

Sports Briefs

Cadets grab two dual wins in LeGrand

Three Iowa Falls-Alden wrestlers finished Thursday's duals in LeGrand with perfect 3-0 marks as the Cadets compiled a 2-1 record.

The team defeated Baxter 48-24 and Colfax-Mingo 43-24, but dropped a decision to East Marshall/GMG by a 48-18 final.

Andon Barrick (126/132) recorded two falls and a major decision, while Keaton Mulford (138/145) added a fall, major and a decision to finish with three match wins. Aaron Halverson (152/160) was the third Cadet to finish 3-0 as he pinned all three of his opponents.

During the win over Baxter, the Cadets tallied six falls in the dual win, as Kaden Meyer (120), Will Henle (145) and Gage Love (182) joined Barrick, Mulford and Halverson with six-point victories.

The team compiled three falls, a major decision and three forfeit wins (Tate Ziesman, Matthew Harms and Grant McElmuray) during the 19-point victory over C-M. Meyer also grabbed a decision at 120.

Wins were harder to come by versus EM/GMG, as the Cadets tallied a total of three victories during head-to-head matches. Barrick secured a 12-4 major at 126, while Mulford added a 7-1 win at 138. Halverson pinned his foe in just 1:09. Aidan Richards added a forfeit win at 160.

A full results box can be found at www.times-citizen.com.

Rampage moving to Cedar Rapids

Following two seasons playing their home football games in Alden, the Midwest Rampage have announced they will move to Cedar Rapids for the upcoming 2023 season.

The Rampage are members of the Southern Plains Football League (SPFL), which includes teams located in Iowa, Minnesota, and South Dakota. The Rampage have been members of the SPFL since 2014, and were undefeated league champions in 2018.

The SPFL is a full contact league that offers opportunities to athletes of all ages. All players pay a fee to participate.

For more information about being a part of the Rampage, please contact the team at midwestrampagefootball@gmail.com ■

On Deck

SATURDAY, FEB. 4

BASKETBALL-
Iowa Falls-Alden at Algona JV/V B 2:15 p.m.

WRESTLING-
Iowa Falls-Alden, SH-BCLUW B at Hampton Invite 10 a.m.
ECC W at Grand View Open 9 a.m.

MONDAY, FEB. 6

BASKETBALL-
South Hardin at BCLUW G/B 6:15 p.m.
AGWSR at Colo-NESCO G/B 6:15 p.m.

TUESDAY, FEB. 7

BASKETBALL-
Iowa Falls-Alden at Webster City G/B 6:15 p.m.
Jesup at South Hardin JV/V B 6:15 p.m.
Summer-Fredericksburg at AGWSR G/B 6:15 p.m.

CADETS

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At that point, IF-A took their foot off the gas a bit, with the Gaels winning the second quarter, 16-15.

Still, Uhlenberg was happy to see the Cadets (8-11, 5-7) carry a big lead into the locker room.

STATE WRESTLING

Rotgers makes day two

Cougar pair etch names in wrestling annals

BY COREY MEINTS | cmeints@iafalls.com

Two AGWSR wrestlers were part of the first-ever IGHSAU State Wrestling Tournament which opened Thursday morning. It didn't take them long to put their stamp on it.

Senior Trinity Rotgers (31-3) opened with a pair of takedowns against Dallas Center-Grimes senior Mackenzie Sizemore (27-11) before stacking her up for a fall in 1:26 in the first round of the 32-girl 155-pound bracket. She led 4-1, on the strength of two solid double leg takedowns.

Rotgers turned around later in the session to deck Teegan Sulentich (33-6) from Washington in a scant 31 seconds, to move on to session two later in the day.

"My first match I just wanted to focus on getting where I needed to be," Rotgers said. "I hit a couple doubles and finished it. I thought my second match was going to be harder, but I managed to pull through. I was happy about those matches."

Kylie Willems, seeded 21st, wasn't as fortunate in her first round match with 12th-seed Aleah Johnson of Racoon River-Northwest. The Cougar senior was taken down and turned in 1:41. Later in the session Willems was stopped by Grace Fort of WACO-Wayland to end her season and high school career at 14-9.

"I knew going into my matches that these girls were going to be tough but I knew I could battle it out," Willems said. "I tried to do my bear hug but got my head stuck and she sucked my head in. Sometimes you just can't stop the move. What I would do differently is I would make sure to keep my head out and try to take better control."

AGWSR head girls coach Dustin Meyer said it was just a tough bracket, and seeding didn't help Willems with a 40-match winner to start and a 19-match winner to follow.

