

Fredericksburg Review

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Review Christmas series

Schulz battles through complications, difficult days in breast cancer fight

Editor's note: This Christmas season, the Fredericksburg Review is focusing on people within the community who give their time and talents to make the city of Fredericksburg a better place for everyone. This year's Christmas series began last week with a focus on Misty Prosser who is providing community members of all ages programs as the new park and rec director. This week's focus is on Theresa Schulz and her breast cancer diagnosis and the support from family and friends which brought light to her in a dark time. In the final week of the Christmas series in the Review, the focus will be on Cindy Lantow, who is retiring from the city after many years of service, and her involvement in various community organizations. Please join us this Christmas season in recognizing the people and organizations who help so many in the community of Fredericksburg without seeking out the recognition they deserve.

One small pain in her chest led Theresa Schulz down a year-long journey she would have never expected, one full of very low lows that also showed her the amazing support system she has in place.

It was July 2021 when she noticed a pain in her left breast, which sent her to see Dr. Jayson Gesme, who specializes in breast care at Cedar Valley Medical Associates. Schulz, a Fredericksburg resident, had already established care with Gesme through some previous issues, and when she approached him about this pain, he was set on figuring it out.

"We did an ultrasound and found

nothing, so they thought it was an infection and put me on antibiotics for 10 days. I went back and checked again, and they still found nothing, but I wasn't any better," Schulz explained. "He didn't like that it wasn't clearing up, so he scheduled an MRI on my right side, not my left. They also did a needle biopsy and found out it was

breast cancer."

The diagnosis was invasive ductal carcinoma, which Schulz referred to as a complete fluke. She received the news Oct. 13, three months after first dealing with the pain.

"A mammogram wouldn't have found it. I don't know how it would

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THERESA SCHULZ

Beautiful holiday music fills auditorium during S-F High School winter concert

Sumner-Fredericksburg High School held its annual winter concert Monday, Dec. 12, in the high school auditorium. The seats were full of family, friends and community members as the band and vocal departments filled the air with amazing holiday music.

The concert band, directed by Ethan Koch, played four selections including "A Christmas Flourish," "Carmen Christmas" with guest conductor Abbey Lampe, "Celtic Carol" and "Auld Lang Syne."

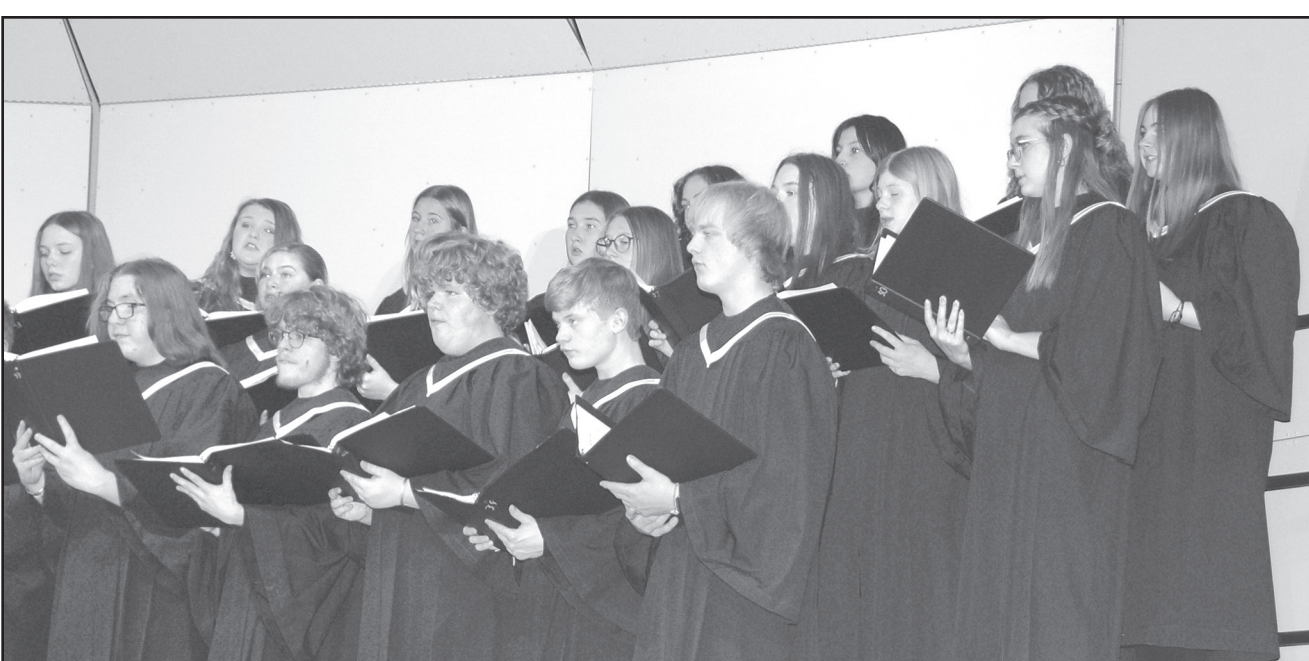
The S-F Sensations Show Choir wowed the audience with their rendition of "Sending You a Little Christmas" to remind the public to spend the holidays with loved ones. The song included a solo by Ava Bernhard. The show choir is under the direction of Valerie Allison.

