance degree programs include BA, BFA, MFA, and minor



→ [DANCE.UIOWA.EDU](https://dance.uiowa.edu)



1

2

3

4

5

6

7

8



GETTING INVOLVED

Find what your passions are outside of the classroom.



FIND YOUR PASSION

with the Nonprofit Leadership and Philanthropy Certificate

The University of Iowa is developing educated, professionally trained nonprofit leaders who will directly help our communities by effectively advocating to cure disease, shelter the homeless, feed families, and educate children.

While many students enter college unaware of the career opportunities in the nonprofit world, this program offers a more approachable route to most who may not have considered a career in this sector.

Open to all students regardless of their choice of major, the certificate raises awareness of the career possibilities through classroom instruction and projects, real-world experiences, and connection with nonprofit professionals.

 nlp.uiowa.edu

 nlp-info@uiowa.edu

IOWA

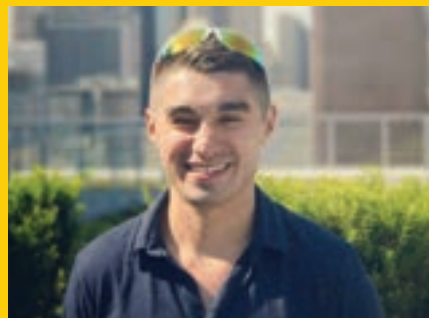
**Nonprofit Leadership and
Philanthropy Certificate**

Program Alumni



KayLynn Harris '19
English & Political Science B.A.
Donor Communications Specialist
Feeding America
Chicago, IL

Hannah Grahek '17
Communications B.A.
Senior Digital Marketing Specialist
Austin Pets Alive!
Austin, TX



Steve Stefanik '13
Psychology & Human Relations B.A.
Program Manager
Ronald McDonald House Charities
Chicago, IL



THIRD-ANNUAL PRIDE FESTIVAL

"Out at Iowa River Landing"

- John Lundell Keynote Speakers
(CJ Petersen, Iowa Stonewall Democrats, and Modesto "Tico" Valle, The Names Project Chicago)
- Honorary Host State Representative David Jacoby
- Honorary Guest State Representative Adam Zabner
- Pride Honor Roll Hall of Fame class of 2023 inductees

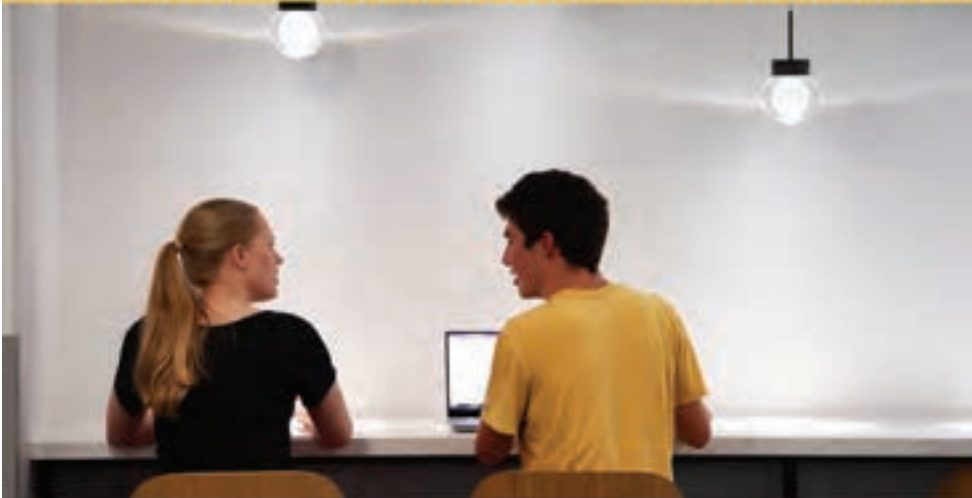
LIVE ENTERTAINMENT
FOOD AND BEVERAGE FOR ALL
INFORMATION AND VENDOR BOOTHS
ALL DAY FUN 3-7 PM

Hyatt Regency
in the Iowa River Landing Entertainment District
300 E. 9th St., Coralville
June 2, 2024

www.CoralvillePrideFestival.com
This a ROMLLC special event



CREATE YOUR OWN PATH



Interested in learning and helping professions outside of traditional classrooms?

The flexible and multidisciplinary
**Education Studies
and Human Relations**
(ESHR) major may be ideal for you.

Learn more at
education.uiowa.edu/explore-ESHR23

IOWA
EDUCATION



Breaking news,
top stories, Postgame
and more delivered
right to your inbox

The Daily Iowan

Sign up at dailyiowan.com/newsletters



IOWA PEP BAND

JOIN US!

Play for thousands of fans in Carver Hawkeye Arena.

Be part of the soundtrack for Iowa Basketball.

Travel to Big Ten and March Madness Tournaments.

BE PART OF A GREAT TRADITION!

For information regarding membership in the Iowa Pep Band, visit:

→ [HAWKEYEMARCHINGBAND.UIOWA.EDU/ABOUT/IOWA-PEP-BAND](https://hawkeyemarchingband.uiowa.edu/about/iowa-pep-band)



SPORT MEDIA & CULTURE B.A.

EXPLORE:

- ✓ Sporting Cultures and Controversies
- ✓ Past, Present, and Future of Sports
- ✓ Sports Media Industries
- ✓ Sports Media Creation
- ✓ Media's Role in Sport
- ✓ Diversity in Sport

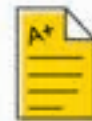


For More Info Access:

Apply Today!

Working on campus provides great opportunities for income and connection.

All campus dining locations are hiring!



STUDENT FIRST, EMPLOYEE SECOND

We'll help you create a schedule that works for you.



MAKE FRIENDS WHILE YOU WORK

When you work for University Housing and Dining, you're instantly part of a laid-back and social group of fellow Hawkeyes!



COMPETITIVE AND CONSISTENT PAY

No need to rely on tips — every student employee starts out earning \$12 per hour, with a dependable schedule.



EAT FREE EVERY SHIFT

Receive a free meal for every shift worked in a campus dining location. We'll make sure you don't leave hungry!

IOWA

University Housing
and Dining

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Institutional Equity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, oie-ui@iowa.edu.



UI DANCE MARATHON

returns in-person

Dance Marathon is best known for its “Big Event,” which involves 24 hours of being awake and dancing — no caffeine allowed — but the organization involves much more than that.

This year, the University of Iowa’s Dance Marathon was held fully in person for the first time since 2020. The 29th annual Dance Marathon raised a total of over \$1.1 million for the UI Stead Children’s Hospital.

Dance Marathon, which first began in 1994, is an organization on campus that’s goal is to provide support for children with cancer and their families. In 1994, the student-led philanthropy group raised \$31,000. In the nearly 30 years since then, they have raised over \$31.8 million.

Dance Marathon hosts several events over the year, but the main event is called “The Big Event.” “The Big Event” is typically held in February, as it was this year. The event marks the end of the

Dance Marathon year, which picks back up again at the beginning of each school year.

For a dancer to participate in “The Big Event,” they must raise a certain amount of money over the year for the organization. While the event emphasizes dancing, there are other activities during the 24 hours if someone is unable to dance the entire time.

Additionally, there are many student leadership roles within Dance Marathon. Dance Marathon is a vast organization, and it is split into teams so that everyone has access to the support they need. In addition to the leadership at the top, each team has its own “Morale Leader” and “Lime Captain” to help everyone involved participate.



Lillie Hawker/The Daily Iowan

Dance captions perform the morale dance during day two of the University of Iowa Dance Marathon at the Iowa Memorial Union on Feb. 4.

COMING SOON



IOWA CITY COMMUNITY THEATRE
is thrilled to announce its 68th season, 2023-2024

Our Town
by Thornton Wilder
directed by Kehry Anson Lane
September 8 - 17
Presented at the City Park Festival Stage

High Fidelity: The Musical
book by David Lindsay-Abaire
music by Tom Kitt, lyrics by Amanda Green
adapted from the novel by Nick Hornby
directed by Will Asmus
October 20 - 29

A Christmas Story
by Philip Grecian
based upon the motion picture
written by Jean Shepherd, Leigh Brown,
and Bob Clark
directed by Jeffrey Allen Mead
December 1 - 10

Inherit the Wind
by Jerome Lawrence and Robert E. Lee
directed by Brian Tanner
February 2 - 11

Significant Other
by Joshua Harmon
directed by Michele Hinz
April 5 - 14

Once Upon a Mattress
book by Jay Thompson and Dean Fuller
music by Mary Rodgers, lyrics by Marshall Barer
directed by Jean Grewe
May 17 - 26
Presented at the City Park Festival Stage

For more information, please visit our website,
www.iowacitycommunitytheatre.org,
or look us up on Facebook.



UI DANCE MARATHON

**Join the largest
student organization
on campus!**



Hawkeyes embracing identities: Multicultural and international student support at the UI

The Office of Multicultural and Interational Student Support and Engagement strives to support University of Iowa students with underrepresented identities along with a variety of student organizations, events, and programming.

The five Office of Multicultural and International Student Support and Engagement areas, diversity programming, and more than 100 different multicultural organizations help to make the University of Iowa campus as inclusive as possible.

Each branch of MISSE seeks to provide a "Home Away From Home" environment and help students succeed both academically and socially throughout their college experience. Cultural centers also offer a variety of intra-cultural and cross cultural educational and leadership opportunities.

Afro-American Cultural Center:

Dubbed with the nickname "the Afro House," the Afro-American Cultural Center was founded in 1968 and is a space to recognize and empower Black students. Throughout the 2020-21 school year, the center operated entirely virtually under new coordinator Shalisa Gladney. The Afro-House has remained active on social media and posts information on programming to its Instagram regularly. Students can follow @uiowaafrohouse for more information on events and ways to get involved.

