

HEALTH

MRHC welcomes Lucas Schwery, new physical therapist

Special to the Times Herald

The therapy department at Manning Regional Healthcare Center (MRHC) is excited to welcome an additional physical therapist, Lucas Schwery, DPT. Schwery will be joining Taylor Nelson, DPT, in offering physical therapy services to address a variety of impairments including musculoskeletal, neurological, cardiovascular, balance, gait, and post-surgical impairments and injuries.

"I chose to work at MRHC because my wife and I live just outside of Manning. We are looking forward to planting our roots and starting our family here," said Schwery.

After needing treatment for an ankle injury in high school, Schwery became interested in the physical therapy field.

"My injury inspired me to pursue an athletic training work study job in college," said Schwery. "It was at this job that I found my passion for helping others return from injury to do the things that they love and achieve their goals. In many cases, physi-

cal therapy is a conservative way to improve a variety of our patients' impairments."

Signs and symptoms that indicate someone would benefit from physical therapy include any pain associated with the movement of a body part, frequent falls, dizziness, the inability to complete daily activities, and chronic pain.

Schwery grew up in Kimballton and attended Exira EH-K High School. He completed his undergraduate schooling at Morningside College where he worked with the athletic training staff helping provide sideline coverage for athletic events. He then graduated from Briar Cliff University from their Doctor of Physical Therapy program.

To schedule a physical therapy appointment, call (712) 655-8298.



Lucas Schwery

HEALTH



SUBMITTED PHOTO

MRHC's Clinic Director, Shelby Dickson RN, Jackie Blackwell, and CEO, Linn Block RN, BSN, MHA

Blackwell focused on MRHC's quality improvement and patient experience

Special to the Times Herald

Jackie Blackwell recently completed her MBA, creating an opportunity both for herself and Manning Regional Healthcare Center. As MRHC's new Chief of Quality and Patient Advocacy, Blackwell's role will help the organization focus even more fully on quality and quality improvements.

"Quality is one of our five key results and at the forefront of all our decisions. We want to provide the best quality care for each patient encounter," shared Linn Block, CEO of MRHC and Blackwell's mentor throughout her MBA process. "Jackie's prior experience as a nurse combined with what she's learned through her MBA program has provided her with the tools we need for this key role."

Blackwell's new responsibilities include laboratory, quality, utilization, and risk functions, along with clinical analytics, patient experience and advocacy, HIPAA, and privacy. She will also coordinate objectives to achieve compliance with regulatory and accrediting

agencies.

She completed several quality projects during her master's degree, one of which is already helping improve MRHC. Blackwell's capstone project evaluated fall prevention and how staff play a vital role in preventing patient falls.

She hopes the impact of her degree will help staff develop improvement opportunities at all levels of the organization, and establish processes to prioritize projects based on MRHC's organizational goals.

Blackwell's desire to further her education and career comes from her devotion to serve others. "I have always had a passion for helping others, whether that be patients, co-workers, friends, or family. Pursuing my MBA helped me to learn more management techniques and how to lead staff. The MBA program has also provided me ways to



Jackie Blackwell

offer a compassionate approach to administration as we face the future challenges in healthcare."

Jackie's career path up to this point began at the Manilla Manor as an Environmental Aide in 2007. She earned her CNA in 2008 and worked at the Plaza while obtaining her RN degree in 2012. She then went on to achieve her BSN in 2018 and MBA in 2023.

"Linn Block encouraged me to pursue my career goals and was my mentor throughout the MBA program. My career has always meant a lot to me, and we were raised to be hardworking children," shared Blackwell. "I told Linn my goals and she was supportive of them and helped get me to where I am today. All of the senior team members played a part in this process, and I learned a lot from each of their management styles."

After her recent educational experience, Jackie offers this encouragement to someone considering furthering their degree and career: "If you have a goal, go get it!"



SPECIAL TO THE TIMES HERALD

New members inducted into the Carroll Lions Club are (from left) Emilie Agan, Andrea Flug and Danny Torgerson.

