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Attendees fill conference room at PCH to learn about Pocahontas nursing home situation

By Erin Sommers pokyrdnews@gmail.com

Pocahontas Community was frank with community members last week.

Finding a way to keep a nursing home in Pocahotnas won't be easy or inexpensive.

But Roetman, whose own mother spent seven years at Pocahontas Manor, said the investment in some kind of nursing home would be worth it for the community. That value isn't just for the aging population in the county, he said, but also for the community as a whole - when people are looking to relocate to a new community, they look for schools, hospitals, grocery stores and nursing Pocahontas Manor's homes. location immediately adjacent to the hospital had been a selling point for years.

"We think we need to have a nursing home in the town," Roetman said. "Having a nursing home is a big deal.'

PCH officials did reach out to the company that owned and ran the Manor, to see if the hospital could purchase the building.

"Originally they told us they wanted \$600,000 for it," Roetman told a crowd of about 70 people at PCH Aug. 15.

That was too much, Roetman and the PCH board decided. The owners came back with a lower cost - \$300,000. The board had a counter offer.

"I talked to them about

Roetman said he and county economic development officials Hospital CEO James Roetman had been working with Manor officials for four or five years, talking about improvement projects or even building a new care facility. Early cost estimates

were \$4.5 to \$6 million; after the pandemic, those costs have jumped to \$9 to \$11 million, Roetman said. That doesn't mean a new

nursing home is out of the Roetman said. question, Humboldt lost all but 28 nursing home beds in recent years, and a group of investors has come together there to build a new nursing home. Building a new facility, or even reopening Pocahontas Manor comes with some additional hurdles, though, Roetman warned. State officials, including Gov. Kim Reynolds, have taken a stance that the state has enough nursing home beds, but that they aren't all being staffed. Roetman said an application to get a nursing home license for Pocahontas County may be approved, if the county is determined to have a nursing home desert - a documented lack of nursing home beds. Laurens Care Center currently has four openings, while Accura in Fonda also has four openings. Just outside of the county, the nursing home in Pomeroy has

Manson has four open beds. Community members asked about the feasibility of donating the building to our tearing down part of the Manor and keeping part of it, or rehabilitating it all. "The biggest road block we have is the shape this building is in and the efficiency of it,²

three open beds and the one in

Roetman said "The people I talked to said you would be ridiculous to invest into that building.

An architect who works with UnityPoint hospitals and clinics walked through Pocahontas Manor to help assess the condition of the building. The "H" shape made it particularly inefficient, Roetman said. He has also priced the cost

of demolishing the building and taking the lot back to level ground. That alone could cost several hundred thousand dollars, possibly up to half a million dollars. The hospital might be able to receive grants to help with those costs, he said.

The location remains ideal for a nursing home, though, and the hospital would prefer to see a nursing home there than some other alternatives - Roetman mentioned other nursing homes that have closed and the buildings purchased with plans to make apartments. Many of those plans have not come to fruition and the buildings have begun to deteriorate as they sit empty.

He said a few other nursing home companies did reach out to the company that owned the Manor, but none have followed through indicating an intention to purchase the home.

reassurance for community members.

"This is not a Pocahontas County issue," Roetman said. Nursing homes in Newell, Albert City, Humboldt, Fort

Luke Dahl, a Rolfe native, joined the Iowa Army National Guard and served as a medic. At left, he's seen hanging out of a medevac helicopter. Above, Luke Dahl is seen with his son, Gary Robert Dahl, in front of a military medical helicopter.

They got their start in Rolfe

Submitted photos

By Erin Sommers pokyrdnews@gmail.com

An interesting tidbit came up during the discussions leading up to the EMS essential service

had been the starting point for college credits that counted a number of locals who have made a career in the emergency medical field. A few of those professional first responders answered some questions recently about how they got their start in Rolfe and how that shaped their career trajectory.

