RED RAIDERS TURN ASIDE BRONCO THREAT IN SATURDAY SWEEP

By DOUG CALSBEEK Co-Editor

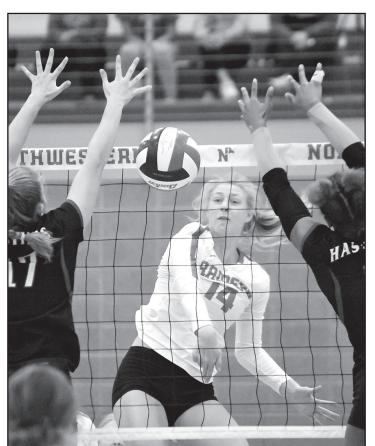
ORANGE CITY — After clear Northwestern College volleyball wins in sets one and two on Saturday evening, Oct. 8, it looked as if visiting Hastings College was going to extend the match in the third set. The Broncos had a 23-19 lead with no time-outs remaining for the hosts, but a fourth set was not to be.

Red Raider Alysen Dexter laced a kill from a Liv Reitsma assist. Dexter rotated to serve, then proceeded to bother Hastings with brisk service. Jazlin De Haan added to the pressure with timely kills. From a 23-23 tie and after a Bronco time-out, the Raiders secured the win on a Hastings miscue, De Haan banging to the floor a kill to secure the set and the sixth Red Raider sweep in a

"They had us on the ropes," said Raider coach Kyle Van Den Bosch. "But our 6-0 run was able to seal the deal. It was a great finish. Liv Reitsma did a good job of getting the ball to Alysen and Jaz down the stretch."

The win in Great Plains Athletic Conference play boosts the Raiders to 7-3 in the loop, 17-4 overall. The Broncos continue their season with a 5-5 mark in the GPAC and 16-9 in matches played.

Two of the remaining six regular-season GPAC matches loom for NWC. The Raiders hosted Morningside on Wednesday, Oct.



Quick attack

Macay Van't Hul (8) of Northwestern College powers an attack through the defense of Rachel Hefta (17) and Peyton Roper (9) of Hastings in the Saturday, Oct. 8, match. Van't Hul had eight kills and two assisted blocks in the 25-15, 25-14, **25-23 sweep of the Broncos.** (Photo by Jeff Bylsma)

12, then will face Concordia on Saturday, Oct. 15, in Seward, Nebraska. The face-off between the two top-10 ranked National Association of Intercollegiate Athletics teams is set for a 5 p.m.

In set one on Oct. 8, the Raiders outdistanced the Broncos 13-2 on the way to a 25-15 win, the Broncos committing eight attacking errors and getting just seven kills.

"We really came out with a bang," Van Den Bosch said. "We put a ton of pressure on them in a lot of ways. We had some big blocks early on, and that helped set the tone, as well."

In set two, the Raiders committed just two attacking errors and clicked at .412 efficiency on the way to a 15-14 win. Late in that set, the Broncos had worked to within four points at 17-13, but the Raiders closed it out with an 8-1 run. In that closing streak, Bekah Horstman, Macay Van't Hul and Dexter figured large in the Raider attack, Emma Wedgbury behind the service line and Dexter and Van't Hul with a well-timed block.

After an Amani Monroe kill on behalf of the Broncos to interrupt the Raider lead at 23-14, Van't Hull powered a kill, and Jadeyn Schutt stepped to the service area, and gifted the Raiders with an ace serve for the set win.

The Raiders got the win behind a 43-29 kill advantage, a .290 efficiency mark compared to .078 by the visitors, and 6-4 ace and 9-6 block edges. Digs were virtually even, the Broncos getting to 44, the Raiders to 43.

Reitsma put up 37 assists, Schutt adding one for the Raider's help total. With assists for the Broncos were Makenna Asher with 18 and Lauren Dirks with 6.

Dexter led the Raider attack with 12 kills, De Haan accounting for 11, Van't Hul with eight and Horstman with 11 error-free attacks, seven kills and a .636 match. Monroe led the Broncos with eight kills, Brianna Lemke getting seven.

Jaidyn Teske and Dexter each had two ace serves to lead the Raiders in that department. For the Broncos, Ava Lovitt picked up two aces, as well.

De Haan had one solo and five assisted blocks, Horstman six assisted stops. Van't Hull had two assisted blocks. Monroe had one solo stop and two helps for Hastings. With three assisted blocks each were Lemke and Rachel Hefta.

Granstra hustled for 16 digs, Teske getting eight, De Haan six and Dexter five. For the Broncos, Miriam Miller kept 17 alive and Lovitt had seven digs. In all, 12 Bronco players put numbers in the dig column.