LIONS

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more than \$10,000, and the club uses funds to help local individuals and programs.

Anybody interested in joining the Lions Club may contact Bruce Boehm Jr. at 712-210-6296.

Club President Sondra Rierson presented the Lion of the Year Award to Soyer.

The club said in a news release that Soyer's "unwavering dedication and outstanding contributions have set a remarkable standard within

the Lions Club." The release added, "Kris's tireless commitment to community service, leadership, and transformative initiatives has truly made a significant impact on the lives of those they've touched. Their embodiment of the Lions Club's values, along with their ability to inspire and rally fellow members, exemplifies the essence of this award. Through her selfless efforts and visionary leadership, she has not only enriched their local community but has also upheld the Lions Club's legacy of humanitarianism and positive change."

QUILTS

FROM PAGE 2

other. Visitors will also see all kinds and sizes of quilted wall hangings, table runners, table toppers or tablecloths.

Something new at this year's Quilt-A-Fair is a display of cloth covered boxes. Like a quilt, these handmade, decorative boxes have three layers: a top fabric, a backing fabric, and a center layer of a firm chip

board, rather than batting. The display cases in the Open Class Building will be filled with a wide variety of these lovely boxes and visitors will even have the opportunity to see a demonstration on Cartonnage during the show.

In addition to this brief preview of the quilt displays, the vendors will also have hundreds of quilts for visitors to see. Most of those will be cloth quilts, but quilt patterns in stained glass and wood

will also be spotted among the vendor booths.

The Sac County Quilt-A-Fair has developed a reputation as a terrific quilt show. Sac County Area Quilters encourage everyone to mark their calendars for September 22 and 23 and plan to attend the Sac County Quilt-A-Fair. This event only occurs every other year, so you won't want to miss the show this September. Food vendors will be on the fairgrounds to provide refreshment and great food so visitors can plan to stay from 9 a.m. to 4 p.m. to take in all the displays, speakers and demonstrations that help make the Quilt-A-Fair such a great event.

MILE STONES

Email milestones to events@carrollspaper.com

BIRTHDAY



Naberhaus to celebrate 90th

Marcella Naberhaus will celebrate her 90th birthday on Monday, Sept. 4.

Her nine children, including Mary, Rose, Steve, Mike, Diane, Don, Carol, Kathy and Dan, request a card shower in her honor.

Cards and well-wishes may be sent to Marcella Naberhaus at 421 Clark St., Room 122, Carroll, IA 51401.

LAMBERTZ

FROM PAGE 1

Recently, Lambertz hosted an event for her son called "Inked by Kayden," where he could invite his friends and give each other temporary tattoos. By seeing his mother work, Lambertz said she thinks the exposure helps Kayden foster his creativity.

"Being able to let him be his own person and let his ideas open, I think, is helping him evolve as an individual as well," Lambertz said.

When other parents book appointments with Lambertz, she'll allow them to bring their children along. Although they can't go inside the room where she tattoos, Lambertz said she understands parents need to multitask on certain days.

"I want them to know that this is an inviting space where you can bring your family because I bring my family," Lambertz said.

On Sept. 16 and 17, Lambertz will collaborate with another entrepreneur for an event called "Inked + Linked." Working with the Oklahoma-based piercing business, Inde Linx, customers can visit the Studio for flash tattoo designs, permanent jewelry piercings and ear styling.

During the event, Lambertz is also collaborating with Boho Beauty Bar, based in Arcadia, to bring hair tinsel services to her space.

"I'm hoping that people take it as a day for some self-care," Lambertz said.

Through her work, Lambertz said she hopes other entrepreneurs won't feel pressure choosing between their jobs and starting a family.

"I feel like that's something, as entrepreneurs and people that work for themselves, that want to be able to have the job, the career but also have a family, kind of breaking the stigma that you can have both, especially as women," Lambertz said.

Snapped any great photos lately?

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Email photos in "original size" to newspaper@carrollspaper.com

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