

Rupiper Finds Calling as PA at MRHC's Family Practice Clinic

After debating a career in business or physical therapy, Courtney Rupiper found her calling as a physician assistant and now works in the Family Practice Clinic at Manning Regional Healthcare

"I started working at a local nursing home when I was younger and fell into healthcare," said Courtney Rupiper, PA-C. "I felt comfortable with healthcare and helping people. When I went to college, I thought I was going to be a physical therapist, but I quickly learned that wasn't for me. After doing some job shadowing of PAs, I felt like it was something I could do, and here I am."

Rupiper completed her undergraduate degree at the University of Northern Iowa and received her PA degree from St. Ambrose University. She joined the MRHC Family Practice Clinic as a Certified Physician Assistant in November of 2017.

"I really enjoy getting to know all the families here at MRHC. And as I grow in my career as a PA, I hope to complete more continuing education so I can be even more help for my patients," Rupiper said.

In addition to the meaningful work Rupiper does daily, she also values the laid-back feel of working in the clinic, the convenience of working close to home, and the work-life balance MRHC offers.

"MRHC provides a great atmosphere to work in, and I like that you know everyone," said Rupiper. "It feels like home even when I'm at work."

Rupiper is one of four providers in the Family Practice Clinic who sees patients on a regular basis. The clinic also includes Dr. McLaws, Dr. Luong, and Sara Vitito who accepts same-day appointments.

"Courtney is a great asset to the MRHC provider team," said MRHC Clinic Director, Shelby Dickson, "She works hard and always puts a patient's best interest at the forefront of the care she gives."

To schedule an appointment with Rupiper, call (712) 655-8100. To join the MRHC team, visit www.mrhcia.com/careers or call (712) 655-2072 for more information on current job openings.

IKM-Manning Middle School Student Council receives \$805 donation from The Manilla Times in 2022



IKM-Manning Middle School Student Council Sponsor Rachel Merkel is shown receiving this year's contribution check for the School Subscription Campaign from Janine Kock, publisher of the Manilla Times. This year's contribution was \$805, bringing the total donated to the school since 2011 to \$11,260. In this year's campaign, 161 total subscriptions were sold and an \$805 contribution from Kock Publishing and The Times to the IKM-Manning Middle School Student Council -- \$5 for each subscription sold.

The nine student council members received one point for each subscription sold, and two points for each new subscription. The students shown and the points which they accumulated are (front, from left) 6th graders Jack Riesselman (39 points), Annabelle Blum (11 points), Ella Sanford (30 points), (back) 7th graders Ava Muhlbauer (18 points), Gauge Julin (21 points), and Keagan Eischeid (19 points), and 8th graders Andy Booth (15 points), Karsyn Lorenzen (12 points) and Caylie Rasmussen (23 points).

Riesselman's 39 points were earned for selling 32 subscriptions, including seven new subscriptions. He earned a \$100 gift certificate for his efforts, good for anything sold at The Times and anything in The Office Stop catalog. Ella Sanford ended up in second place with 30 total points, receiving credit for 24 subscriptions sold, including six new subscriptions. Sanford earned a \$50 gift certificate, while the third-place salesperson – Caylie Rasmussen — earned a \$25 certificate with 23 points for 21 subscriptions sold, including two new ones. The \$805 earned by the Student Council is almost identical to last year's \$810 total.

Manilla/Irwin Community Blood Drive

For over 15 years, Manilla, lrwin and surrounding communities have supported the local blood bank, LifeServe Blood Center, with at least six blood donation opportunities per year. Over the course of December, one blood drive was hosted to support Manning Regional Healthcare, Crawford County Memorial Hospital and 150+ other local hospitals that LifeServe Blood Center serves. We successfully collected 11 units of blood that has the ability to save up to 33 local lives!

We also celebrate the following donor(s) who hit milestones with their most recent donation:

MYRNA GASKILL – 1 Gallon JAMES RASMUSSEN – 2 Gallon STEVEN VOLLSTEDT – 6 Gallon

Thanks to everyone who came out to show their support.

Secretary Naig Encourages Ag Census Participation

USDA's national survey is conducted every five years

Iowa Secretary of Agriculture Mike Naig encouraged Iowa farmers and producers to participate in the 2022 Census of Agriculture, which is underway across the nation through Feb. 6, 2023.

The Census of Agriculture, which is conducted every five years by the United States Department of Agriculture (USDA) National Agricultural Statistics Service (NASS), is the nation's most comprehensive count of America's farms and ranches, the people who operate them, and the crops and livestock they raise.

"The Census of Agriculture provides valuable information to both the public and private sector that will guide decisions, shaping programs and policies for many years to come," said Secretary Naig. "I encourage all Iowa farmers and producers to respond to the census, which will continue to demonstrate the value of Iowa agriculture and our significant role in providing food and ag products to consumers here and around the world."

The Census, which began in 1840, now covers 3,000 U.S. counties and 30,0000 zip codes. It is completed in all 50 states, Puerto Rico, Guam, U.S. Virgin Islands, American Samoa and the Commonwealth of Northern Mariana Island.

Iowa producers may complete the census by mail, phone or online at nass.usda.gov/AgCensus. For more information, call 888-424-7828 or visit nass.usda.gov/ AgCensus.

All responses are due Feb. 6,