Zach Higgins, who is now a flight paramedic with Air Methods, is one of those locals. He said there was a house fire in the summer of 2008 that sent him down his career path.

"A lot of times when these Roetman had a bit of calls occur the community gathers around to be nosy, if you will," Higgins said in an email interview. "During this specific house fire, I walked down from our home and watched the crews work from the street. When I was there Shelley Stumpf came up to me and started talking to me about volunteering with the Rolfe Ambulance. They needed volunteers to keep the ambulance in service. At that time the ambulance crew included a driver and an EMT." Higgins went home and thought about it. "I wanted to be more involved with the community where I was born and raised," he said. "I wanted to make a difference in the lives of others.' He decided to go for it, completing the training to become a driver that same year. In 2009, he signed up for a class at Pocahontas Community

Hospital, where he earn his do professionally, Higgins said. EMT certification. The Rolfe "Throughout my high school Ambulance Department paid years, I was interested in mathematics and accounting," for his tuition and books and, he said. "I had the intention and

because the class was offered by Iowa Central Community The Rolfe ambulance crew College, he was also able to earn toward his high school classes. He graduated from PAC in 2009.

"I spent the last semester of high school attending EMT class and preparing for the credentialing process," Higgins said. "When I became certified as an EMT I was able to continue to volunteer with the Rolfe Ambulance and be able to provide patient care."

That one question from Stumpf completely changed his mind about what he wanted to



"Barbie" Rated PG-13, Running time: 1 hr. 39 min. Starring: Margot Robbie, Ryan Gosling, and Issa Rae. Barbie suffers a crisis that leads her to question her world and her existence. Schedule subject to change.

COMING SOON:

"Oppenheimer" — R "Meg 2: The Trench — PG-13 'Expend4bles" — R "The Equalizer 3" — R "Paw Patrol: The Mighty Movie" - PG

AUCTIONS

Premium Iowa Land Auction Humboldt County, IA Avery Twp., Sec. 5 87 Acres M/L Wednesday, Aug. 30 • 10 a.m. Auction Location: Rolfe Community Building, Rolfe, IA Father Dennis Sefcik Estate, Owner Sale Barn Realty & Auction 401 1/2 East Elm, Pocahontas, IA 712-335-3117 www.salebarn.ncn.net ***

Hay Auctions First and Third Saturdays of each month Sept. 2 & 16 @ 10:15 a.m. (a) the Fonda Sale Barn Hammen Auction Company Jerry Hammen ~ 712-299-2523 3 Bedroom, 2 Story Home

Wednesday, Sept. 6 @ 6 p.m. 105 2nd Ave. SW, Pocahontas, IA Rosemarie Mell, Owner Sale Barn Realty & Auction 401 1/2 East Elm,

Pocahontas, IA

712-335-3117

foundation," Roetman said, adding nursing home officials spent about a week considering the request. "They came back and said they weren't interested

and Primghar have Dodge all recently closed, he said.

See NURSING, Page 04





Zach Higgins, who is a flight paramedic, got his start in emergency medicine working with the Rolfe EMS in high school. Submitted photo

different states to work with different Air Method's programs to fulfil scheduling and service needs.²

interest to attend college for an

accounting degree. This changed

after becoming a volunteer

with the Rolfe Ambulance. I

enjoyed my experience with the

Rolfe Ambulance so much and

took an interest in prehospital

emergency care that I changed

my major from Accounting to

paramedic licensure in Iowa

and, in recent years, has earned

the same license in a total of 37

states. He also earned a flight

which allows him to work in the

911 ambulance services and was

able to get a lot of experience in

prehospital emergency care,"

he said. "I'm able to travel to

"I worked for some very busy

co-certification,

Higgins went on to earn his

Paramedic Science.'

paramedic

air ambulance.

PAC High School played a role in shaping his career path as well, Higgins said. For one, he said, the school system encouraged students to be involved in community service.

