

Cardinal Girls Win at Atlantic

Now Ranked #2 in Class 1A



Olivia Spurling (L) and Mackenzie Harger zip down a hill at Atlantic. (Photo by Todd Weber.)

Every sport is a process—getting from point A at the start of a season to a much better point B (hopefully) by season's end. By its very nature, cross country is an especially intriguing journey. Because athletes rely so much on physical conditioning, making patient, slow gains as

the weeks go by in order to peak at the right time is crucial.

The Earlham cross country program under Coaches Braet and Dalton have been exceptionally good at accomplishing that feat, and this year is proving to be no exception. At a 'big-school' meet at Atlantic

on October 6, the Cardinal girls ran their best meet of the season to finish first, beating schools like Harlan, Atlantic, and Glenwood. The Cardinal boys finished 11th out of 16 teams at the meet, but have nevertheless improved quite a bit this season, as well.

In the latest poll that

can be a bit fickle, as teams can go up or down due to runners being injured or not

running at all in particular meets. But the recognition the Cards have gotten is well-deserved and well-earned.

"We sat them down before the season started and told them they were a potential state trophy team if they stayed healthy and if they worked hard," said Coach Braet. "I don't know that they believed us at first, but now they can see it."

At Atlantic, Mackenzie Harger finished 3rd overall with a time of 19:56. Olivia Spurling was 6th in 20:11, followed by Amanda Smith in 20:29. Lily Dixon finished 18th, Hannah Frank was 26th, and Taylor Jensen was 45th in the 114-runner field.

Everyone on the team is faster now than they were at the start of the season, but freshmen Mackenzie Harger and Amanda Smith have made the most dramatic improvements. Courses aren't all the same, of course, but both runners have improved their times since the first meet by about 4 minutes.

"They've all been improving throughout the season, which every team does," said Coach Braet. "But I think—especially our freshmen—this is new to them, and they are figuring out how to race in a 5K."

Add in the experienced core of seniors Dixon and Jensen and junior Spurling, along with sophomore Frank, the Cardinals have developed into a formidable team that should experience a ton of success in the late-season meets. The West Central Activities Confer-

ence meet is Thursday in Panorama. The state qualifying meet will be on October 20. Teams have not been assigned to sites yet, but that announcement should come this week. The state meet is on October 28 in Fort Dodge.

At this point in the season, most of the really difficult training work is done. That doesn't mean that the Cards won't be trying to get faster; just that the coaches won't be over taxing the athletes from now on.

"They've worked at the hard stuff, and they did it right," said Coach Braet. "They've pushed themselves and they've pushed each other, so that helps. But now it's about being healthy and being focused when the time comes."

For the Cardinal boys at Atlantic, Blake Tiemeyer finished 15th overall with a time of 17:56. Payton Harger was next in 57th, followed by Blake Petersen (64th), Donovan Braet (67th), Cole Flickinger (69th), Copper Michael (97th), and Tyler Johnson (98th) in the 120-runner field. It was a strong race for the Cards that featured a number of individual PRs.

"The boys are making huge leaps, too," said Coach Braet. "Teamwise, it hurts that Carson (Maly) has been out (with a foot injury). He's been our number 1, number 2 runner, and to not have him there, it's tough. And, we're a young team."

Cards Fall To Raiders



Jeret Petersen makes a diving catch of a deflected pass. (Photo by Todd Weber.)

The Cards ran up against a buzzsaw in Earlham last Friday, losing to Mount Ayr, 34-0, on Senior Night.

The Raiders were tough to defend. Their offense featured strong-armed quarterback Jaixen Frost (6-3, 185), hard-running tailback Jaydon Knight (6-3, 200), and a big, active offensive line. They scored 1 touchdown in the 1st quarter and 3 in the 2nd—2 through the air and 2 on the ground—to build a 28-0 halftime lead. The Cardinal defense did stiffen in the 2nd half, only allowing 1 more TD.