Latino Native American Cultural Center:

Frequently referred to as the LNACC, the Latino Native American Cultural Center was formed in 1971 and just celebrated its 50th anniversary of being a safe space and haven for students on campus. The center aims to help students develop authentic relationships and foster a sense of belongingness and pride for their cultural heritage. The center currently operates under the leadership of recent UI and LNACC alumni, Isabela Flores, and had entirely virtual programming during the 2020-21 school year. Students looking to get involved with the center can find it on the MISSE website or get information on events, celebrations, and programming on the @uiowalnacc Instagram page.

Asian Pacific American Cultural Center:

Known as the APACC, the Asian Pacific American Cultural Center serves to provide a space for Asian American and Pacific Islanders at the UI.

Established in 2003, the center's mission is to foster fellowship and community building while creating a positive atmosphere of affirming and healing student identities. APACC has remained active virtually

Pride Alliance Center:

The Pride Alliance Center, or Pride House, creates a space on campus aimed at supporting student wellness and enabling a

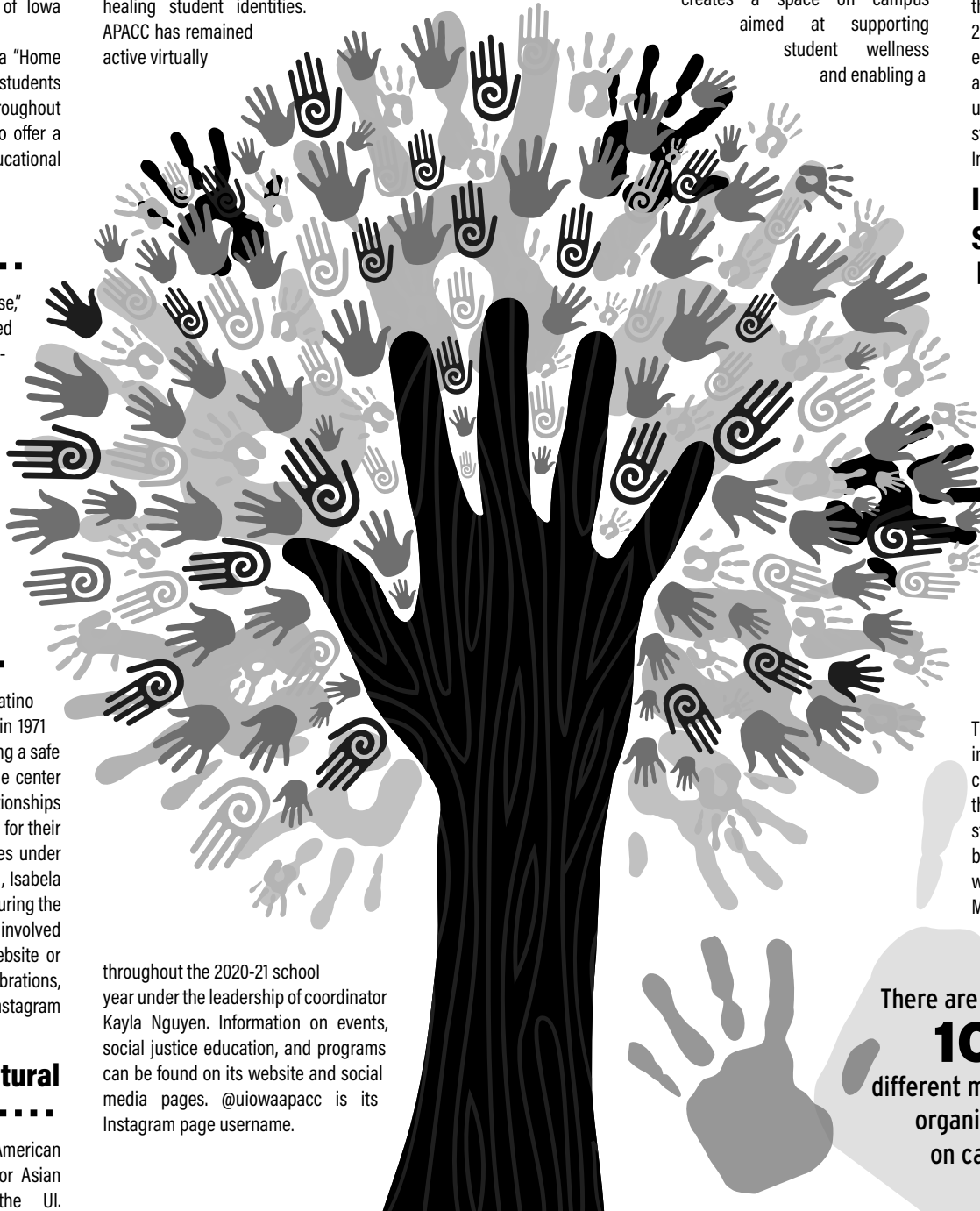
nurturing environment for LGBTQ+ students. After opening its doors in 2006, the Pride House has offered a place and programming for students to engage with the UI community and exist authentically. During the 2020-21 school year, the center's programming was entirely virtual and led by coordinator Emma Welch and a team of student leads. For more information on upcoming events, campaigns, and info sessions, students can check out @uiowapridehouse on Instagram.

International Student Support and Engagement:

The International Student Support and Engagement, ISSE for short, is an initiative focused on supporting the international student experience. International student support and engagement became a part of MISSE in 2017 and has been expanding on campus ever since. ISSE is led by coordinator Shuhui Lin and is located in the Iowa Memorial Union. ISSE regularly posts information about community events and other information on social media with an instagram handle of @uiowaisse.

Multicultural and International Student Organizations:

The UI has more than 100 different multicultural and international student organizations that exist on campus and have operated both in person and virtually throughout the pandemic. Some of the groups include student-issue based organizations, major/field of study based organizations, or Fraternity and Sorority life within the National Pan-Hellenic Council and Multicultural Greek Council.



throughout the 2020-21 school year under the leadership of coordinator Kayla Nguyen. Information on events, social justice education, and programs can be found on its website and social media pages. @uiowaapacc is its Instagram page username.

There are more than **100** different multicultural organizations on campus

Working in journalism at the UI

Both journalism and non-journalism majors can have the opportunity of experiencing what it is like working in the news.

The Daily Iowan

The Daily Iowan is an independent, student-run newspaper at the University of Iowa. The *DI* reports on news occurring in Iowa City and Johnson County, as well as news and art events happening within the UI. The paper also reports on politics happening at the local and national levels through its Ethics and Politics Initiative.

Students can apply for paid positions at the *DI*, where they can develop their skills in the many different areas of journalism, such as reporting, photography, and broadcasting. The paper focuses its reporting on the university and the Johnson County area.

Students can write in various sections, including politics, sports, news, opinions, Amplify, and arts.

Those interested in gaining experience in photojournalism can photograph events and important people around the Iowa City area, as well as covering the university's sporting events.

The broadcasting wing of the news organization, DITV, has three student-produced live broadcasts a week aired on local TV and YouTube.

The *DI* has been recognized with several awards for its reporting and broadcasting throughout the years, including winning the Iowa Newspaper Association's Newspaper of the Year award two years in a row in 2020 and 2021!

The paper has taken home nine national Newspaper Pacemaker awards, most recently occurring in 2022. The pacemaker award is the equivalent of a "Pulitzer Prize" in college-level journalism.

DITV took home 19 awards in the 2022 Iowa Broadcast News Association contest, including first place in overall excellence among broadcast journalism in Iowa.



89.7 FM

KRUI Radio

379 Iowa Memorial Union
The University of Iowa,
Iowa City, IA 52242

Phone:
319.335.9525



Daniel McGregor-Huyer/The Daily Iowan

KRUI is seen in the Iowa Memorial Union on April 29, 2022.

The UI also has a home for radio broadcasting in KRUI, the university's student-run radio station.

Located in the Iowa Memorial Union, KRUI covers local news on both the radio station and its website while also playing a large variety of music, including alternative rock, jazz, hip-hop, and more.

KRUI aims to serve as an educational center for students seeking to learn about broadcasting and radio, as well as providing

listeners with "a unique program of music, news, and sports."

Students can apply for both paid and volunteer positions, where they can gain experience in radio broadcasting and audio production and get on-the-job experience.



Learn more about opportunities at *The Daily Iowan* at:

dailyiowan.com/jobs

Get involved with UI Undergraduate Student Government

Students who are interested in serving as a voice for the undergraduate student body may want to join student government and serve as a senator.

The University of Iowa Undergraduate Student Government serves all 22,000 undergraduate students at the university through weekly senate meetings, committees to represent all different areas of campus, and advocating for students at a variety of levels.

In its mission statement, USG states the organization "exists to represent, serve, and empower all University of Iowa undergraduate students." Senators and executives' duties include acting as the voice of the undergraduate student body by voicing concerns and comments to outside organizations including the state Board of Regents, the Iowa Legisla-

ture, and other local/federal legislators. USG is also in charge of allocating certain funds on campus.

Most recently, USG passed legislation to give \$25,000 from its fund to the UI Food Pantry and \$20,000 to upgrade technology in the IMU.

Students can run in an election for a USG position, which takes place every March for President, Vice-President, At-Large Senators, Independent Senators, and Constituency Senators. If students are looking to get involved as soon as possible, they can apply to be a senator or an executive when they arrive at the university in the fall.



Matt Sindt/The Daily Iowan

Candidates Carly O'Brien and Mitch Winterlin speak during a University Student Government debate in the Iowa Theater in the Iowa Memorial Union on March 26.

Meet the new USG President

Newly elected Undergraduate Student Government president Mitch Winterlin leads the University of Iowa in more ways than one.



Shuntaro Kawasaki/The Daily Iowan

Student Body President Mitch Winterlin and Student Body Vice President Carly O'Brien of Undergraduate Student Government pose for a photo in front of the Old Capitol in Iowa City on May 5.

Serving as Director of Internal Communication, Paws at Iowa Morale Director, Homecoming Executive Council Peer Mentor, First Gen Hawks Intern Coordinator, and now President of Undergraduate Student Government during the 2023-24 academic year, University of Iowa third-year student Mitch Winterlin has a mountain of accomplishments accompanying his short time at the university.