Though Willems was eliminated short of where she wanted, Rotgers continued on to the second session as a quarterfinalist. Seeded ninth, she faced top-seed Skylar Slade (47-0) of wrestling power Southeast Polk. Slade pinned her first two opponents as well, both in under a minute. Slade got the takedown and the turn in 1:20 to drop Rotgers into Friday morning's third round of consolations needing one more win to

Sharar had 24 points by the end of the third period, which ended with the team leading 49-29. The Cadets ended the game on a 21-9 run following the fourth period.

"We came out and got off to a great start. Our intensity and energy was there and then we lost some of that in the second quarter. If we want to accomplish things down the road, we have to play with that

same energy all the time," Uhlenberg said. "We got it back for parts of the second half. Ella was really good tonight and was aggressive. There were a lot of times where she made the right basketball play and ended up getting the ball back. Just a phenomenal performance."

Dennis finished with 11 points, while Bridgewater added eight more. ■



While it may look like AGWSR's Trinity Rotgers is in a predicament, she flipped Washington's Teegan Sulentich for a takedown and a pin - all in 31 seconds. Rotgers later fell in the quarterfinals before bowing out just one win short of medaling.



Kylie Willems went 0-2 but left her mark as one of the first to wrestle in the inaugural Iowa Girls High School Athletic Union State Wrestling meet in Coralville.

medal with a chance to better her eighth-place finish in the IWCOA Girls State Meet

as a freshman.

She came up just short in a thriller. Down 6-1 in the

IGHSAU State Wrestling

Thursday/Friday at Coralville

AGWSR Results

155: Trinity Rotgers-pin Mackenzie Sizemore (Dallas Center-Grimes) 1:26; pin Teegan Sulentich (Washington) 0:31; pin by Skylar Slade (SE Polk) 1:20; dec. by Erika Brokovich (CR Prairie) 7-6.

190: Kylie Willems-pin by Aleah Johnson (Racoon River-Northwest) 1:43; pin by Grace Fort (WACO-Wayland) 1:08.

third period to Cedar Rapids Prairie's Erika Brokovich, Rotgers stormed back with an escape, a reversal and three nearfall points. Brokovich managed to get out of bounds with eight seconds left, then escaped for a 7-6 win with just two ticks left. ■

STATE WRESTLING

Storming into Coralville

Hollingsworth helps build SH-BCLUW program

BY MARISSA VANWINGEN

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Not much rattles Taya Hollingsworth. She keeps her composure through the ups and downs of a wrestling match. The first-ever state wrestling qualifier for SH-BCLUW, the freshman remained level-headed through it all.

To open Thursday's State Wrestling Tournament at Xtreme Arena, Hollingsworth faced McKenzie Tollefson of Decorah. Tollefson scored a two-point takedown in the first period and then built a 7-0 lead on a takedown, penalty and two nearfall points in the second. Tollefson executed a reversal and then recorded the fall 25 seconds into the third period.

Hollingsworth switched her mindset after the loss.

"I knew I had to win this one otherwise I was going to get sent home, so I said I was going to go harder and try my best to just win this one," she said.

She did show a little emotion following her consolation fall over Gia Blaser of Ankeny. She led 4-1 in the second period with a first period takedown and then another in the second. Hollingsworth then rolled Blaser for the fall in 2:18. As the referee raised her hand, she smiled.

"I was going for the cradle and then it wasn't there so I just kind of threw her down and kind of hurt her a little," Hollingsworth said. "I just used the moves that I had been taught and turned her over."

That win kept her alive in the 140-pound bracket.

With a two hour break between sessions, Hollingsworth prepared herself mentally and



MARISSA VANWINGEN / TIMES CITIZEN

SH-BCLUW freshman Taya Hollingsworth went 2-2 at the IGHSAU State Wrestling meet on Thursday. The 140-pounder finished her season 14-7.

physically. She came out against Jade Hynek of Prairie and quickly got the takedown before recording the pin in 1:32.

She then faced Kaydence Boorn of Wilton, but dropped the match by fall in 23 seconds. Hollingsworth's goal was to qualify for

State as a freshman. Even losing on the first day, it was all worth it.

"It means a lot and just makes me feel happy inside that everyone is backing me and supporting me," she said. "It's everything I thought it'd be." ■

IGHSAU State Wrestling

Thursday at Coralville

SH-BCLUW Results

140: Taya Hollingsworth: pin by McKenzie Tollefson (Decorah) 4:25; pin Gia Blaser (Ankeny) 2:18; pin Jade Hynek (Prairie, Cedar Rapids) 1:32; pin by Kaydence Boorn (Wilton) 0:23.