

Track

Cardinal Boys Win at Van Meter; Girls 2nd

The Cardinal boys edged Central Decatur, 127-126, to win the Dave Tapps Invite in Van Meter on April 27. The Cardinal girls scored 114.25 points to finish 2nd behind the host Bulldogs, who had 128 points.

Cardinals needed to make up some ground on Central Decatur going into the last event of the evening. They got it done when Jeret Petersen, Caleb Smith, Carson Maly, and Malakai Hale won the 4x400m relay, while CD finished in 7th. The Cards'

time of 3:31.95 was a season best. The Cardinals piled up points in relays all night, winning two other events and finishing 2nd in two more. The team of Trevor Lane, Walker Hale, Smith,

and Malakai won the 4x200. Lane and Walker's legs were good. Smith got the baton, moved up a couple spots, and handed off to Malakai almost even with Mount Ayr. The Mount Ayr anchor got a great start and had the lead coming onto the home stretch. Malakai quickly caught and passed him, then held on for a season-best time of 1:32.73.

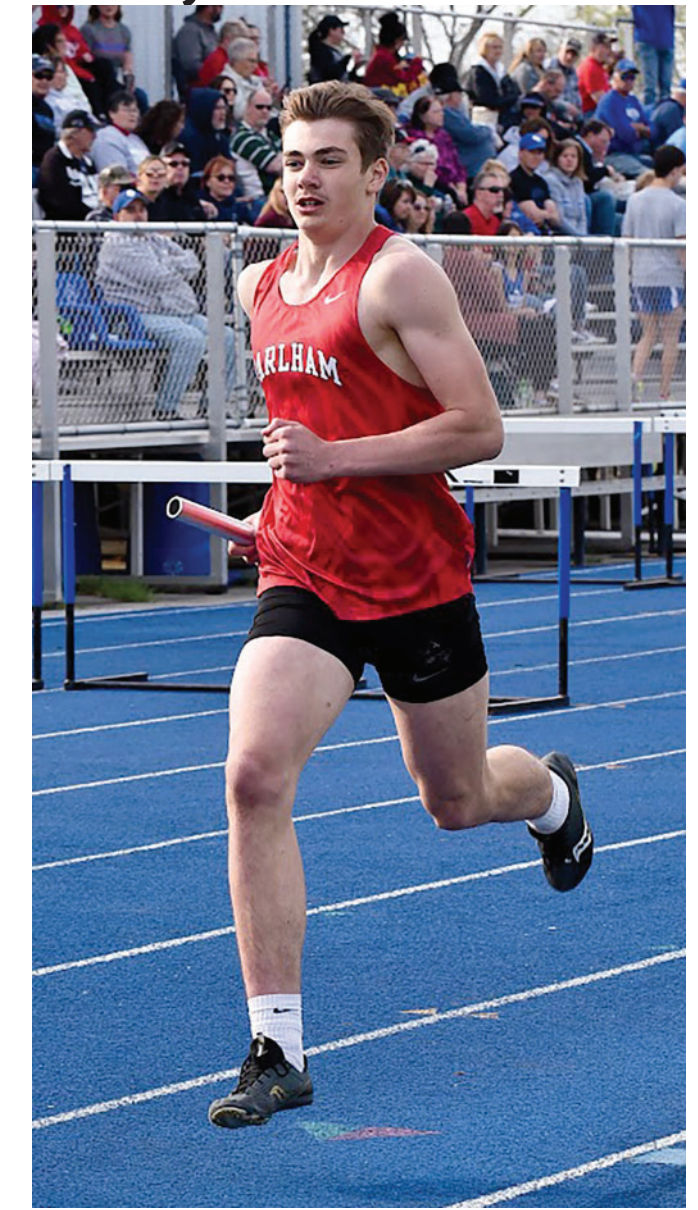
The Cardinals won the 4x800m relay with Smith, Blake Tiemeyer, Malakai, and Maly in 8:29.14, another season-best time. This was the first 800m in competition for Smith—and 800m is a long run for a guy that's normally a sprinter. Coach Caskey joked before the race that Smith was "not talking to me right now" after putting him in the 4x800 lineup. Afterward, Smith admitted it was "not fun." But he did great, running down the leadoff runner from Madrid and handing the baton to Tiemeyer in 1st place. Tiemeyer stretched the lead, as did Malakai. Maly did a good job holding off a charging Clay Warson, Madrid's excellent anchor.