Winterlin is a first-generation student and a native of Bettendorf, Iowa. He is majoring in psychology and social studies education at the UI and previously served as Director of Student Services for USG.

"The years of middle school really made me like a big introvert ... I just kind of became this like really extroverted and strong person who like had this passion for leadership," Winterlin said.

During his time at the UI, Winterlin has reviewed various initiatives surrounding student services, such as facilitating airport shuttles for students and being the main point of contact for the UI's ORG TIP\$ program.

ORG TIP\$ is designed to inform student

leaders on issues including diversity and inclusion, sexual assault prevention, and mental health and wellness. The program allows leaders to participate in training offered through various campus outlets and, upon completion, can receive money for student organizations ranging from \$75 to \$125.

Additionally, Winterlin is one of the five co-founders of the student organization Paws at Iowa. The organization works to improve mental health support through accessibility to therapy animals on campus. In December 2022, Paws at Iowa won first place at the Hawkeyes Hustle Pitch Competition and received \$850 for the organization.

Winterlin's running mate, USG Vice President Carly O'Brien, has several accomplishments under her belt as well. O'Brien works as a LiveWELL Diabetes Prevention Program Intern, Director of Operations for USG, and is currently serving as a USG senator.

The pair won 51 percent of the vote against former vice president Vera Barkosky and Director of Finance Robert Jepsen.

Participation in the USG election was

particularly elevated compared to previous years. With 1,570 voters this year compared to 2022 when 699 voted.

The pair plan to focus on four areas which they termed the M.O.R.E. plan, which encompasses mental health, outreach, revitalization, and equity.

Regarding mental health, Winterlin said Paws at Iowa is something they seek to continue and expand.

"Mental health is a huge priority for us this year and we really want to see embedded therapy dogs all around campus and different campus partners, offices, and each college," Winterlin said.

O'Brien said outreach would provide more accessibility to USG for students by having available office hours.

"We talked to the President or VP or any other USG executive booth where we actually move all of our office hours down to that first floor, so we get more of that foot traffic, is something that we really hope to do and are excited about," O'Brien said.

Winterlin said his ultimate goal is to teach social studies and leadership skills in hopes of inspiring future students.

How to be politically active on campus

Several political organizations are housed at the University of Iowa for students to join.

Historically, Iowa has been the first state to have a say in the nation with the caucus. While that may not still be true for the Democratic Party, the strong political environment established the University of Iowa as a great place to be politically active.

Throughout the year, many Iowa politicians and national politicians make their way through campus and Iowa City.

The UI offers many different political organizations that allow students to foster their interests in politics.

These organizations hold meetings and provide a safe space for their members to share and discuss events, ideas, and beliefs.

UNIVERSITY OF IOWA UNIVERSITY DEMOCRATS

The University of Iowa University Democrats at Iowa is a partisan organization that aims to bring positive social change to campus and the Democratic Party. It hosts political forums on campus and brings candidates for several elections to engage with UI students.

The group strives to influence the Democratic Party on campus and around the state and the Johnson County Democrats, according to its website.

Another group on campus is the Young Democratic Socialists at Iowa. It is a left-wing activist group focusing on race, gender, and economic equity.

UNIVERSITY OF IOWA COLLEGE REPUBLICANS

The University of Iowa College Republicans is another partisan organization on campus that aims to spread and foster conservative thoughts and beliefs throughout the UI.

Through its meetings, students can meet other like-minded individuals. The College Republicans brought former President Donald Trump's Campaign Manager Kellyanne Conway to campus in April.

In addition to the College Republicans, there is Young Americans for Freedom, which is another conservative group on campus.

OTHER POLITICAL OPPORTUNITIES

Incoming students can also be a part of the Political Matters Living Learning Community, where students interested in politics, government, and social work live together on campus in a residence hall.

Pi Sigma Alpha is an Honors Society specifically students can join that is dedicated to students interested in politics. This organization strives to recognize merit achievement by UI students in the field of political science and public affairs.

HAWK THE VOTE

With the 2024 caucus season around the corner, a handful of student groups will be busy registering voters, courting presidential candidates, and educating students on their civic duty — voting.

Hawk the Vote, a non-partisan student group aimed at civic engagement and education, helps hundreds of Hawkeyes register to vote in Iowa or update their address to vote in Iowa City instead of having to travel back to their hometown to vote.

To register to vote visit vote.uiowa.edu/register-vote for more info or visit the Johnson County Auditor's office at 913 S. Dubuque St.

With President Joe Biden leading the Democratic nominees as the incumbent, the Republican caucuses will decide who will run against the Democratic nominee.

Anyone registered to vote in the state of Iowa can caucus with their declared party on Feb. 5, 2024.

Greek life at the University of Iowa

Interested in joining Greek Life at the University of Iowa?
Read about your different options and how you can get started here.

Shortly upon your arrival at the University of Iowa campus, you'll notice that Greek life is a common and important aspect to university students, and it has been since 1886 when Greek life first came to the UI.

All sororities and fraternities on campus partake in various activities together throughout the year, but always have one common goal in mind: furthering the bond within the Fraternity and Sorority community. They do this by putting emphasis on developing a better understanding of each other while serving others and achieving academic excellence.

If this seems like something you may be interested in, check out the orientation dates for Greek life on campus, which can be found on the UI website under "Fraternity and Sorority Life." The "Joining Requirements" page will give you all the information you need to know about connecting with Greek life at the UI.

There are a lot of different options for students looking to join Greek life at the UI, which has four different councils:

The **Interfraternity Council** works to endorse scholarship, leadership, sportsmanship, and brotherhood to unify the fraternity community.

The **Multicultural Greek Council** promotes multicultural awareness to improve relations among all campus fraternities and sororities.

The **National Pan-Hellenic Council** was established on the belief of brotherhood/sisterhood, high scholarship, leadership, and service to others, and is historically available to African American students.

Lastly, the **Panhellenic Council** consists of women who work together to unite sororities, empower women, focus on common goals, and create a network of support for chapters and members.

Within these four councils, over 3,600 students at the university are involved in Greek life and there are currently 45 chapters to choose from.

Greek life houses at the University of Iowa



Infographic by Marandah Mangra-Dutcher



Opportunities to experience being in the military as a student

Students at the University of Iowa can benefit from joining the various military organizations on campus.



Ayrton Breckenridge/The Daily Iowan

University of Iowa Army ROTC Cadets complete hand release push ups during an Army Combat Fitness Test (ACFT) at the Iowa Army National Guard Readiness Center in Iowa City, Iowa on April 27, 2022. The test consisted of deadlift, standing power throw, hand release push ups, sprint drag carry, plank and a two-mile run.

For University of Iowa students who are looking to get involved on campus and become active in the military, the university offers two branches of ROTC programs, giving students the opportunity to train for either the Army or the Air Force branches.

Air Force

The Air Force ROTC program at the UI allows members to maintain the typical college life of a student while also taking part in a supportive community full of fellow Hawkeyes in the ROTC.

To be eligible to participate in the university's Air Force ROTC branch, students must maintain at least a 2.50 GPA in addition to maintaining the adequate health and fitness required to pass the Air Force Officer Qualifying Test.

Students are also required to take aerospace studies courses, which will allow them to meet their respective graduation requirements. Upon graduating, Air Force ROTC students are commissioned as second lieutenants and advance into a field with more than 140 prospective options.



Army

The Army ROTC gives students the opportunity to experience top-notch leadership and management skills that are needed to become a future U.S. Army Officer or for other career paths.

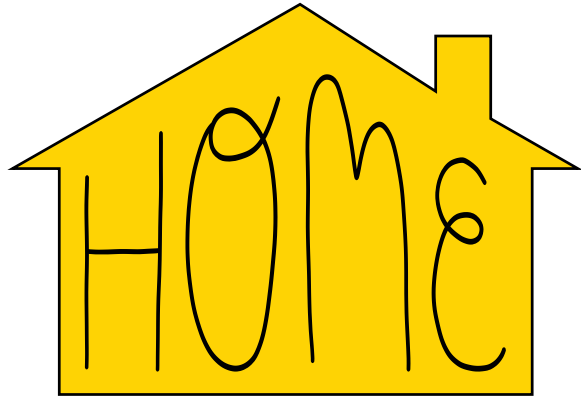
Enrolling in ROTC does not automatically sign students up to join the Army or put an obligation on them. Rather, students will take an ROTC class where they can receive college credit.

Requirements to join the university's Army ROTC program include being enrolled as a full-time UI student, being a U.S. citizen, and maintaining at least a 2.50 GPA.

Upon graduating, Army ROTC members are commissioned as U.S. Army Second Lieutenants and will receive specialized training in one of the 17 different Army branches and various opportunities for advanced leadership positions and post-graduate education.



International students find a



in Iowa

There are a plethora of opportunities and resources for international students to find support as they navigate higher education in the U.S.

The University of Iowa has a strong international student body from across the globe. With more than 200 programs for majors, minors, and certificates, international students can enroll in one of the top-ranked universities in multiple areas of study.

International Students and Scholar Services assist both students and scholars with immigration matters. In fall 2021, more than 2,000 international students either studied or conducted post-graduate research at the UI.

The most international UI graduate and undergraduate students come from China with 627 students, India with 362 students, and South Korea with 159 students, according to 2022 international student enrollment data.

International programs at the university are motivated by four pillars: student success, research and discovery, engagement, and diversity, equity, inclusion, and collaboration. The international program also offers a passport station for students to renew or apply for passports. There are currently eight academic centers and programs that provide workshops, seminars, and lectures.

The international program offers a range of opportunities like international internships, semester-length programs, and study abroad opportunities.

The International Writing Program provides creative writers around the globe the opportunity to expand their creative skills. Since the program was founded in 1967, more than 1,500 writers from 150 countries have resided at the UI.

