Newton boys medal in two events at state track meet

By Troy Hyde Sports Editor

DES MOINES — Newton sophomore Christian Ergenbright is already thinking about next

The Cardinals' 2023 boys' track and field squad didn't feature too many seniors. The only senior who participated in the state meet this weekend was Brody Bauer.

The rest of the state qualifiers can return, and that has Ergenbright feeling excited about next

"I don't think they can count out what we did two years ago," Newton head boys track and field coach Chad Garvis said. "We should be fighting for a team trophy next season. We could have four to six guys running 50-second splits in the 400. We can be solid in a lot of events with those times."

The current crop of Cardinals left Drake Stadium after the Iowa High School State Track and Field Championships with a pair of medal-winning performances. Freshman Caden Klein grabbed the first state

medal when he finished seventh in the 400-meter hurdles on Friday.

He then anchored Newton's 4x400 relay team to a fifth-place finish on Saturday.

While some of the events did not produce the end result some of the Cardinals wanted, none of them were outside the top 15.

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Newton freshman Caden Klein finished seventh in the Class 3A 400-meter hurdles at the state track and field meet on Friday. He also anchored the Cardinals to another medal in the 4x400 relay.



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Newton's shuttle hurdle relay team of (from left) sophomore Macy Lampe, senior JaQuay Priest, junior Chloe Rorabaugh and senior Addy Terpstra won the Class 3A state championship at the Iowa High School State Track and Field Championships inside Drake Stadium on Saturday. The Cardinals posted their second-best time of the season and won the race in 1:04.79.

Newton girls end roller coaster season with state title

By Troy Hyde Sports Editor

DES MOINES — Hurdlers on this year's Newton girls' track and field team have been through a lot

From suspensions to a heart issue and an unfortunate ending to their Drake Relays experience, things haven't always been great.

But the Cardinals made sure to finish at the top of the mountain and a state championship was the end result for the shuttle hurdle relay team.

"Your comeback is always better than your setback, and I felt like our comeback each time was great," Newton senior JaQuay Priest said. "I just feel so blessed and so happy for my girls. I knew we could do it. This was a big difference from Drake. We overcame a lot this year and I am just grateful for my girls."

The Cardinals' foursome of sophomore Macy Lampe, Priest, junior Chloe Rorabaugh and senior Addy Terpstra finished second from the slow heat last season.

This year, with expectations of a state title present all season, the group came through with one of their best performances of the

They posted a time of 1 minute, 5.13 seconds in Thursday's preliminary heat and then went 1:04.79 in Saturday's final, which was their second-best time of the



Newton freshman Tori White, left, celebrates with Newton girls co-head track and field coach Rachel Tomas after clearing 5 feet in the high jump on Thursday. White finished in a five-way tie for seventh place.

The Cardinals finished second to Clear Creek-Amana last season. This year, the Clippers again were one of their top competition along with Solon and Cedar Rapids Xavier.

Xavier (1:05.77) and Solon (1:06.1) were right behind Newton in the prelims. In the finals, Solon led the Cardinals until Terpstra left the blocks.

The 2022 state champion was

up to the challenge and chased down the Spartans' anchor leg to give Newton its first female relay championship in 23 years.

The Cardinals last won the shuttle hurdle relay in 1985 and 1986.

The program's most recent female relay state championship came in the 4x400 in 2000.

STATE TITLE | 10A





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