Meanwhile, the Cardinal offense could never get going against a fast, aggressive Raider defense. When the Cards did get a few 1st downs, their drives were ultimately derailed by turnovers and penalties. Mount Ayr held the Cards to under 3 yards per carry on 53 rushes and just 26 passing yards. After an Earlham 3-and-

out to open the game, Mount Ayr had a 4-minute TD drive for the first score of the game.

After an exchange of punts, Earlham punted again to open the 2nd quarter. The Raiders struck fast with a 40-yard TD through the air. They botched the PAT, but led, 13-0.

The Cardinals got a couple 1st downs on their next drive, but a holding penalty eventually slowed them down and they had to punt. The Raiders struck fast again, scoring on a 44-yard run by Knight. 20-0, Mount Ayr.

The Cards moved the ball into Raider territory on their next drive, but lost a fumble on the 37 yard line. Mount Ayr capitalized right away again with a 63-yard TD pass. After the 2-point conversion, they led, 28-0.

Another good-looking drive by the Cardinals was thwarted when the Raiders

intercepted a pass at their own 15.

The Cardinals best chance to score came midway through the 4th quarter after they forced a fumble deep in Mount Ayr territory. They took over at the 15 yard line, but ran 4 plays for just 2 yards and turned the ball back to the Raiders.

Frost ended up completing 11 of 13 passes for 206 yards and 3 TDs. Knight ran for 71 yards, caught 2 passes for 100 yards, and had 2 TDs.

For the Cards, Brody Morrison ran hard all night and had 98 yards on 24 carries.

Next up for the Cards is a road trip to Oakland to take on the Riverside Bulldogs on Friday. Earlham is ranked #27 by BCMoore and Riverside is #42. If the Cardinals win, they will advance to the playoffs and play on October 21, site and opponent TBD.

Up and Down Week for Cards

After a fine conference win on the road against Pleasantville on October 4, the Cards stumbled at a tournament in Martensdale on October 8, losing 4 of 5 matches.

The Cards looked good in beating the Trojans 3-1 (17-25, 25-19, 25-17, 27-25). The Trojans were a quality opponent that played hard.

"They're a good team," said Coach Harskamp. "They have a really good

outside hitter, and they are scrappy. They made us work all night, that's for sure. We played really well. The scores were close, but we always felt like we had control. And offensively, that was some of our best hitting of the year.

The match was the debut of the Cards using the 6-2 offense 'full time.' Setters Karry Goff and Kenna Harskamp played well and ended up with 15 assists apiece.

"That's quite ironic," said the coach. "If you run the 6-2, you obviously want it to be pretty similar. But to have the exact same number was interesting. And it means that hitters in both rotations—1 through 3 and 4 through 6—were hitting well."

Setting is more complex than it looks. Setters need to know what hitters are up, what combinations the offense is doing, what the

(Continued on Page 4.)



Lily Conry gets a ball over the net at Martensdale. (Photo by Todd Weber.)

OBITUARY

Marlin Gilman

Marlin Eugene Gilman, 84, died Friday, August 12, 2022 at Wesley Acres in Des Moines. A Celebration of Life will be held from 1:00 pm - 4:00 pm Saturday, October 15, 2022 at the Earlham Community Center with the service beginning at 1:30 pm. The Community Center is located at 150 East 1st Street in Earlham, Iowa.



Marlin was born December 4, 1937 at the family farm near Earlham to Everett and Mabel (Boyle) Gilman. He suffered from Rheumatic Fever as a child, which developed into severe Rheumatoid Arthritis. Although the disease was debilitating, Marlin did not let it stop him.

He attended Penn #5 Country school. When his rheumatoid arthritis progressed to where he needed a wheel chair and assistance for his daily routine, A neighbor encouraged him to get his Amateur Radio license. With call sign WA0AUX, he earned his Advanced license in 1974. He was also a member of the Iowa Handiham's serving as the President of the group in 1980. He was a member of Coon Valley Amateur Ham Radio Club for over 45 years. Marlin

was known for sending special greetings to family and friends.

He worked with Camp Sunnyside run by Easter Seals attending the summer camps and sharing his love of the ham radio to encourage others. Later in life, he worked part time as the Activity Director for the South Care Center in Winterset.