"The school system had programs that would compensate you for so many community service hours completed," Higgins said. "So, it seemed like my generation of students were directed towards a path for community service in some way. Also, what I think is a big contributor in encouraging

See ROLFE, Page 04

www.salebarn.ncn.net *** Pocahontas Machinery Consignment Auction Wednesday, Sept. 13 @ 8 a.m. **Start Bringing Items** Tues., Aug. 22, 2023 until we are full please call ahead Located at 401 1/2 East Elm, Pocahontas, IA Sale Barn Realty & Auction 401 1/2 East Elm, Pocahontas, IA 712-335-3117 www.salebarn.ncn.net ***



Fun in downtown Pocahontas

Downtown Pocahontas was hopping all weekend with live music, the annual Princess City Car Show and Poca-fest, which brought a carnival back to town. Rod McClurg of Pocahontas won the People's Choice Award, earning the most votes from attendees. Organizer PK Killian said 116 vehicles registered and another six were on display. A highlight of the show was the Ford GT 40, a sports car that retails for more than \$1 million. This particular vehicle has just 11 miles on it, Killian said, and the owner, a physician who holds clinics at Pocahontas Community Hospital, had the vehicle brought to town on a trailer for the show. Photos by Erin Sommers



Potato digging and apple pressing available at Wiegert this year

By Erin Sommers pokyrdnews@gmail.com

A few new fun events are on the schedule at the 39th annual Wiegert Prairie Fall Fest.

"Something we are bring back this year is potato digging," Pocahontas County Conservation's Dayton Harson said. "We will be making apple cider again this year. We obtained an apple press, and our guys have worked hard to restore it to how it originally was.'

Fall Fest is from 10 a.m. to farm and homestead site, 27575 615th St., Palmer.

county conservation employees sandblasted the rust off, made

new wooden supports and painted and stained it.

"It is a very cool old piece that they brought back to life,' Harson said.

Potato digging will take place at 1 and 2 p.m.

The day begins with the Pioneer Church service at 10:30 a.m. Special events include live music from The Sandhill Kid and prairie rides. Pilot Creek FFA will be grilling hamburgers and hot dogs from 11 a.m. to 1 p.m.

Ongoing demonstrations demonstrations, lessons at the the smokehouse and farmstead tours. Some farm pets and

4 p.m. Aug. 26 at the Wiegert will be available throughout the property. There will be To restore the apple press, country school, information at

animals will be on display. Civil War re-enactors will kettle corn will also be available, provide historical information about Iowa's role in the war. Cowboy coffee, root beer floats,

homemade pie and ice cream and and some local vendors will be set up and selling their wares. Entrance to the event is free.



Homemade quilts were seen on display in a barn at the Wiegert farmstead last year. Photo by Erin Sommers

AUGUST 29TH - 31ST 11 AM TO 1 PM EACH DAY **FREE LUNCH TOURS OF OUR FACILITY**





Pocahontas Farmers' Market to be held on Wednesdays

The Pocahontas Farmers' Market will begin on Wednesday, June 14. It will be from 4-6 p.m. Wednesdays. Located on South Main, behind Pocahontas Inn and Suites.

Pray and Play Playdates at **Covenant Church**

Pray and Play Playdates - a Mom's group will meet every second Saturday from 3-4 p.m. at the Outreach Center at Covenant Church of Pomerov. All moms and kids are invited to come and play and meet new friends.

Grief and Loss Class to be held Sept. 21

A Grief and Loss class will begin Thursday, September 21, and will run for 6 weeks. The class will take place at Covenant Church of Pomeroy. This class is open to anyone in the area who has experienced loss. The class will be led by Eric and Annette Howard from Fort Dodge.

Rolfe Lions Club has Vision Aid for Area Residents

Do you have difficulty reading newsprint and letter? The Rolfe Lions Club has Low Vision Readers available for area residents in need of assistance. Contact any Rolfe Lions Club

contributions member or call 712-848-3843, 712-848-3284, or 712-335-8060. the PAC Interact Club.

