



Cascade's Mason Otting makes the catch on the sideline under pressure.

Don Zieser • Staff Photos

Cougars finish 5-4

BY DON ZIESER
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There's no doubt that this year's Cascade football team was an entertaining and athletic team to watch, as the Cougars played their way into the Class 1A State Playoffs and finished at 5-4 overall.

Cascade opened the year with a solid 21-13 win over highly regarded Monticello before Durant won a 26-13 contest week two.

The Cougars bounced back with a win over Anamosa week three, and won a memorable 14-13 decision over Beckman Catholic at home the next Friday.

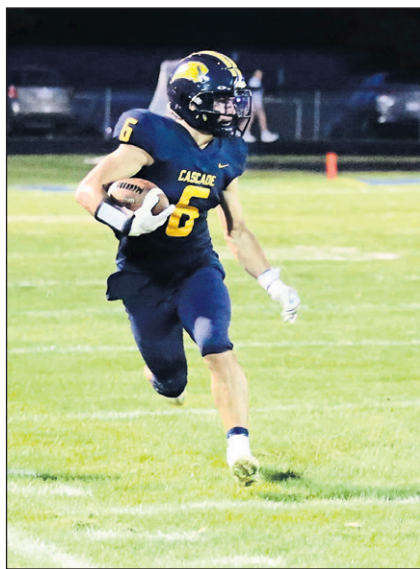
"Before the season if you would have told me we would beat Monticello and Beckman (both ranked at the time) and finish 5-4 on the season, I would have thought you were nuts," said coach Tim Frake.

A strong Waterloo Columbus Catholic team handled Cascade, 42-14, week five, but the resilient Cougars rebounded with a big win at Sumner-Fredricksburg the following week, setting up a showdown with eventual district champ MFL-MarMac that went the Bulldogs' way, 33-20.

Needing a win over winless Postville in week eight, it was all Cascade in a 49-14 affair. The Cougars drew a tough playoff matchup at Dike-New Hartford in round one of the playoffs, where the Wolverines' speed and depth was too much for the visitors in a 48-14 win.

"Going into every season there is always high hope for what the team can accomplish. We knew our strengths were going to be our great returning class and our athleticism and talent," said Frake. "We also knew we had some weaknesses that we had to overcome."

Cascade stretched the field offensively and, with a group of athletic skill players, presented opposing defenses with plenty of challenges. The Cougars averaged 23.3



Jack Menster carries the ball for Cascade.

points a game while gaining 1250 yards through the air and 1547 on the ground.

"During the offseason the coaches spent time refreshing the offense and designing a new defense to best fit our players," Frake said.

Quarterback Will Hosch threw for 1208 yards and 12 touchdowns, to an able receiving corps that included Mason Otting, Cass Hoffman, Ty Frasher and Luke Rugeberg.

Will Menster led a potent running game with 975 yards and 11 touchdowns before being sidelined with a season-ending collarbone injury.

Frake praised a senior class that led the way.

"The team only goes as far as the seniors will take you. This group has had a huge impact on our program with many of the players contributing at the varsity level for three or four years. I know they have been dedicated to the game of football for a long time, and their time and effort were greatly appreciated," he said

"I always want to pay tribute to this season and these seniors. Human nature is to look ahead, but I would rather focus on the now.

"In sports, the focus is always on wins and losses, which is only the way it should be, but it is the lessons learned and the time together that I always value the most. I thoroughly enjoyed the season and built some great memories."