Hastings Northwestern	1 15 25	2 14 25	3 23 25	T 0 3				
Player	SP	Kills	Eff	A	Aces	SB	AB	Digs
Jadeyn Schutt	3	0	0	1	1	0	0	1
Olivia Granstra	3	0	0	0	0	0	0	16
Emmy Wedgbury	3	0	0	0	1	0	0	2
Katie Peters	3	4	.083	0	0	0	1	1
Jaidyn Teske	3	0	0	0	2	0	0	8
Liv Reitsma	3	1	.000	37	0	0	1	4
Alysen Dexter	3	12	.258	0	2	0	1	5
Jazlin De Haan	3	11	.333	0	0	1	5	6
Macay Van't Hul	3	8	.263	0	0	0	2	0
Bekah Horstman	3	7	.636	0	0	0	6	0
Totals	-	43	.280	38	6	1	16	43

Key: SP=Sets played, Eff=Efficiency, A=Assists, AB=Assisted blocks, SB=Solo blocks

DUTCH VOLLEYBALL PLAYS SIX IN TOURNAMENT SPI IT

By MIKE BYKER Correspondent

HULL—The MOC-Floyd Valley Dutch volleyball team bounced back from a tough start at the Kooima Kooima Varitek Classic hosted by Western Christian in Hull and finished the day with a 3-3 mark.

The Dutch beat Le Mars 21-18, 21-17 behind nine Maya Immeker kills. Lily Huizenga had five kills, and Payton Kleinhesselink added four. Addy Leusink added seven digs. Immeker had six digs and Huss five.

Huss had 20 assists in the win and she also had four ace serves. Against Unity Christian and Sioux Falls O'Gorman, the Dutch absorbed a pair of 2-0 losses.

Against Unity Christian, the Dutch fell 21-16 and 21-8. Immeker, Lily Huizenga and Addyson Jeltema each had three kills. Huss had 11 assists and had four digs while Leusink had seven digs to pace the Dutch.

Against O'Gorman, the Dutch were limited to seven kills in the 21-8, 21-10 loss. Huss had five assists and six digs, and Immeker had two ace serves.

"We ended up having a great day at the tournament on Saturday," said MOC-Floyd Valley coach Kate Boersma. "We drew a pretty tough pool with O'Gorman and Unity, but the girls didn't let that get them down. We beat Le Mars putting us 3rd in the

From there, the Dutch entered bracket play and beat Harlan 25-17, 25-20. Huizenga had a team-high seven kills, and Kleinhesselink, Immeker and Hayungs each had four kills. Huss had 18 assists and Cleveringa had nine digs.

Kooima Varilek Classic Western Christian High School Hull MOC-Floyd Valley scores									
Le Mars	1 16	2	T 0						
Dutch	21	-							
Dutch	16	-	0						
Knights	21		2						
Sioux Falls O'Gorman	21	21	2 0						
Dutch	8	10							
Harlan	17	20	0						
Dutch	25	25	2						
Central Lyon	18	16	0						
Dutch	25	25	1						
Sioux City East	25	25	2 0						
Dutch	18	20							

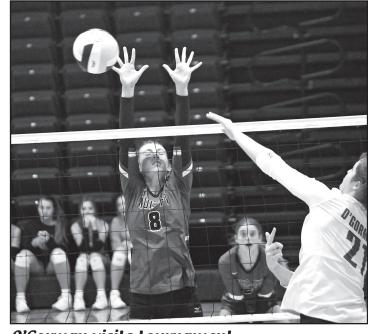
MOC-Floyd Valley followed the win over Harlan with a 25-18, 25-16 win over Central Lyon. The Dutch had a balanced attack with Kleinhesselink and Huizenga each getting five kills. Immeker had four kills, while Huss had 17 assists and 10 digs. Leusink accounted for nine digs.

Sioux City East ended the Dutch day with a 25-18, 25-20 win. Immeker had nine kills and Huss 12 assists with nine digs in the

"They chose to fight and ended up playing some really great volleyball together post pool play," Boersma said. "Ending 3-3 on a loaded day like that had me pretty excited. Considering our losses, one to the team that won the whole thing, and one to the team that was in the semis and one to a talented East team at the end of a long day."

The Dutch are now 12-16 and will play conference matches against Okoboji and Sioux Center on Tuesday, Oct. 11, and Thursday, Oct. 13, before playing Unity Christian in a post-season opener for both teams on October 17 at Unity Christian.

"All the girls had their moments and we leaned on each other at different times," said Boersma. "Our bench stayed energized all day and kept us in the fight on multiple occasions, very proud of them for not letting the long day get them down. All of our hitters took a time to shine, and I thought our serve receive on the day as a whole was great."