Adult Summer Reading Program at Pocahontas Library to start August 1

held Tuesday, September 19 at August 1 - Adults Only - at the Expo Center, 310 NE 1st the Pocahontas Library! For Street, Pocahontas, IA. Hours of the month of August through the drive are 12:30-5:30 p.m. To set up your lifesaving appointment, text: LIFESERVE September 15 the Pocahontas Public Library is sponsoring an Adult Reading Program entitled, to 999-777 or call: 800-287-4903 "Find Your Voice by Reading." or visit: lifeservebloodcenter. How it works is check out and org. This is sponsored by the read 3 books - fill out your Pocahontas Area Rotary Club & slip and return it for a choice

provided by LifeServe. of a prize. Also, every time you stop at the Library sign American Legion your name, and drop it in the Post #18 to hold basket. A drawing will be held after September 15 for prizes. meeting Sept. 13 Every Thursday in August come The American Legion Post #18 join us for Refreshments at 2

will hold their monthly meeting p.m. So, Adults - check out the on Wednesday, Sept. 13 at 7 Pocahontas Public Library, pick p.m. at the American Legion up a good book and increase Building. Bring your own steak. your chances to win in the Adult The Post will furnish the rest. Summer Reading Program!

LifeServe Blood

Drive will be Sept. 19

The monthly Pocahontas Community Blood Drive will be

Can/Bottle Kennels The Rotary/Interact cans and

members appreciate

members

to purchase fireworks for the

appreciate

LOCAL FOOD BANK bottle kennels have been moved Any donations of items or to the south side of the new monetary donations to purchase recycling center, Pocahontas food, personal products, or meat Can & Bottle Redemption Center, would be greatly appreciated. across the street from the New All donated items can be Way Ford-Lincoln dealership.

brought directly to the Upper Des The local Rotary and Interact Moines Opportunity Outreach office located at 406 NW 7th vour contributions. The funds from Street (Hwy. 4), Pocahontas, the cans and bottles will be used Iowa.

SUPPORT YOUR

annual display which will be ISU Extension's lowa held during Heritage Days and Concern Hotline is the Pocahontas County Fair. The local Rotary and Interact available to call 24/7

vour Who are you going to call if you have a legal question, need This is sponsored by the someone to talk to, trying to Pocahontas Area Rotary Club & find a resource, or just feeling stressed? Iowa State University Extension and Outreach's Iowa Concern Hotline (1-800-447-1985) is a toll free number that

is available 24/7 for these such problems

experiences I think the older generations of people had a very strong belief in commitment and dedication. I think this gets lost through the younger generations. So, when the number of older generations of EMS and ambulance providers start to decline, we aren't seeing as many of those positions being filled leaving a lot of areas without EMS or ambulance coverage. I think this idea can be applied to a lot of other industries other than just EMS or the fire service. I think this vacancy is forcing our society to encourage younger generations to get more involved in their

communities." really Higgins enjoyed working with the Rolfe Ambulance crew, he added. "Since we all mostly knew



NURSING: Community meeting held to discuss nursing home From Page 01

AREA EVENTS/NEWS

A big factor has been the cost of staffing. While PCH, as a critical access hospital, gets reimburmsements from Medicare and Medicaid based on the cost of providing those services to patients, nursing homes do not. The majority of the residents at Pocahontas Manor were on Medicare, which pays substantially less than a private einsurance provider. At the Manor, 70 percent of patients were on Medicare, while only 30 percent had private insurance. At the time of the closure, the Manor had just 22 residents, although when fully staffed. At its heyday, the facility housed 80 to 90 residents.