Marlin was proud to live independently on his family's Century Farm.

Survivors include his sisters: Patricia Greenwell of Sun City, Arizona, Beverly Powell of Des Moines; and many cousins, nieces and nephews. Marlin was preceded in death by his parents and brother, Roger Gilman.

Please visit www.Iles-Cares.com for additional information and online condolences.

New Book in the "Leora's Stories" Series by Joy Neal Kidney



Joy Neal Kidney.

A new book, Leora's Early Years: Guthrie County Roots by Joy Neal Kidney has been released.

The oldest of 10 children, Leora Goff developed the tenacity, optimism, and hope to endure many family moves, great losses, an influenza pandemic, brothers sent off to the Great War, marriage to Clabe Wilson, and the births of seven children of her own.

This is the third book in the "Leora's Stories" series. The first was Leora's Letters: The Story of Love and Loss for an Iowa Family During World War II. The second was Leora's Dexter Stories: The Scarcity Years of the Great Depression.

Endorsement: Thanks to Joy Neal Kidney, I feel like I now know a remarkable, strong woman, and a big, beautiful family. I know a

lot more about life in the late 19th and early 20th century. And a lot more about Iowa and America, too. Here's hoping her writing inspires all of us to do the same for our families. For our communities. And our country.

—Lee Habeeb is the founder and host of Our American Stories

Earlham Connection: Joy is a 1962 Earlham graduate, and has given programs for the Senior Speaker Series at Bricker-Price Block.

She is a regular storyteller on Our American Stories, heard locally over WHO-Radio 1040 AM. Her website is <https://joynealkidney.com>.

Autographed paperback copies are available at Beaverdale Books in Des Moines (shipping offered, at (515) 279-5400), as well as at the Urbandale Machine Shed Restaurant. Paperback, hardback, and ebook may be purchased from Amazon, as well as the audiobook of Leora's Letters narrated by Paul Berge.)

Cardinal Volleyball

(Continued from Page 6.)

defense is trying to do, etc. Having two setters lightens the load on each one, and also gives the offense more options.

"It's tricky," said the coach. "In each position, there is something unique about the rotation. Each time you're thinking about, 'What combination are we running this time?' To do that 6 times in a row is a lot. So to remember 3 rotations, what your hitters are doing each time, is a lot easier. And it does take the pressure off having to put the ball in the right spot every time. Both of them are excited to do that job, and Karry gets to hit a little bit, too."

After losing the 1st set to the Trojans, the Cards won the 2nd and 3rd. They were in trouble in the 4th, but managed to come back, win it, and keep the match from going to a 5th set.

"We were down 24-21, and then Kara (Hohertz) just kind of took over," said Coach Harskamp. "She had 3 kills in a row, and we were able to finish it out."

Hohertz led with 15 kills. Lily Conry had 8 and Abby Presler had 7.

Rough day at Martensdale

The Cards opened with a loss to a good Southeast Warren team, 2-0 (21-8, 21-10). Next, they struggled with a 4-win Martensdale-St. Marys team, but won, 2-1 (21-16, 21-23, 15-13). They dropped their final three matches, all by 2-0 scores—to Van Meter (7-21, 9-21), Southeast Valley (15-21, 21-23), and Pleasantville (9-21, 9-21).

Conference tourney this week

The Cardinals will be looking to rebound at the West Central Activities Conference tournament this week. The Cards play Woodward-Granger at 6 p.m. on Tuesday at Des Moines Christian. If they win, they will play most likely at 5 p.m. at DMC on Thursday. Win or lose in that match, they will play a second match that night.

Earlham to host playoff matches

The district playoff pairings were released last week and Earlham was selected as host for the first two rounds of play in Class A, District 4. The Cardinals will play Orient-Macksburg at 7 p.m. on October 17. With a win, they would advance to play at home on October 19 against the winner of Diagonal and Martensdale-St. Marys.

Earlham Echo

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Editor Todd Weber

President Jennifer Weber

PO Box 372 Earlham, Iowa 50072

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