Identified writers like poets, non-fiction, and fiction writers have the option to write or research. Participants are not enrolled in UI courses and do not receive a degree.



Empowering STUDENTS IN COLLEGE & BEYOND

Collins Community Credit Union's student members enjoy lots of benefits to help them master their money – like powerful checking accounts, 24/7 digital banking tools, and access to The Collective, a unique study hall space built just for college students with free perks for members, including:



Financial wellness events and workshops



Wi-Fi and individual/group study spots



Snacks and beverages



Students can scan here to join Collins today!

The Collective Iowa City
124 East Washington St.
Iowa City, IA 52240



Federally Insured by NCUA. © 2023 Collins Community Credit Union.

Stay informed and connected



@CityofIowaCity

Tips and tricks for first-time renters



Learn to **spot red flags** when apartment hunting, and where to go and who to contact with **leasing**, **unresolved housing repairs**, and **housing discrimination** concerns. Get information about **assistance animals**, **garbage/recycling**, and **much more!**



icgov.org/RentalTips



Subscribe

Keep up-to-date on City information and news including events and service notices.

icgov.org/Subscribe



Employment opportunities

Search available jobs. The City is a great place to work!

icgov.org/Jobs



Make a payment

Pay your utility bills and parking tickets online.

icgov.org/EZpay



Avoid a tow!

Street parking is limited to 48 hours. Follow all parking signs and know what to do during a snow emergency!

icgov.org/Snow

NEW DONORS RECEIVE \$400 IN FOUR DONATIONS

Present this card to claim.

Grifols Biomat USA
408 South Gilbert St.
Iowa City, IA
(435) 753-7802

Scan to
Learn More



FRIENDS HELP SAVE LIVES TOO. Ask about our Buddy Bonus!

*Must be 75-89 years of age, weigh at least 170 pounds, and be in general good health to donate. In addition to meeting donor donation criteria, you must provide a valid photo ID, proof of current address, and proof of Social Security number (or SIN for Canadian residents) to donate. Valid for one donation at participating centers only. Management reserves all rights. Compensation amounts are subject to change.

grifolsplasma.com

© 2023 Grifols. All rights reserved.

GRIFOLS



STUDENT HOUSING

Tips and tricks to living independently and finding an apartment in the '319.



ASPIRE
— at West Campus —

EMBRACE. *elevate.* ASPIRE.

Come experience life at Aspire at West Campus, an exclusive graduate student and faculty community conveniently located on the University of Iowa campus.

NOW LEASING 1 & 2-BEDROOM APARTMENTS



COMMUNITY AMENITIES

- Business center with wireless printers – first 50 b/w prints are free every month!
- CAMBUS bus stop
- Community center
- Conference room & study lounges
- Fitness center
- Located on the University of Iowa campus
- Micro-market
- Outdoor courtyard with grills, TVs & fire pits
- Pet friendly with newly expanded dog park
- Playground
- Professional on-site management & maintenance
- Sand volleyball court
- Walking & biking trails

VISIT OUR WEBSITE FOR SPECIALS!

APARTMENT AMENITIES

- Cable TV & internet included
- Central heating & air conditioning
- Fully-equipped kitchen with energy efficient appliances
- In-unit laundry
- Spacious floor plans
- Water, sewer & trash included
- Wood-style flooring



APPLY TODAY

AspireAtWestCampus.com / 319.464.0902

REPORT HOUSING DISCRIMINATION

icgov.org/FairHousing

319-356-5022

*Reporting can prevent further
discrimination against you and others.*



 @ichumanrights
 icgov.org/subscribe



2871 Heinz Rd., Suite B
Iowa City IA 52240 (At Saddlebrook)
Phone 319.354.1961 • Fax: 319.351.0070
www.ammanagement.net

PARISH APARTMENTS



Located at 108 McLean Street in Iowa City near the University of Iowa Art building. This historic building includes original detail as well as modern updates. Perfect location for graduate and medical students as well as young professionals.

All units are studio apartments. \$930-\$1100/month with free parking.
Must have prior rental history and established credit history.

THE BANKS

STUDENT LIVING

Get **\$150 OFF** your first month's rent
when you mention code, "POOLSIDE"
on your tour!



Unparalleled Views - Exceptional Style - Nonstop Luxury



104 E 7th St.
Coralville, IA 52241

www.TheBanksIowa.com
319-383-0337

Living in UI residence halls

Find which University of Iowa residence hall best fits your student experience.

The University of Iowa has nine campus residence halls open to first year, returning, and transfer students. The residence halls are located on both the west and east sides of campus.

East side residence halls include Burge, Catlett, Currier, Daum, Mayflower, and Stanley with dining halls in Burge and Catlett. West-side residence halls include Rienow, Petersen, Slater, and Hillcrest, with a dining hall in Hillcrest. Dining hall meals can be paid for with a campus meal plan and flex meals for students who do and don't live on campus.

There are also convenience stores located around campus that accept flex meals or Hawk Dollars as payment. Students can also buy food, drinks, and other necessities at on-campus stores, called C-stores, in Burge, Mayflower, and Hillcrest Residence Halls.

Hillcrest, Rienow, Slater, and Petersen are closer to the UI sporting arenas and complexes as well as the UI Hospitals and Clinics. Burge, Catlett, Currier, Daum, and Stanley are located closer to the Pentacrest and downtown Iowa City.

Every residence hall has different amenities, but all have at least one dedicated area for laundry services and study areas. Catlett, Currier, Hillcrest, and Mayflower have fitness centers for students.

Students can also choose to live within a Living Learning Community on campus, where students with similar interests and identities live in an area set apart from other dorm rooms.

There are 14 LLCs on campus including "Unidos" for students who identify as Hispanic, "Young, Gifted and Black" for students who identify as African American, and a multitude of others based on majors and identities.



Catlett Residence Hall is seen on April 27.

Cody Blissett/The Daily Iowan



*It's your move: houses,
condos, townhomes,
Ready to move when you are!*

22+ Years Real Estate Experience

KATHY FOBIAN

REALTOR, ABR, CBR, ASB, BROKER ASSOCIATE

Call or text

319.321.6550

PLEASE VISIT

www.kathyfobian.com






River City
Property Management
and Sales, L.L.C.

**Houses, Condos, Apartments,
Duplexes, Zero-lots**

*Now leasing for immediate,
summer and fall availabilities*

1550 S. Gilbert St.,
Iowa City • 887-2187
info@rivercityprop.com



www.rivercityprop.com

Off-campus housing in Iowa City

Tricks and tips for apartment hunting in Iowa City.

Do most students live in residence halls during their first year at the UI?

Over 90 percent of first-year students decide to live in the residence halls. The University of Iowa does not require first-year students to live on campus, but it is more common for students to move into apartments during their second, third, or fourth year at Iowa.

Where do students find apartments?

There are a variety of services to find an apartment in Iowa City. For example, the

UI has an "off-campus living" page on its website where students can find options for available rentals. Talking to upperclassmen who live in apartments is also a great way to start collecting recommendations for the best places on campus.

How do students set up apartment tours?

Most rental companies should have an email or phone number that students can reach out to. It's a good idea to look at an apartment before signing a lease and to start looking early as many students sign leases in the fall or early winter.



An apartment building seen in downtown Iowa City on May 2.

Averi Coffee/The Daily Iowan

IOWA CITY RENTAL COMPANIES:

- AM Management
- Apartments at Iowa
- Apartments Downtown
- Apartments in Iowa City/Hodge
- Apartments Near Campus
- ASI Property Management
- Aspire at West Campus
- Barker Apartments
- Big Ten Property Management
- Campus Life and Style (Hawks Ridge)
- Campus View
- Cruise Properties LLC
- Hawkeye Campus Properties LLC
- Heritage Property Management
- J Michael Real Estate
- Keystone Property Management
- McLaughlin Rental Properties
- Penningroth Apartments
- Prestige Properties LLC
- Rentals IC
- Rise at Riverfront Crossings
- River City Property Management
- Southgate Companies
- Tailwind Management (The Quarters)
- Watts Group REntals
- Westwinds Real Estate



2871 Heinz Rd., Suite B
Iowa City IA 52240 (At Saddlebrook)
Phone 319.354.1961 • Fax: 319.351.0070
www.ammanagement.net

SYCAMORE



DOGS & CATS ALLOWED

Located on the south side of Iowa City in a quiet, country setting.
2 Bdrs - \$980-\$1120
Washer/Dryer Hookups In Most Units
On-Site Laundry In Every Building
Near City Walking/Biking Trails
Free Parking
Garages Available

THE OVERLOOK

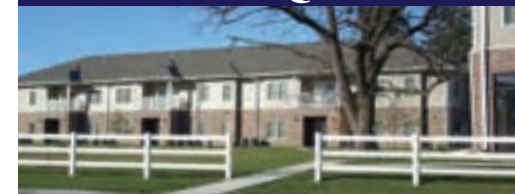


DOGS ALLOWED

1 Bdr - \$975-\$1015
2 Bdrs - \$1110-\$1150
Stainless Steel Appliances
Secured Entries
Laundry Hookups In Each Unit
Washer/Dryer In Some Units
Balconies/Patios
Clubhouse Access

CATS ALLOWED

TOWN SQUARE



1 Bdr - \$915-\$965 • 2 Bdrs - \$1060-\$1140
Laundry Hookups In Most Units
Balconies/Patios
Secured & Private Entrances
Clubhouse Access

MANE GATE



1 Bdr - \$915-\$965 • 2 Bdrs - \$1065-\$1235
3 Bdrs - \$1245-\$1385
Laundry Hookups & Fireplaces In Each Unit
Balconies/Patios
Clubhouse Access

IOWA CITY'S BIG 3



Telluride

278 E Court St

- First Floor Lounge Area
- Fully Furnished
- Internet Included
- 1-5 Bedroom Units Available

Whistler

416 E Iowa Avenue

- First Floor Lounge Area w/Full Wet Bar
- Roof Top Grilling Area
- Fully Furnished
- 1-3 Bedrooms
- Big Screen Smart TV Included
- Internet Included



Breckenridge

707 S Dubuque Street

- First Floor Lounge Area
- Roof Top Grilling Area
- Fully Furnished
- 1-3 Bedrooms
- Big Screen Smart TV Included
- Internet Included



J Michael Real Estate 608.233.4440 | www.iowa-city.apartments



YOU DESERVE THE BEST

VOTED
THE BEST
APARTMENT
COMPLEX
IN IOWA CITY FOR
THE 2ND YEAR!