O'Gorman visits tournament

Maya Immeker (8) of MOC-Floyd Valley goes up for a block and Makenzie Walsh of Sioux Falls O'Gorman attacks around the block in the Saturday, Oct. 9, match during the Western Christian tournament in Hull. The Lady Knights were 2-0 winners and went on to win the tournament crown. The Dutch advanced out of their pool and played six games, **finishing with a 3-3 record.** (Photo by Jeff Bylsma)

Sioux County Capital-Democrat

Red Raider women finish third at Dordt event, men ninth

By DOUG CALSBEEK **Co-Editor**

SIOUX CENTER — Dordt University hosted its annual classic on Saturday, Oct. 8. In the earlier women's race on a 5K course, the Dordt women combined their scoring runners for first place. The Northwestern College women placed third, behind two other Great Plains Athletic Conference teams. The Dordt men finished all five scorers in the top 10 to win the 8K run. The Northwestern men placed ninth.

One more regular-season run awaits the Red Raiders. Mount Marty will host women's and men's races on Saturday, Oct. 22. The GPAC championship run will take place on November 5.

Fourteen teams participated in each October 8 race, eight men's teams from the Great Plains Athletic Conference, and seven women's teams from the GPAC.

"It was a beautiful fall morning to race," said Raider coach Scott Bahrke. "Cool temperatures with little wind and the sun shining bright set the stage for a plethora of personal bests. Thirteen of our 16 women ran collegiate bests in the 5K race. Eight of the nine men raced their fastest 8Ks ever."

In the women's race, Northwestern fielded 16 runners. Scoring for the Red Raiders were Katlyn Wiese, third and just 11 seconds behind first-place Morgan Lawson of Grand View, Emily Haverdink, seventh in 18:29, Tirzah Wittenberg, 19th but 17th in point collection, Emma Haley 25th but 23rd in point standings and Julia Fehr, 41st but 38th in points collection.

"Our women had a goal of closing the gap that Concordia had on us in the first meet of the season at Augustana," Bahrke said. "They did just that. Katlyn Wiese ran determined from start to finish. Her teammate Emily Haverdink also ran with the front pack to start the race. Meanwhile, their teammates watched out for the Concordia uniforms and worked hard to stay in front or pass those ladies as the race continued."

The Raider women finished with 88 points, well ahead of Augustana's 120 and just eight points from second-place Concordia's 80. Dordt earned the team crown with 49 points, four runners placing in the top 15.

Dordt's Jessica Kampman finished in second place in 18:06.

Nine Raider men took to the 8K course, led by Joseph Kunert, who finished in 25:27, knocking off nearly two minutes from his previous best and placing 17th. Ben Van De Berg finished 68th, 49th among runners for team points. Alex Nonhof was 75th/55th, Trey Engelmann 99th/66th, Tommy Tracy 125/80th. Teammate Brayden Dirks was right behind Tracy, 126th/81st.

"Joseph Kunert obliterated his 8K personal record by nearly two minutes," said Bahrke. "He has been training great in practice and his fitness level showed on the course today. Many of our guys had not raced in almost a month. You could see with their drops in time that they are getting stronger and more comfortable with this new race distance."

Defender Classic Cross Country Dordt University Sioux Center Saturday, Oct. 8 Northwestern College results Scores which include "/" indicate overall finish, then scoring finish									
Dordt	48	Dordt	27						
Concordia	80	Grand View	60						
Northwestern	88	Concordia	126						
Augustana	120	Doane	132						
Grand View	161	Wayne State	141						
Morningside	183	Kansas Wesleyan	144						
Wayne State	208	Dakota State	157						
Southwest Minnesota State	222	Dakota Wesleyan	180						
Kansas Wesleyan	241	Northwestern	265						
Doane	243	Mount Marty	299						
Saint Mary	244	Sioux Falls	308						
Dakota State	266	Morningside	353						
Sioux Falls	277	Briar Cliff	380						
Briar Cliff	412	Southwest Minnesota State 380							
1 Morgan Lawson, Grand Vi	ew 18·02.66	300							
3 Katlyn Wiese	18:13.86	1 Joe Anderson, Dordt	24:19.59						
7 Emily Haverdink	18:29.20	17/15 Joseph Kunert	25:26.98						
19/17 Tirzah Wittenberg	19:18.82	68/49 Ben VanDeBerg	27:08.00						
25/23 Emma Haley	19:31.99	75/55 Alex Nonhof	27:18:57						
41/38 Julia Fehr	19:59.58	99/66 Trey Engelmann	27:52.19						
42/39 Caitlin Alberts	20:01.43	125/80 Tommy Tracy	29:04.07						
60/53 Lauren Derscheid	20:30.83	126/81 Brayden Dirks	29:05.12						
75 Megan Bosch	20:55.62	139 Sam Harrison	29:25.23						
81 Abby Ervin	21:03.40	143 Braeden Brough	29:40.37						
89 Mikayla Johnson	21:13.60	156 Gunner Vargas	31:00.71						
105 Olivia Anderson	21:46.71	o .							
107 Lauren Jurrens	21:48.14								
122 Morgan Ritz	22:32.87								
128 Delanie Brasser	22:56.50								
136 Bree Van Genderen	23:28.66								
146 Kennedy Cole	24:32.45								