John Pohlman and Ron Hersom informed the crowd

service is this: From my

about how Laurens residents were able to save their nursing home a little more than a decade ago. A few things worked in Laurens' favor, Pohlman said, starting with the previous nursing home owner being willing to sell the facility to a $501c\bar{3}$ nonprofit group for \$1. At the time, Pohlman was a part of the Laurens Industrial Association. which was a nonprofit, but not 501c3. Laurens did have another nonprofit that could help — the Laurens Senior Pioneers. The Industrial Association stepped in to help, providing about \$60,000 toward repairs at the care center. Laurens Municipal Power and Communications applied for and received a USDA grant, which it used to start a revolving fund.

The first beneficiary was the Laurens Care Center, Pohlman said.

Those funds were vital because the care center needed a new sprinkler system throughout the building. The City of Laurens helped out with a project to bring larger water lines to the nursing home as well, he said.

"It's worked very well," Pohlman said of the care center, which still has a board of community members to oversee it. "We're tickled to death to have

Hersom said a few other things worked in Laurens' favor. For one, Good Samaritan sold it to the Senior Pioneers without closing it, so the nursing home

license never lapsed. Laurens Care Center has been able to keep about 40 percent of the patients as private pay, which helps to offset the losses incurred with Medicare patients, and the nursing home was running in the black for many years leading up to the pandemic. In more recent years, Laurens Care Center has needed to have more patients to break even, so the facility has relied on savings to offset losses. It helps that the nonprofit nursing home doesn't have

investors. "We're not in this to make money," Hersom said. "If we can break even, we can live off the depreciation."

ROLFE: Local EMS helps launch career direction for two men From Page 01

it."

younger people into community everyone in the community the crew consisted of people that were friends of my parents, family friends, and others we attended school and other functions with," he said. "There was a feeling of belonging and friendship that was like no other. It truly was a second family of mine. We got to know each other on different levels since we spent time at meetings, training events, or late night 911 calls. We relied on each other for safety and support. We had people from all different backgrounds, of all different ages and we all came together. If I had to choose one thing, I remember about being involved with the Rolfe Ambulance was the sense of belonging."

Luke Dahl came to the emergency medical field in a slightly different way, starting with a job as a lifeguard. Dahl grew up on a family farm south of Rolfe. Working as a lifeguard ignited a passion for medical rescue, Dahl said, and that led him to take an EMT class in college. From there, he started volunteering with the Rolfe Ambulance and the Rolfe Fire Department.

"I was privileged to serve for nine years on both departments," Dahl said. "After I finished college and earned my bachelor's degree in accounting, I join the Iowa Army National Guard as a Combat Medic and shortly after was recruited into the Iowa Army MEDEVAC

Pocahontas Farmers' Market

Wednesdays • 4-6 p.m.

South N



There, he trained for six weeks to become a flight medic in a UH-60 Blackhawk Helicopter. Dahl's unit deployed to

Afghanistan in 2012-2013 in support of Operation Enduring Freedom. "During that deployment, I

flew 116 combat flight hours," he said. "The training for an army flight medic included medical and trauma care, tactical extraction, arterial and central line monitoring, IV pumps, vents, and chest tube placement and management."

completed Dahl's unit missions that included injured extracting patients from the battlefield. The unit would take the patients to small surgical teams near the battlefield and then, once the now sedated and intubated patient had been stabilized, the crew would take the patient to critical care transfers to higher echelon hospitals.

"If they were available we would occasionally fly with flight nurses or doctors during some critical care patient transfers," he said. "But most of the time it was a single flight medic during the one 1-2-hour flights over the mountains."

After returning from Afghanistan, Dahl' unit sent him to earn his National Registry Paramedic, Critical Care Paramedic, and Flight Paramedic Certification in San Antonio at the University of Texas.