Now Leasing
FOR FALL 2023

- HUGE FITNESS CENTER
- GOLF SIMULATOR
- TWO RESORT-STYLE POOLS
- YEAR-ROUND HOT TUB
- GAME/THEATER ROOM
- IN-UNIT LAUNDRY
- FREE PARKING
- FREE SHUTTLE BUS TO CAMPUS, IOWA CITY, AND CORALVILLE



the QUARTERS

TEXT **"LEASE"** TO
319-313-2229
TO SCHEDULE A TOUR

Rates as low as
\$570/MONTH
THEQUARTERSIOWACITY.COM

BRINGING THE CITY TO IOWA CITY

RISE

— AT RIVERFRONT CROSSINGS —

The Flats at Rise

BRAND NEW 3 Bedroom
Suites Available

Studios-3 Bedrooms Available

Discover cutting-edge, distinctive living at an enviable downtown Iowa City address, just minutes from The University of Iowa.



ELEVATE YOUR LIVING EXPERIENCE

(319) 449-3223 | RISEATRIVERFRONTCROSSINGS.COM | 435 S LINN ST, IOWA CITY, IA 52240 f @ &

58 | THE DAILY IOWAN HAWKEYE VIEW | WEDNESDAY, AUGUST 23, 2023 | DAILYIOWAN.COM



SPORTS & FITNESS

The University of Iowa is home to Big Ten sports, workout spots, and intramural sports.





STUDENT *Health*

MEDICAL SERVICES

Care for illness and injury
COVID-19 and flu vaccinations
Immunizations
LGBTQ+ services
Mental health/psychiatric care
Nurseline
Physicals
STI evaluation and treatment
Sexual and reproductive health care

→ [STUDENTHEALTH.UIOWA.EDU](https://studenthealth.uiowa.edu)

CONTACT

Appointments:
319-335-8394
Nurseline:
319-335-9704
General Phone:
319-335-8370

STUDENT *Wellness*

SERVICES

Free Consultations:
Alcohol, Tobacco,
and Drug Support
Fitness
Nutrition
Sleep
Stress Management
Wellness Coaching

→ [STUDENTWELLNESS.UIOWA.EDU](https://studentwellness.uiowa.edu)

EVENTS AND PROGRAMS

Cooking Workshops
Intuitive Eating
Light Therapy
Mindfulness

CONTACT

Appointments:
319-335-8394

Kickin' it at Kinnick

The University of Iowa's football stadium hosts thousands of Hawkeye fans every fall.



Ayrton Breckenridge/The Daily Iowan

Fans watch a football game between No. 18 Iowa and No. 17 Indiana at Kinnick Stadium on Sept. 4, 2021. The Hawkeyes defeated the Hoosiers 34-6. It has been 651 days since fans were allowed into Kinnick.

The Iowa football team is hoping for better offensive production in 2023.

The Hawkeyes finished 8-5 last season for their worst season winning percentage since 2017 and averaged just 17.7 points per game — 123rd in FBS.

Offensive coordinator Brian Ferentz's contract was amended following the 2022 season to include performance objectives of at least 25 points per game and at least seven victories in 2023, including any regular season or bowl games.

In Iowa's final game of the 2022 season against Nebraska, starting quarterback Spencer Petras tore his rotator cuff and labrum, which required surgery and sidelined him for six to 11 months. Petras returned to the Hawkeyes, but he will not be playing this fall.

After the regular season ended, wide receivers Arland Bruce and Keagan Johnson, as well as second-string quarterback Alex Padilla, entered the transfer portal. Third-string quarterback Carson May entered the portal following the Music City Bowl on Dec. 31, 2022.

These departures on offense prompted Iowa head coach Kirk Ferentz to add to his roster.

The Hawkeyes picked up two Michigan

transfers — quarterback Cade McNamara and tight end Erick All, who were starters on the Wolverines' 2021 Big Ten Championship squad. McNamara was limited throughout spring practice because he was rehabbing from a November surgery on his right knee, but he is the clear-cut starter at quarterback for the Hawkeyes in 2023.

All cemented himself as an offensive asset during the spring and will be a top target

had 15 total tackles, six tackles for loss, and three sacks.

Graves is looking to become the Hawkeyes' next staunch pass rusher following the departure of Lukas Van Ness, who was drafted in the first round by the Green Bay Packers at No. 13 overall.

The Hawkeyes also lost defensive backs Riley Moss and Kaevon Merriweather and linebackers Jack Campbell and Seth Benson to

the NFL. Iowa ranked second nationally in scoring defense last season, surrendering only 13.3 points per game.

But there are also multiple returners on the defense, including sixth-year defensive linemen Noah Shannon and Joe Evans. Seniors Jay

Higgins and Kyler Fisher have taken over the linebacking room and sophomore Xavier Nwankpa and junior Cooper DeJean are projected to be a threat in the secondary.

Nwankpa appeared in all 13 contests last season but made his first career start in the Music City Bowl against Kentucky. He earned his first-career interception with a 52-yard touchdown return against the Wildcats.

DeJean, who set a single-season record with three pick-sixes in 2022, will most likely be the go-to return specialist this fall.

alongside fellow tight end Luke Lachey.

Lachey pulled in 28 receptions for 398 yards last season while playing with former Iowa tight end Sam LaPorta, who ranks 14th in career receiving yards for the Hawkeyes with 1,786 yards on 153 receptions. LaPorta was the 33rd overall pick in the 2023 NFL Draft.

Running back Kaleb Johnson and defensive lineman Aaron Graves were two of eight true freshmen to see action in 2022. Johnson set the Iowa freshman rushing record with 779 yards, while Graves appeared in 12 games and

2023 HOME GAME THEMES

Sept. 2	UTAH STATE	FryFest, Hall of Fame, Educator Day
Sept. 16	WESTERN MICHIGAN	Gold Out Game
Sept. 30	MICHIGAN STATE	Black Out Game
Oct. 7	PURDUE	Homecoming
Oct. 21	MINNESOTA	ANF Black & Gold Spirit Game
Nov. 11	RUTGERS	Military Appreciation Game
Nov. 18	ILLINOIS	Senior Day



Ayrton Breckenridge/The Daily Iowan

Iowa walks onto the field during a football game between Iowa and Iowa State at Kinnick Stadium in Iowa City on Sept. 10, 2022. The Cyclones ended a six-game Cy-Hawk series losing streak and defeated the Hawkeyes, 10-7. Iowa was favored to win the game by ESPN.



Ayrton Breckenridge/The Daily Iowan

Iowa head coach Kirk Ferentz talks with the team after a spring football practice at the Kinnick Stadium on April 22.



Jerod Ringwald/The Daily Iowan

Iowa defensive back Sebastian Castro sacks Kentucky quarterback Destin Wade during the 2022 TransPerfect Music City Bowl between Iowa and Kentucky at Nissan Stadium in Nashville. The Hawkeyes defeated the Wildcats, 21-0.

Iowa women's basketball looks forward after historic season

The team didn't win a national championship this year, but the Hawkeyes' 2022-23 season was still the most impressive the program had ever seen.



The Iowa women's basketball team made history during the 2022-23 season

The Hawkeyes went to the Final Four for just the second time in program history — the first since 1993. In the Final Four, Iowa took down then-defending champion South Carolina, breaking the Gamecocks' 42-game win streak, to advance to the national championship for the first time in Iowa's history.

Iowa couldn't finish the job, however, falling to LSU, 102-85, in the national championship game in early April. But the Hawkeyes still had a historic season, including a program-record 31 wins in a season.

The Hawkeyes also won the Big Ten Tournament Championship for the second straight season in 2022-23. Iowa took down Purdue, Maryland, and Ohio State — all NCAA Tournament teams — on its way to the conference title at the Target Center in Minneapolis, Minnesota, in early March.

Guards Caitlin Clark, Kate Martin, and Gabbie Marshall, forward McKenna Warnock, and center Monika Czinano started 92 games together over the course of three years — the longest streak in collegiate women's basketball history.

But now, the two-time reigning conference tournament champions will have to replace two vital pieces of their roster.

Warnock and Czinano left the team following their national championship run. Czinano, who ran out of eligibility, was drafted to the Los Angeles Sparks with the 26th pick of the WNBA Draft in April. Warnock, an aspiring dentist, decided to forgo her final season of eligibility to attend dental school.

The Hawkeyes also lost reserve forward Shateah Wetering, who transferred to Northern Iowa. Wetering appeared in just 14 games this season while coming off of an ACL tear.

Two commits will join the Hawkeyes in 2023-24: forward Ava Jones and guard Kennise Johnson-Etienne.

Jones may not be able to play for the Hawkeyes, as she suffered multiple serious injuries when she and her family



were hit by a car in Louisville in July 2022. Head coach Lisa Bluder said the Hawkeyes will honor Jones' scholarship no matter if she'll step on the court for the Hawkeyes in her career.

The key returner for the Hawkeyes in the 2023-24 season is junior guard Caitlin Clark. The unanimous national player of the year scored 1,055 total points in the 2022-23 season,

COACHES

Head Coach Lisa Bluder, Associate Head Coach Jan Jensen

KEY RETURNERS

Caitlin Clark, Kate Martin, Gabbie Marshall

WHERE THEY COMPETE

Carver-Hawkeye Arena

She was also the Hawkeyes' leading rebounder and assist generator with 270 and 327, respectively.

Clark nearly single-handedly willed the Hawkeyes to the Final Four with a 41-point triple-double in the Elite Eight in March, becoming the only men's or women's basketball player to record a 40-point triple-double in the NCAA Tournament.