The Cards got 2nd in the distance medley relay (Ty Forcht, Josh Winey, Cooper Michael, Jackson Berkley) and the shuttle hurdle relay (Cason Amsden, Walker, Will Frommelt, Petersen) in a season-best time of 1:04.17.

Trevor Lane won the 100m dash in a season-best 11.74.

Brandon Maxwell won the discus with a throw of 138-08. He was 2nd in the shotput.

Despite the middle and distance groups not running a 'full load,' the Cardinal girls got fine contributions up and down the lineup to finish in 2nd place. Coach Peterson and his staff are getting close to determining the best relay lineups for the conference meet Tuesday and the state qualifying meet next Thursday. There are a few athletes that will need to have double—and perhaps even triple—duty.



Caleb Smith finishes his leg in the 4x800m relay. (Photos by Shannon Payne.)



Walker Hale in the shuttle hurdle relay in Van Meter.

Soccer

Husky Boys Beat Des Moines North



Tanner Morrison dribbles away from opponent in a game in Winterset on April 25. (Photo by Shannon Payne.)

Boys

4/25: The Huskies got their second win of the season, edging Des Moines North, 2-1, in Winterset. Kaeler Beebe netted both goals for the Huskies in the 2nd half. Tanner Morrison and Miles Booton got as-

sists.

4/27 :The Huskies lost a heartbreaker in Adel when ADM scored in overtime to win, 4-3. Logan Hupp scored twice for the Huskies and Beebe scored 1 goal. Hupp also had an assist.

4/28: The Huskies trav-

eled to Carlisle and lost, 2-0.

Girls

The Huskies lost twice last week; at Dallas Center-Grimes on April 24, 3-0, and at home against ADM on April 26, 2-0.

ing the best relay lineups for the conference meet Tuesday and the state qualifying meet next Thursday. There are a few athletes that will need to have double—and perhaps even triple—duty.

"We're looking at some of the same kids (in multiple relays), so we're seeing if they can do that—which I think, for the most part, they can," said the coach. "So

The Cardinals smashed their season-best in the distance medley relay, getting 2nd place in 4:30.35. Van Meter has the best time in the state in Class 2A and they ran away with the race, but an excellent duel for 2nd developed. Rowen Fisk and Taylor Waltz (200m) and Taylor Rodgers (400m) all ran good legs. Smith got the baton and was about 4 sec-



Ava Jenkins gets the baton from Lily Dixon in the sprint medley relay.

we have some things to iron out. We'll probably try some things at conference and see how it goes and use that to help us make some decisions for qualifying."

Amanda Smith won the high jump, clearing 5-2. She also finished 2nd in the 400m hurdles.

The Cards finished 2nd in six other events.

After having trouble in the shuttle hurdle relay, Ava Jenkins bounced back with a season-best time of 17.60 in the 110m hurdles.

"Mentally, being able to come back and do that, I think was just as big for her as the physical side," said Coach Peterson. "Being able to bounce back and have a good race was super encouraging for us to see her do that."

onds out of 2nd place on the near turn on her last lap. She ran down Campbell German of Martensdale-St. Marys with about 150m to go, then held her off with a determined sprint on the home stretch.

"(German) is a super tough kid and a talented runner and an even better competitor," said Coach Peterson. "The fact that Amanda was able to hold her off in the last 10 meters was pretty impressive. That girl doesn't get out-gutted at the wire very often. That was a huge race. Amanda is starting to have a better idea on how to pace herself through an 800."

The Cards also got 2nd-place finishes in the 1500m

(Continued on Page 3.)

Golf

Cardinal Boys Win Again



The Cardinals display their hardware from the meet in Leon last Friday. (L-R) Coach Gilson, Kaden Kasal, Sam Goodrich, Konnar Stiles, Emmett Hagen, Ryan Stiles, Coach Williamson.

Boys

The Cardinals won the Central Decatur Boys Invitational in Leon on April 28 with a team score of 317. Wayne was a distant 2nd with 385. This was an 18-hole event.

Sam Goodrich was match medalist with a 1-over-par 73, his best-ever

score. He had 5 birdies and 8 pars. Emmett Hagen shot 80, Ryan Stiles, 80, Kaden Kasal, 83, and Konnar Stiles, 96.

On April 25, the Cards finished 2nd at a meet at Shady Oaks Golf Course near Ackworth. Des Moines Christian won with a score of 153 and the Cards had a

team score of 163.

Stiles and Kasal led the Cards with a pair of 38s. Stiles won the tiebreaker to finish 3rd overall and Kasal was 4th. Next for the Cards was Hagen (42), followed by Goodrich and Carter Hohertz (45), and Davis Doud (46).