The concert choir, directed by Mark Jurgenson, performed five selections, beginning with "And Miles to Go Before I Sleep," followed by "It Came Upon a Midnight Clear." Eadie Suhr was guest conductor on the next song titled "On with the Snow." The choir performed "Carol of the Bells" and "Coventry Carol" before the audience joined in a singalong of "Silent Night" to conclude the concert.

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JayLynn Suckow (left) and Claire Rucker focus on playing their instruments in the high school band's performance of "Celtic Carol."



High school choir members perform "And Miles to Go Before I Sleep" at the annual winter concert Monday, Dec. 12.



Santa Claus (left), played by Chase Mitchell, welcomes a group of children to the North Pole during the elementary's performance of "North Pole Exposure."

Fredericksburg Elementary students spread holiday cheer at winter program

The Fredericksburg Elementary students held their annual winter program Monday night, Dec. 12, and delighted the gymnasium filled with family and friends with holiday tunes.

The preschool students kicked off the concert with the songs "Reindeer Pokey," "I'm a Little Snowman," "Jingle Jingle Little Bell," "Hurry Hurry Drive the Sleigh" and "We Wish You a Merry Christmas."

The kindergarten through fourth-grade students then took the stage and presented "North Pole Exposure." The show began with the tune "Welcome to the North Pole" sung by the whole cast, followed by "Four-Hoofed, Flying, Red-Nosed Reindeer" by the fourth-grade students. This song included soloists Ella Steege, Keira McNeil, Luke Balk and Tandee Drudik.

The third- and fourth-grade students then made the audience laugh with the song "I'm Tired" before the entire cast sang "We Are the Toys." The second and third graders sang about go-

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Fredericksburg Elementary preschool students shake their bells as they perform "Jingle Jingle Little Bell" to start the concert Monday night, Dec. 12.

School board approves to accept a bid for greenhouse project at high school

The Sumner-Fredericksburg School Board met Monday, Dec. 12, for the regular monthly meeting. Board members Lonnie Schult, Roger Wedemeier, Jamie Steege and Ashley Meyer were present.

The board approved the bid from Atlas Greenhouse for the greenhouse project at a cost of \$69,601.88. High school principal Tim Johnson presented four bids the district received which were compared "apples to apples" and all bids were relatively close. One small difference was the dimension of the cement, and three of the bids included a piece of equipment which would help keep heat in.

Johnson added two of bids did not include benches and one did not include the cost of construction of the greenhouse itself. The board was informed maintenance director Tim Flaig would not be able to do the electrical for the project, so there would be a quote from a company for that work.

The timeline for the project included cement installation in spring 2023, greenhouse construction in summer 2023 and the grand opening in fall 2023. Johnson reviewed grants received and the project will be completed in the required time frame. He added they were looking at what greenhouse could be afforded and with extra money teacher Jennifer Dillon would like to have a garden shed nearby to store soil, tools and other items so individuals would not be rummaging around in the greenhouse.

It was approved to have Metro Waste Authority remove chemicals from the high school chemistry lab for \$3,647.67. Johnson explained there were some chemicals in the backroom which should not be there so they obtained a bid and the bid from Metro Waste Authority was the cheapest bid.

He added the chemicals were not a huge danger but the best thing to do was to remove them from the school.

The chemicals were being stored in a storage room between the FFA and biology classrooms.

The board approved to accept bid of \$118,900 for the middle school renovations and a bid of \$157,000 for high school restroom renovations with Don Gardner Construction.

Superintendent Fred Matlage presented his middle school principal and

superintendent report. He reviewed an email about an amendment to the IH-SAA Articles of Incorporation about classifications and the REC was scheduled to meet Dec. 14 to review tax estimates and release and updated forecast for the 2023 year.

Matlage commented Safety Grant building inspections were set for Dec.

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Fun had by all ages at library's Christmas Family Fun Night

Despite the cold and wintry weather, the Fredericksburg Community Center was filled with activity and holiday cheer Friday, Dec. 9, as Upham Memorial Library held its highly anticipated Christmas Family Fun Night. Many children and adults attended the fun event and participated in a variety of activities including Rudolph's nose and Christmas catastrophe games. They were also able to create holiday-themed crafts and visit with Santa, Mrs. Claus and Sparkles the elf. (Above) Tatum Halstead tries to transfer the red pompons to the bowl as quickly as possible Friday, Dec. 9. (Continued on page 3)