Martin and Marshall will both return for a fifth year with the Hawkeyes in 2023-24 as well. The pair both started all 38 games in 2022-23. Martin recorded 77 points per game last season, while Marshall had 6.2 on 38 percent from deep.

The Hawkeyes are led by Bluder, who is entering her 24th season as Iowa's head coach. Associate head coach Jan Jensen will also start her 24th season with the Hawkeyes in 2023-24.

Iowa's season will start in November.

ABOVE: Iowa guard Caitlin Clark shoots the ball during the 2023 NCAA women's national championship game between No. 2 Iowa and No. 3 LSU at American Airlines Center in Dallas, Texas on April 2. Clark scored 30 points. The Tigers defeated the Hawkeyes, 102-85.

CENTER: Iowa center Monika Czinano, guard Gabbie Marshall, and guard Caitlin Clark talk to the media during the 2023 NCAA Sweet Sixteen press conferences and practices at Climate Pledge Arena in Seattle, WA on March 24.

BELOW: Iowa center Monika Czinano (25) shoots a layup during a basketball game between No.5 Iowa and Rutgers at Carver Hawkeye Arena in Iowa City on Feb. 12. The Hawkeyes defeated the Scarlet Knights, 111-57. Czinano scored 14 points.

Daniel McGregor-Huyer/The Daily Iowan

Men's basketball set to replace four starters

The Hawkeyes will have to adjust to life without Ahron Ulis, Connor McCaffery, Kris Murray and Filip Rebraca in 2023-24.

The Iowa men's basketball team will look a lot different in 2023-24.

This offseason, head coach Fran McCaffery will be tasked with replacing four starters from last year's team: guards Ahron Ulis and Connor McCaffery, forward Kris Murray, and center Filip Rebraca.

Those four players accounted for 58.6 percent of the Hawkeyes' scoring last season.

The quartet also pulled down 21.1 of Iowa's 36.6 boards per game in 2022-23. Murray and Rebraca were Iowa's first and second-leading scorers and rebounders a year ago.

Ulis entered the transfer portal on March 22, along with reserve big man Josh Ogundele, Connor McCaffery and Rebraca each ran out of college eligibility, and Murray announced he was going to enter the NBA Draft and hire an agent on April 7, forgoing his remaining eligibility.

Returning contributors from last year's 19-14 squad

that earned a No. 8 seed in the NCAA Tournament include starting point guard Tony Perkins, wing Patrick McCaffery, sharpshooter Payton Sandfort, and underclassmen guards Josh Dix and Dasonte Bowen.

Valparaiso transfer Ben Krikke will likely take Rebraca's place down low. The 6-foot-9 220-pounder from Alberta, Canada, averaged 19.4 points and 5.9 rebounds per game last season with the Beacons. He was named to both the All-Missouri Valley Conference first team and the league's most-improved team following the season.

The Hawkeye will welcome four freshmen to the 2023-24 roster, including Ladji Dembele from New Jersey, Owen Freeman and Brock Harding from Moline, Illinois, and Pryce Sandfort, Payton Sandfort's younger brother, from Waukegan, Iowa.

Pryce Sandfort is a 4-star recruit and the other three are 3-stars. Freeman and Harding were teammates on this year's 4A state champion Moline Senior High School team.



Ayrton Breckenridge
The Daily Iowan

Iowa forward Kris Murray embraces Director of Player Development Tristan Spurlock after a men's basketball game between Iowa and Michigan State at Carver-Hawkeye Arena in Iowa City on Feb. 25. The Hawkeyes defeated the Spartans, 112-106. Murray scored 26 points and 4 assists.



Ayrton Breckenridge
The Daily Iowan

Iowa guard Tony Perkins jumps to block a shot by Ohio State guard Bruce Thornton during a men's basketball game between Iowa and Ohio State at United Center in Chicago on March 9. The Buckeyes defeated the Hawkeyes, 73-69. Thornton scored 17 points and 6 assists.

A guide to UI workout spots and intramural sports

The university offers plenty of exercise opportunities for students living on campus's east and west sides.

Intramural sports

Intramural sports can be a great fit for students who aren't competing in an NCAA sport but want to stay active, competitive, and a part of a team. To participate, students must purchase an Intramural Sport Membership, which can be done on Iowa's Recreational Service website. Students can buy a membership by semester for \$25 or for a full year for \$45. Fifteen-dollar one-day tournament passes, and a \$10 single-game membership can also be purchased for short-term activities.

Hawkeyes can participate in four types of leagues: open, women, co-rec, and friendly. Open teams have no gender restrictions, women teams only allow women, co-rec teams must have the minimum number of male and female participants, and friendly teams can't participate in a playoff.

Another component of intramurals, Unified Intramural Sports, pairs intramural sports athletes with Special Olympic Athletes.

Club sports, such as the Iowa Track and Field Club and the Ultimate Frisbee team, also offer an outlet for competitive Hawkeyes to continue in athletics.

Workout spots on campus

University of Iowa Campus Recreation and Wellness Center

The biggest rec center on campus, the CRWC, boasts an Olympic-sized swimming pool, a 50-foot rock wall, basketball courts, an indoor track, free weights, cardio machines, and the Power Café — home to post-workout smoothies. Group fitness classes are also offered at the CRWC and the Fieldhouse free to students.

Fitness East

This smaller, less busy workout area is convenient for those living in east-side residence halls.

Fieldhouse

The go-to destination for those living on the west side of campus, the Fieldhouse is home to racquetball and basketball courts, a swimming pool, and was the university's main exercise facility until the CRWC was built in 2010.



Rohan Abernathy-Wee/The Daily Iowan

Workout equipment is seen in Hillcrest residence hall on March 9.

Bittersweet season for Iowa men's wrestling

The Hawkeyes ended the season without any individual national champions.

Many Iowa men's wrestling fans will remember the 2022-23 season as a disappointment despite a second-place team finish behind Penn State at the Big Ten and NCAA Championships.

The Hawkeyes failed to crown any individual national champions, as 125-pound Spencer Lee fell short of becoming Iowa's first-ever four-time national champion when he was pinned in the semifinals by Purdue's Matt Ramos and 141-pound Real Woods lost in the title match to Northern Colorado's Andrew Alirez, 6-4.

Instead of vying for third place, Lee medically forfeited the medal round and automatically finished sixth at 125 pounds for a career record of 98-6. Lee signed a five-year deal with the Hawkeye Wrestling Club and will stay in Iowa City to train for his future world and Olympic endeavors.

The Hawkeyes ended the year 15-1 overall and 7-1 in the Big Ten and managed to crown six All-Americans, including Woods, Lee, 149-pound Max Murin, 174-pound

Nelson Brands, and heavyweight Tony Cassioppi. This marked the 52nd consecutive tournament Iowa has had at least one grappler reach All-American status.

Iowa is expected to return seven of their 10 starters in the 2023-24 season along with the addition of some highly-touted commits who could make an immediate impact.

Ben Kueter, who committed to Iowa wrestling and football in September 2021, finished his high school career as a four-time state champion with a perfect 111-0 record. The Iowa City High graduate won a U20 World Wrestling Championship title in July, 2022, in Sofia, Bulgaria, and is expected to wrestle at heavyweight with the Hawkeyes.

Gabe Arnold, also out of Iowa City High, committed to Hawkeye head coach Tom Brands on New Year's Day in 2022. Arnold was a 14U and 16U freestyle and Greco-Roman national champion. He took home a 182-pound state title in March and is projected to compete at 174 or 184 pounds in college.



Ayrton Breckenridge/The Daily Iowan

No. 1 seeded 125-pound Iowa's Spencer Lee looks to the crowd after wrestling No. 16 seeded 125-pound Michigan's Jack Medley during session two of the NCAA Wrestling Championships at BOK Center in Tulsa, Okla. on March 16. Lee defeated Medley by technical fall, 17-0.

Iowa women's wrestling set to compete

Iowa Athletics sponsored the women's wrestling team in September 2021.



Ayrton Breckenridge

The Daily Iowan

Iowa's unattached 109-pound Ava Bayless wrestles Indiana Tech's Tehani Soares during day two of the 2022 Soldier Salute College Wrestling Tournament at Xtream Arena in Coralville, Iowa, on Dec. 30, 2022. Bayless defeated Soares, 10-0.

A program of firsts, the Iowa women's wrestling team will start competition in 2023-24.

The addition of a women's wrestling program at Iowa came because of a Title IX settlement in 2021, which mandated Hawkeye Athletics both keep the women's swimming program for seven years and add a new women's sport.

The state of Iowa already has a storied history with wrestling, as the men's wrestling program has won 24 national championships — most recently in 2021.

So, Iowa Athletics became the first Division I Power Five program to sponsor a women's wrestling team in September 2021.

The Hawkeyes hired Clarissa Chun, a former U.S. women's national team coach and Olympic bronze medalist in 2012, to lead the women's wrestling team. Chun had history with Iowa City before becoming the Hawkeyes' head coach, as she qualified for the 2012 London Olympics at Carver-Hawkeye Arena.

Chun was an assistant coach on the women's national team from 2017-21, helping Team USA to 17 World and four Olympic medals. Associate head coach Gary Mayabb also came to the Hawkeyes from Team USA — he was the manager of Greco-Roman wrestling. Mayabb was also an official for 32 years, with 11 of those in Big Ten men's wrestling. Finally, Tonya Verbeek came to the Hawkeyes as an assistant after coaching the Canadian National Team.

The Hawkeyes have multiple Olympic-caliber wrestlers on their roster for the 2023-24 season. Kylie Welker was the No. 1 pound-for-pound recruit at the time of her commitment to the Hawkeyes, and she was a 2021 Junior world champion and U23 World bronze medalist at 170 pounds.

Felicity Taylor transferred to Iowa from McKendree, where she was a National Collegiate Women's Wrestling Championship national champion. She also won a U23 world championship in April at 116 pounds.