"When I returned to Iowa with my paramedic certification, I had the choice to continue in my accounting career and remain a flight medic in the military only," Dahl said. "My wife and I made the hard decision for me to work as a paramedic on the civilian side, (even if the pay is much less than an accounting job) so that my experience in military and civilian medicine could compliment and grow

Women of Hope (formerly UMW)

That decision led him to work for Mercy Ambulance and Dallas County EMS as a critical care paramedic. "I found that I enjoyed working

each other."

with rural EMS agencies because of the long transport times to Level 1 or 2 Trauma, Pediatric and Stroke Centers," he said. "Transports of critical patients can often be over an hour if no air support is possible."

Seven years ago, Dahl switched jobs, now working for Dallas County EMS and Stuart Rescue as a paramedic, EMS director, and assistant EMS director. He has also remained a volunteer firefighter, serving in Rolfe, Saylorville, and now in Stuart and Casey.

"I also continue to serve and fly with the Iowa Army National Guard in Waterloo," he said. "I love the Army MEDEVAC mission and have flown over 950 flight hours in UH-60 Blackhawks and UH72 Lakota's with over 210 NVG hours, including the 116 combat flight hours."

If that wasn't enough, Dahl is an EMS instructor for several different programs.

"I really enjoy teaching everyone, military and civilian, to learn and maintain medical knowledge that can help save and effect so many lives," he said. "I highly encourage everyone to learn about emergency medicine, even if it is simply a CPR or Stop the Bleed class. It is not always possible to save everyone but having the knowledge to extend and sustain the life and wholeness of a friend or an irreplaceable loved one can be the greatest thing you ever learn.'

on South Side of Road Auction Location: Rolfe Community Building, Rolfe Ia Father Dennis Sefcik Estate ~ Owner

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Humboldt County Iowa

Avery Township Section 5, 87 Acres M/L

Wednesday, AUGUST 30, 2023

@ 10:00 AM

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on P-19 for 1 Mile then East on 160th St for 1/2 Mile

Attorney for Estate ~ Jeff Kuchel William Bunda Jr & Mary Nieland – Executors

Sale Barn Realty and Auction

Website ~ salebarn.ncn.net For More Information Go To website Or Call: 712-335-3117 Office **Rick Winegarden ~ Auctioneer/Real Estate Broker** Rick's Cell 712-358-0974 401 1/2 East Elm Avenue Pocahontas, IA

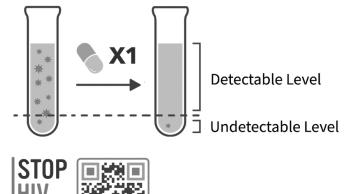


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Thursday, Sept. 7	6:30 p.m.	Courthouse Assembly Room, Pocahontas	
Monday, Sept. 11	6:30 p.m.	Catholic Parish Center, Varina	
Tuesday, Sept. 12	6:30 p.m.	Community Center, Palmer	Poca Fan M

105 2nd Ave SW ~ Pocahontas, IA

Wednesday, September 6, 2023 @ 6:00 PM

Home will be sold As-Is Condition.

Rosemarie Mell ~ Pocahontas, IA

THE SALE BARN REALTY & AUCTION 712-335-3117

Rick Winegarden, Auctioneer, 712-358-0974

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Until we are full ~~ Please call ahead

Auction Date:

Wednesday ~ September 13, 2023 @ 8:00 AM

When Machinery is brought to our lot, we handle everything from showing the

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Pocahontas Machinery Auction

Auction Lot Located on Hwy 3 ~ 401 1/2 East Elm

Pocahontas, IA (The Big Red Shed)

3 Bedroom

2-Story Home

Up For Auction

Attention Machinery

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He pointed back to Rolfe as the starting point for his career in service to others.

"I enjoyed growing up near Rolfe and the close community it provided," Dahl said. "The promotion of service and pride in the community was fostered by my father, Gary Andrew Dahl, and many thanks for training and encouragement goes to Shelley Stumpf (Rolfe EMS Director) and Glenn Munson



For more information contact: Pocahontas County Conservation 712-335-4395 • email: conservation@pocahontas-county.com