Cascade's statistical leaders were: passing — Hosch 100-of-174 for 1208 yards and 12 touchdowns, Mick Hoffman 2-of-2 for 12, Otting 1-of-2 for 30; rushing — Menster 118-for-957 and 11 TDs, Cass Hoffman 42-for-272 and two TDs, Hosch 62-for-173 and three TDs, Otting 25-for-111 and one TD, Juan Alverado 6-for-39 and one TD, Charlie Thole 6-for-33, Mick Hoffman 3-for-10 and one TD, Cody Reed 2-for-6; receiving — Otting 31-for-401 and two TDs, Cass Hoffman 31-for-352 and five TDs, Rugeberg 14-for-219 and three TDs, Ty Frasher 14-for-192 and one TD, Nathan Schockemoehl 6-for-48 and one TD, Menster 4-for-18, Alverado 2-for-21, Reed 1-for-1; kick returns — Frasher 12-for-285 and one TD, Cass Hoffman 13-for-262, Alverado 6-for-88, Otting 4-for-61; punt returns — Otting 2-for-7; PAT kicks — Tyson Hill 23-of-30; punting — Hosch 26-for-968 (37.2 average); tackles — Frasher 60.5, Cass Hoffman 55.5, Otting 49, Schockemoehl 41.5, Evan Foust 29, Rugeberg and Cade Rausch 28, Hosch 24.5, Cole McDermott 22.5, Alverado 19, Mick Hoffman and Brody Beecher 10.5, Menster 10, Gil Noonan and Calvin Federspiel 5.5, Hill 4.5, Brody Otting, Carter Conrad, Charlie Thole and Cason Rausch two, Bruce Byrd, Kalvin Manternach and Justin Pry one, Gavin Straw and Payton Feldmann 0.5; fumble recoveries — Cass Hoffman two, Hosch, Menster, Schockemoehl and Federspiel one; interceptions — Frasher, Cass Hoffman and Hosch two, Menster, Alverado and Conrad one.



CORINNE REA



KATE GREEN



BRIANNA KOPPES

3 Cougars earn RVC honors

Three members of the Cascade volleyball team were recently named to the River Valley Conference's North Division team. Corinne Rea earned a spot on the first team. Kate Green was named to the second team. Brianna Koppes was honorable mention. The complete North Division team follows.

First team: Anamosa — Reise Neuhaus; Beckman Catholic — Alexie Hogan (libero) and Jenna Lansing; Bellevue — Kalesia DeShaw and Ka'Lynn DeShaw; Cascade — Rea; Monticello — Mia Jaeger (Setter) and Jayden Kuper; Northeast — Alyssa Fowler.

Second team: Anamosa — Carlee Weber; Beckman Catholic — Shea Steffen (setter) and Shelby Pirc; Bellevue — Morgan Meyer (Libero) and Terrin Back; Cascade — Green; Monticello — Keziah McQuillen and Lanie Luensman; Northeast — Clare Mulholland.

Honorable mention: Anamosa — Sophie Sander; Beckman Catholic — Reese Osterhaus; Bellevue — Lauren Keil; Camanche — Grace Sanderson; Cascade — Koppes; Maquoketa — Mikaela Burken; Monticello — Jaelyn Aitchison; Northeast — Elly Cain.

Coach of the year: Stacie Breitbach, Monticello.

Sports Brief

FELTONS SWEEP WEEK NINE PRIZES

Kara Felton, of Cascade, was the week nine winner of the Cascade Pioneer's football contest with two wrong and will receive \$10. Kevin Felton, of Cascade, placed second with three wrong and a tie breaker of 157. He will receive \$5.

The week nine game winners were: 1. Ohio State, 2. Kansas State, 3. New Mexico State, 4. Oklahoma, 5. Iowa, 6. New Orleans, 7. Seattle, 8. Miami, 9. Minnesota and 10. Denver. Tie breaker 159.



Daniel Charland • Staff Photo

McGuire wins grand prize

Katie McGuire, of Cascade, is the \$50 winner of the Cascade Pioneer's annual Football Contest. Her entry was drawn from all that were entered during the nine-week promotion. Her winning entry was from week three when she had five wrong.

Final Score

FOOTBALL
CLASS 1A PLAYOFFS
West Sioux 49, Western Christian 20
West Branch 27, MFL MarMac 24
Van Meter 45, Sigourney/Keota 0
Underwood 47, Pella Christian 28



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