Bella Mir, the daughter of two-time UFC champion Frank Mir, will also wrestle for the Hawkeyes in 2023-24. Bella Mir is a four-time Nevada girls wrestling champion and ranked sixth nationally at 144 pounds. She also has a 3-0 record as an MMA fighter.

The Hawkeyes have not yet released their competition schedule for 2023-24, but the season will likely coincide with men's wrestling — both teams will start competition in November. Women's wrestling will compete at Carver-Hawkeye Arena, sharing the space with men's wrestling, women's basketball, and men's basketball in the winter season.

As the Hawkeyes are still the only Power Five women's wrestling team in the nation, they will likely compete against lower-level Division I, Division II, Division III, and NAIA teams in their first season on the mat.

Right now, it is unclear if the women's wrestling team will compete as a team in the postseason. There is no Division I women's wrestling championship, but the Hawkeyes may compete in the National Collegiate Women's Wrestling Championship, which is usually held in early March.

COACHES

Head Coach Clarissa Chun,
Associate Head Coach Gary Mayabb,
Assistant Coach Tonya Verbeek

KEY WRESTLERS

170-pound Kylie Welker
144-pound Bella Mir
116-pound Felicity Taylor

WHERE THEY COMPETE
Carver-Hawkeye Arena

Iowa field hockey returns seven starters

The team is seeking another strong season with a full roster of returning players.

The Iowa field hockey team finished its fall season with a 12-8 overall record to go along with a 4-7 mark against Big Ten opposition.

Starting the season ranked No. 5 nationally, the Hawkeyes went 1-1 in the Big Ten/ACC Challenge, picking up a double-overtime win over then-20th-ranked Wake Forest and an overtime defeat to then-second-ranked North Carolina.

Returning to Iowa City for a five-game homestand, the team went undefeated over that stretch. Then on the road

against top-ranked Northwestern, Iowa pulled off the upset with a 2-0 victory. After this contest, the team went 4-5 the rest of the regular season to drop their national ranking to No. 9 heading into the Big Ten Tournament.

In the first round of the tournament, the Hawkeyes were shut out by Michigan after dropping two matches to the Wolverines during the regular season.

In the NCAA Championships, then 11th-ranked Iowa defeated No. 5 Virginia, 2-1, in the first round via shootout, but then fell in the next round to third-ranked Northwestern via a 2-1 heartbreaker.

In 2023, the Hawkeyes will return seven starters, including second-team All-American Esme Gibson and senior Alex Wesneski.



Daniel McGregor-Huyer/
The Daily Iowan

Iowa midfielder Esme Gibson battles for the ball during a field hockey game between Iowa and Rutgers at Grant Field in Iowa City on Sunday, Oct. 2, 2022. The Hawkeyes defeated the Scarlet Knights, 1-0. Gibson recorded two shots on goal.

Volleyball recruits to strengthen team

Kaia Mateo, libero Olivia Lombardi, and outside hitters Gabby Deery and Alyssa Worden were added to the team roster.

The Iowa women's volleyball team will continue to rebuild in 2023-24.

Iowa closed out last season on a two-match win streak with victories against Michigan and Michigan State, finishing 10-21 overall and 4-16 in conference in head coach Jim Barnes' first year with the Hawkeyes. The 10 victories exceeded Iowa's win total of six in 2021-22.

Iowa lost three key players, as middle hitter Amiya Jones, outside hitter Edina Schmidt, and libero Mari Hinkle graduated. Jones was an asset on both sides of the ball throughout her career and led the Hawkeyes

with 280 kills and 40 service aces last season.

Barnes snagged Texas State fifth-year outside hitter Caitlin Buettner from the transfer portal in January, adding much-needed experience to Iowa's squad. Buettner was a part of four 20-plus win seasons and two NCAA Tournament appearances with the Bobcats.

Barnes added Mike Becker to the Hawkeye staff as director of volleyball analytics and video coordinator in January along with four 2023 recruits that could make an immediate impact — setter Kaia Mateo, libero Olivia Lombardi, and outside hitters Gabby Deery and Alyssa Worden.

Iowa women's soccer finish ninth in conference

The Hawkeyes finished the year at 5-6-7 overall, with a record of 2-3-5 in the Big Ten.

The Iowa women's soccer team missed out on the NCAA Tournament for the second straight season in 2022-23, finishing 5-6-7 overall and 2-3-5 in the Big Ten.

The Hawkeyes will look to get back on the winning track this fall, despite losing fifth-year starter Sarah Wheaton, defender Jenny Cape, and midfielder Hailey Rydberg.

Wheaton was named Iowa's Defensive Player of the Year in 2020 and earned second-team All-Big Ten in 2021. Cape was an integral piece in earning Iowa's first ever conference championship, as she scored the game-winner in a 1-0 victory over Wisconsin in the 2020 Big Ten

Tournament title game. Rydberg appeared in 94 games throughout her career, scoring 10 goals and assisting on 14.

Sam Cary will be using her extra year of eligibility to return to Iowa soccer in 2023. Cary averaged just under 86 minutes per game in 2022.

The Hawkeyes welcomed assistant coach Kyle Venter to the program in March. He previously served as an assistant and interim head coach at Cincinnati. Venter specializes in defense and goalkeeping and improved the Bearcats goals against average from 1.53 in 2021 to 1.00 in 2022.

Top Hawkeyes return for upcoming gymnastics season

Most of last season's roster is set to compete for Iowa Gymnastics.

The Iowa gymnastics team finished the 2023 season ranked 26th in the nation, reaching as high as No. 15 during the second and third week of the season.

The Hawkeyes won four of their seven meets in the regular season and ranked third in the Big Ten Conference with a 6-2-1 record.

Iowa was one of 36 teams to qualify for the NCAA Regional competition. This marked the GymHawks' 23rd straight NCAA Regional appearance, either as a team or individually, under head coach Larissa Libby.

Iowa finished third in the Normal Regional after scoring a 196.500, finishing behind Kentucky and Alabama.

Six GymHawks finished in the top-30 in conference while senior JerQuavia Henderson and junior Adeline Kenlin were named to the 2023 first and second All-Big Ten teams, respectively.

The Hawkeyes will return the majority of last season's roster,

including Henderson, who is a three-time All-American and earned her second-career Big Ten Championship floor title after scoring a 9.950. She became the 19th conference champion and ninth-floor champion in school history.



Ayrton Breckenridge/The Daily Iowan

Iowa's Gianna Masella celebrates after competing on bars during a gymnastics meet between No. 18 Iowa and Rutgers at Carver-Hawkeye Arena on Feb. 18. The Hawkeyes defeated the Scarlet Knights 196.200-195.125.

Strong roster returns for Iowa swimming, diving

Iowa placed 12th in the 2023 Big Ten Tournament last season.

The Iowa swimming and diving team finished the 2022-23 season 1-7-1 under second-year head coach Nathan Mundt and assistant coach and recruiting coordinator Mona Groteguth. The Hawkeyes' lone victory came against Northern Iowa, 197-102. This was an improvement from the Hawkeyes' 0-7 record in 2021-22.

Iowa placed 12th in the 2023 Big Ten Tournament in Ann Arbor, Michigan, with 198 points — 33 more points than the previous season. Ohio State took home the conference title with 1425 points.

The Hawkeyes also sent five divers to the NCAA Zone D Championships, including freshmen Geneva Pauly and Lainey Woodward, sophomore Makayla Hughbanks, and juniors Claire Hartly and Sarah Ballard.

Hartley finished 17th overall in the platform dive with 418.50 points. Hughbanks finished 14th in the one meter dive with 542.55 points. Woodward, Pauly, and Ballard narrowly missed the one meter diving finals with their respective

preliminary scores. Pauly, however, placed 18th in the three meter dive with a final score 588.45 points.

Iowa will return the majority of its roster in 2023-24 as the Hawkeyes work toward their first winning season since 2019-20.



Lillie Hawker/The Daily Iowan

Swimmers warm up during a break at the dual swim meet between Iowa and Nebraska in Iowa City on Oct. 21, 2022. The Huskers beat the Hawkeyes 175-123.

Iowa women's tennis pushes for continued success

Iowa signed Jessica Matthews and Chelsea Bluestein for the 2023 season.

The Iowa women's tennis team concluded the regular season with a 12-9 overall record, including an 8-5 mark in the Big Ten. This was a stark improvement from last year,



Cody Bissett/The Daily Iowan

Iowa's Barbara Pokorna prepares to hit the ball during a tennis meet at the Hawkeye Tennis & Recreational Complex in Iowa City on April 14. Pokorna won her doubles match and her singles match.

where the Hawkeyes went 7-17 and 2-9 in the conference.

In its second spring season without former All-American Alexa Noel, who transferred to Miami in January 2022, Iowa recovered from a season-opening shutout loss to Charlotte by rattling off three straight wins against Furman, Denver, and Kansas State.

The Hawkeyes lost the 2023 Cy-Hawk matchup with Iowa State, 4-0. For the next 12 matches, the team was without Iowa fifth-year senior Anya Lamoreaux, as the Utah transfer was out because of illness. During that time, Iowa was left with the minimum of six players but managed to go 7-5, including four wins against nationally-ranked opponents Maryland, Penn State, Purdue, and Nebraska.

In perhaps their signature win of the season, the then 53rd-ranked Hawkeyes took down No. 31 Illinois, 4-1, on the road in the final match of the regular season.

The Hawkeyes will lose Lamoreaux and fifth-year senior Samantha Mannix from their roster in 2023-24. Iowa signed Jessica Matthews, an England native, and Chelsea Bluestein, a Naples, Florida, product, for 2023.

Finkbine Golf Course is the UI's golf hub

The Iowa men's golf team has hosted a tournament at Finkbine since 1970.

Finkbine Golf Course, the home of the Iowa men's and women's golf teams, is a public 18-hole championship golf course located just west of campus, right up the street from Kinnick Stadium. With putting and chipping greens, a driving range, and a full-service restaurant and pro shop located in the new Nagle Family Clubhouse, Finkbine is a place for all of Iowa City's golfers.