Girls

At the CD girls meet, the Cardinals finished 5th out of five teams. Savannah Charlet led the Cards with 101.

At Shady Oaks, the Cards did not have enough golfers for a team score, but Charlet tied for 1st with 49.

Smith Competes at



Freshman Amanda Smith was one of 26 competitors to take part in the high school high jump event at The Drake Relays on April 28. With a jump of 5-2, she finished in a tie for 15th place. The winning jump was 5-8 by Maddie Olson of Sheldon.

Cardinal Track

(Continued from Page 8.)

(Olivia Spurling), 4x200m relay (Alexis Voss, Ava Harris, Avrie Fagan, Lily Dixon), shotput (Kenady Ridout), and discus (Fisk).

Keira Fredericksen got 4th in the discus and the shotput, giving the Cardinals a 'double place' in the throwing events.

Both Cardinal long jumpers, Keeley Keller and Sophia Heuton, placed. They have improved steadily this season.

"Coach Lindholm has done wonders with them," said Coach Peterson. "They are so consistent on their steps. They don't scratch, and that's atypical for long jumpers. It's because of the work Coach is doing with them, and the girls paying attention to detail."

Cards Compete at Madrid

At the Madrid CoEd Invitational on April 25, the Cardinal boys finished in 2nd place and the girls got 3rd. In the boys' meet, host Madrid edged the Cards, 155-148. Van Meter won the girls meet with 167 points, while the Cards scored 96.

The Cardinal boys won 5 events.

Lane, Brody Morrison, Frommelt, and Malakai won the sprint medley relay by

nearly 6 seconds with a season-best time of 1:36.93.

Lane, Morrison, Carson Maly, and Tiemeyer won the distance medley relay in 3:52.01.

Malakai won the 400m with a season-best time of 51.34 and the 200m in a season-best 22.83.

Petersen won the 110m hurdles with a season-best time of 16.06.

Brandon Maxwell got 2nd in both the shotput and the discus.

Amsden, Frommelt, Josh Winey, and Petersen got 2nd in the shuttle hurdle relay.

Maly, Jackson Berkley, Dallas Canoyer, and Forcht were 2nd in the 4x400 relay.

For the Cardinal girls, Smith notched a season-best time, 2:27.48, in winning the 800m. Smith also won the high jump.

Junior Lily Conry was 2nd in the discus. Conry went out for track as a freshman, but did not in her sophomore year—concentrating on basketball. Coach Peterson is glad to have her back. Conry has thrown well and contributed in several relays, running 400m and 800m legs.

"She has been an unbelievable 're-addition,'" said the coach. She was an

'okay' discus thrower her athletic now. She is great freshman year, but she is so much stronger and more in the weight room, and it shows."



Olivia Spurling nears the finish line in the 4x800m relay. (Photo by Shannon Payne.)

Betty's New Santa!



Cardinal Athlete of the Month



Amanda Smith
Freshman

Qualified for the Drake Relays in the high jump. Currently ranked 2nd in Class 1A in the 400m hurdles and 5th in the high jump.

brought to you by



Best Choice Ketchup



\$2.49 38oz



Best Choice Mustard



\$1.25 20oz

Best Choice Diced Tomatoes with Chilis



4/\$5 10oz all varieties!

Best Choice Picante or Salsa



\$2.09 16oz



of Earlham

Monday-Saturday: 7 a.m. to 8 p.m.

Sunday: 8 a.m. to 8 p.m.

145 N. Chestnut Ave. -- 758-2749

Best Choice Banana Pepper Rings or Sliced Jalapenos



2/\$4 16oz

Best Choice Refried Beans



2/\$3 15oz all varieties!

Best Choice Bacon



\$3.99 16oz

Best Choice Long Grain Rice



89¢ 16oz

Best Choice Canned Veggies



89¢ 14.5-15.25oz select varieties

Angel Soft Toilet Tissue



\$10.99 12 mega rolls

Sparkle Paper Towels 6 ct double rolls



\$8.99 8 ct double roll

Best Choice Red or Green Enchilada Sauce



3/\$5 5oz

Best Choice Shredded Cheese or Bars



2/\$5 8oz all varieties!

Best Choice Corn or Flour Tortillas



\$1.49 24ct or 10ct

Best Choice Ice Cream



\$3.99 48oz all varieties!

Bounty Paper Towels



\$13.99 6ct double roll

More on Page 7!

Prices Good Wednesday, May 3 through Tuesday, May 9