Players of all abilities can enjoy the course's scenic views and rolling terrain as Finkbine's four sets of tees range in yardage from 5,235-7,002. Student, 18-hole, 9-hole, and twilight rates are available along with rental sets of clubs. Finkbine also offers lessons.

In 2022, the *Des Moines Register* ranked Finkbine the No. 5 public access course in the state of Iowa.

Originally laid out in 1953 by Robert Bruce Harris and redesigned roughly a decade later by Dick Nugent, Finkbine was the site of the 2002 Big Ten Men's Golf

Championships as well as the 1993 and 2003 women's league championships.

The Iowa men's golf team has hosted a spring tournament at Finkbine nearly every year since 1970, attracting some of the best teams from around the Midwest. The Hawkeyes have won the team title in 17 of the 29 tournaments, including three of the last four.


Iowa beat Illinois by six shots in 2019, but the tournament was canceled because of COVID-19 precautions in 2020. The Hawkeyes bested Kansas by five strokes in 2021, finished second to them in 2022, and got their redemption by five shots in 2023.

In each of those three team wins Iowa has also boasted the individual medalist. Alex Schaake and Matthew Walker shared the honor in 2019, and Schaake claimed the crown again in 2021. Mac McClear stood atop the leaderboard in 2022.



Emily Nyberg/The Daily Iowan

Iowa's Mac McClear takes a shot during the Hawkeye invitational at Finkbine Golf Course in Iowa City on April 14. Iowa won round one of three at the two-day tournament with Iowa's Mac McClear leading the team in fifth place.

prime student


Watch, listen,
play, repeat.

\$0 for 6 months.



amazon.com/joinstudent

MERCY EARN + LEARN

FOR NURSING STUDENTS

Gain Experience for your nursing career
and let Mercy Cedar Rapids help pay
for your education.



Financial Assistance



Hands-On Experience



A Nursing Job After Graduation



Generous Incentives



Meaningful Support



Learn More Today!
Contact Norah Hammond
nhammond@mercy.org
(319) 369-4531

Recreational Services
YOUR DESTINATION FOR RECREATION

IOWA Recreational Services
recserv.uiowa.edu

@uirecservices
Recreational Services

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Recreational Services in advance at 319-335-9293.

Sandwiches • Salads
Soups • Wraps • Coffee



**OUTDOOR
PATIO!**
at both
locations

Catering Available

nodoiowacity.com

M-F 8:30am-6:30pm • Sat 8am-6:30pm • Sunday Closed

Northside • 600 N Dodge St • (319) 512-5028

Downtown • 5 S Dubuque St • (319) 359-1181

COMMUNICATION

is key to preventing
underage drinking



You are the strongest influence in your child's life

Family Talk About Drinking is a program that helps parents talk with their kids about alcohol, underage drinking and responsible choices.

To learn more and download our free Parent Guide, visit familytalkaboutdrinking.com

   @ADFfamilyTalk



**FAMILY TALK
ABOUT DRINKING**

CUSTODIAN

The University of Iowa Hospitals and Clinics Department of Environmental Services is seeking custodians to provide a safe, clean and healthy environment for patients, guests, visitors and staff of UIHC.

Job duties will include general cleaning duties, cleaning of patient rooms, clinic cleaning, trash removal, restroom cleaning, carpet cleaning, unit/room setups, and other tasks as assigned.

All shifts have a starting salary of \$16.00 per hour.

No experience required, but candidates must be professional, punctual and reliable.

If you are interested, please visit the University of Iowa Jobs page at jobs.uiowa.edu and search 'custodian'.

Equal opportunity/affirmative action employer

The University of Iowa is an equal opportunity/affirmative action employer. All qualified applicants are encouraged to apply and will receive consideration for employment free from discrimination on the basis of race, creed, color, national origin, age, sex, pregnancy, sexual orientation, gender identity, genetic information, religion, associational preference, status as a qualified individual with a disability, or status as a protected veteran.



BLUEBIRD DINER

All-Day Breakfast,
Lunch, Dinner

Chirp at us online
for delivery or pickup at
thebluebirddiner.com

OR

Chomp app

330 E. Market St. • Iowa City • 319-351-1470



thebluebirddiner.com





CORALVILLE PUBLIC LIBRARY

www.CoralvillePublicLibrary.org

Papers? Tests? We got you!
Free wi-fi, study spaces,
limited free & mobile printing,
meeting rooms, study guides,
ESL classes, free parking,
hotspots, books, dvds, and databases



Practice tests & tutorial courses



Language learning



Live online tutoring

1401 Fifth St.
319-248-1850
reference@coralville.org

Protecting your sexual health is as easy as:

TALK • TEST • TREAT



TALK

Talk with your partner **before** having sex.
Talk about **when** you were last tested and suggest getting tested together.
Talk to your healthcare provider about your sex life and ask **what STI tests** you should be getting and **how often**.

TEST

Get tested! It's the only way to **know for sure** if you have an STI.
Many STIs **don't cause any symptoms**, so you could have one and **not know**.
If you're not comfortable talking to your regular provider about STIs, find a clinic that provides confidential testing that is free or low cost.

TREAT

All STIs are **treatable**. If you test positive for an STI, work with your healthcare provider to get the correct treatment.
Ask about **partner services** to get your partner tested & treated.
Avoid having sex until you and your sex partner both **complete treatment**.



FREE AND CONFIDENTIAL

LEGAL SERVICES BY LICENSED ATTORNEYS

- Renting Issues
- Lease Reviews
- Alcohol Tickets
- Traffic Tickets
- Name Changes
- And More!



Student Legal Services

319.335.3276 | studentlegal.uiowa.edu

Instagram, Facebook, Twitter icons | @UIStudentLegal

Vintage is sexy.



Vintage furniture, clothing, jewelry, hotchkies and other delights

Open every day
331 Market Street, Iowa City



artifacts

U.S. BODYCONTOUR

AND WELLNESS CENTER

Choose an Award-Winning Acne Treatment

AviClear™

The Future of Clear Skin



Before

6 Months After Final
Treatment Session

12 Months After Final
Treatment Session

- ✓ **NO**
Accutane
- ✓ **NO**
Bloodwork
- ✓ **NO**
Antibiotics
- ✓ **NO**
Downtime

Unlike most traditional acne treatments, AviClear is free of harmful side effects, free of chemicals and toxins, safe for all skin types and tones. In clinical studies, patients tolerated the treatment well, without the need for pain medications or the need to stop the session. After treatment, mild symptoms such as redness, inflammation and flare ups are normal but fade quickly.

Stop those breakouts for good...Call us today for acne elimination!

Join our team

AMAZING Opportunities for Students!

We work around school schedules & offer generous meal discounts!

WE ARE HIRING

Crew Members & Shift Leaders

Apply at workatwestar.com

EOE

Hardee's 2 for \$5
SAUSAGE EGG BISCUIT



Offer valid on time use only. Offer available during regular breakfast hours. Not valid with any other coupons, specials, offer, discount or combo. Coupon must be presented and surrendered before ordering regardless of discount redeemed. Only original coupon accepted. Limit 1 discount per coupon per visit. Customer must pay any sales tax due. No cash value. Not for sale. ©2023 Hardee's Restaurants LLC. All rights reserved. Expires 09-30-2023

Hardee's 2 for \$6
REGULAR ROAST BEEF SANDWICH



Offer valid on time use only. Offer available after regular breakfast hours. Not valid with any other coupons, specials, offer, discount or combo. Coupon must be presented and surrendered before ordering regardless of discount redeemed. Only original coupon accepted. Limit 1 discount per coupon per visit. Customer must pay any sales tax due. No cash value. Not for sale. ©2023 Hardee's Restaurants LLC. All rights reserved. Expires 09-30-2023



CLINICAL CORNER

Lydia Leyden, RN, BSN

Meet one of our providers. Lydia Leyden, RN, BSN is a local West High alumni who graduated from the University of Iowa School of Nursing with highest Honors. Lydia's compassion and clinical training allow her to perform your treatment in a professional, relaxing and safe manner. She loves to personally tailor her treatments to each client to achieve the best possible experience and results!

Make an appointment with Lydia today!

(319) 594-0991

www.usbodycontour.com
281 North Linn Street
Iowa City, Iowa 52245



LEBEDA MATTRESS FACTORY

BUY FACTORY-DIRECT & SAVE!

QUEEN
PILLOWTOPS
AS LOW AS
\$399

LEBEDA MATTRESS FACTORY
Quality Bedding Since 1946

OPEN 7 DAYS A WEEK
MON - FRI 10-7
SATURDAY 10-5
SUNDAY 12-5
or visit lebeda.com

LEBEDA MATTRESS FACTORY

CUT HERE AND SAVE

LEBEDA MATTRESS FACTORY

TAKE AN EXTRA
10% OFF

ANY REGULAR OR SALE PRICED MATTRESS SET. OFFER EXPIRES 8/31/2023. MUST PRESENT COUPON AT TIME OF PURCHASE. LIMIT ONE COUPON PER PURCHASE.

THE AREA'S BEST SELECTION OF MATTRESS SETS AT FACTORY-DIRECT SAVINGS

**304 1ST AVE
CORALVILLE
319-339-7777**

Redecorate
& love the planet

recycled sari home accents

ten thousand villages.

Receive
10% OFF
with coupon - in store only.
HV2023

HOURS: MON-SAT 10-6, SUN 10-3
105 S DUBUQUE ST., IOWA CITY
tentousandvillages.com/iowaCity

Kwik Star

Your one-stop solution!

\$2 off
One order
Fried Chicken

Limit one coupon offer per customer, per visit. Original coupon must be presented to the cashier at the time of purchase. Coupon may not be combined with any other offers. No cash value. Good at all Kwik Star Stores. Expires 12/31/23

0 39779 05518 8

Kwik Star | **KITCHEN CRAVINGS**